



Congratulations on your engagement, and welcome to **2become1**, a premarital mentoring ministry of Messiah Lutheran Church. Great marriages don't just happen! An important part of having a great marriage is preparation. **2become1** is designed to help prepare engaged couples for a strong, lasting marriage based on biblical principles.

In **2become1**, the engaged couple meets with the pastor for six mentoring sessions over two to three months. A structured curriculum provides excellent preparation in areas key to a successful marriage: communication, conflict resolution, finances, intimacy, and family. The ZOE MARRIAGE PREPARATION inventory, an online tool that assesses a couple's strengths and growth areas, is also used.

Prerequisites for participation in **2become1**:

1. You are currently engaged with a wedding date more than six months from the date of registration.
2. One or both of you are regular attendees or members of Messiah Lutheran Church. Priority will be given to members.

It is critical to begin mentoring at least six months before your wedding date. This ensures that if areas are discovered during the mentoring sessions that you or your fiancé need further work on, there will be plenty of time to do so apart from the last-minute rush of wedding preparations.

If you do not meet these prerequisites, please contact the church office with this information and we will recommend premarital counseling with one of the professional Christian counselors in our referral network.

The next steps are as follows:

1. Contact the church office (910.791.7040 or by email: office@messiahwilmington.org) to register. The cost of **2become1** is \$100, which includes materials. You will be required to pay at the time of the first session.
2. You will receive a confirmation email with instructions and additional details inviting you to participate in the online ZOE MARRIAGE PREPARATION Inventory. The cost is \$40 per couple, and you are required to pay online when you register.
3. Once you have completed the online inventory, you will be contacted to schedule the first mentoring session.
4. At the end of the session, you will be provided information for planning your wedding day at Messiah.