

September 18, 2016

## WHERE THE JOURNEY BEGINS

Text: Psalm 42

We are called to live — and have been promised in Christ — a “something more” life.

Jesus promises his followers an abundance of everything that we will be overflowing with joy beyond our circumstances, and love beyond reason, and peace that passes understanding.

Jesus promises that we will not just have surface-level relationships with a few casual acquaintances — but that we will have a personal connection to brothers and sisters and like-minded friends everywhere we go. Ref: John 10:10

1. The Something More life begins with the simple acknowledgement that things aren't what they could be, or should be, in your life. Ref: Psalm 42:2

In order to be healthy, you need to be hydrated. The Food and Nutrition Board recommends for minimum water intake through fluids (drinking water and beverages) 74 oz. for women and 101 oz. for men daily. (Add additional oz. if you exercise.)

Physical thirst is a signal Spiritual thirst serves the same purpose. If you want to experience a Something More Life.....

2. Make it your habit to pour out your heart (soul) to God. Ref: Psalm 42:4.

Prayer time is not a performance. It's not a job interview.

3. Remember the faithfulness of God. Ref: Psalm 42:4; 42:6.7 Psalm 42:8

Taking these mental journeys back to the best days of your life helps you put the problems of today in perspective. It helps you focus on what God *can* do, and he *wants* to do in your life.

We need to remember that we don't serve a one-and-done kind of God, where he blesses us one day and not the next. We need to remember that if God did it then, he can do it again.

You may be thirsty today, but that doesn't mean that God has given up on you.

When you're thirsty, think back to the goodness of God. Let his faithfulness of the past give you strength to face the future.

4. Tell yourself what you know you need to hear. Ref: Psalm 42:10; Psalm 42:5, 6; Psalm 103:1

You weren't made for the middle of the desert. You were made for the still waters. You were made for the quiet stream. You were created to live life with a satisfied soul. How do you get there?

The Something More life begins with placing your hope in the God who promises something more. Ref: Psalm 42:11

Hope can best be described as patiently waiting in confident expectation.