

## Surrendering To Your Limits

Text: Job 1:1-5, 13-22

The spiritual life is not an escape from reality, but an absolute c\_\_\_\_\_ to it!

Any type of “extreme loss” can mark the place where self-knowledge and powerful transformation can occur, if we have the courage to fully p\_\_\_\_\_ in the process.

God has placed enormous limits around the most gifted of us. Why? Limits keep us grounded in faith dependent and humble. Ref: James 4:10

The very meaning if the word “humble” has a Latin root “humus,” meaning of the earth.

We may face many types of r\_\_\_\_\_ deaths in our lives.

He (Job) was the greatest man among all the people of the East. Job 1:3

So how do we as “average people” deal with loss? I believe we employ “Defensive Maneuvers.”

These eight defensive maneuvers block us from growing up spiritually and emotionally.

1 .Denial 2. Minimizing 3. Blaming Others 4. Blaming Yourself 5. Rationalizing 6. Intellectualizing 7. Distracting 8. Becoming Hostile

These are defensive ways we avoid reality and what the Lord wants to do in our lives to heal us.

Job models for us how to grieve in the family of Jesus.

There are five phases of Biblical grieving seen in Job that are central to our walk with the Lord Jesus.

#1 Pay A\_\_\_\_\_ Ref: Job 3:3-4;6:2-11

We find weeping and crying out to God all the way throughout the Bible.

Grieving is not possible without paying attention to our a\_\_\_\_\_ and s\_\_\_\_\_

#2 Wait in the Confusing “In B\_\_\_\_\_” Ref: Psalm 37:7

#3 Embrace the Gift of L\_\_\_\_\_s

We are not God. We are of the dust! Ref: Deuteronomy 29:29

#4 Climb the Ladder of H\_\_\_\_\_

Good grieving is not just letting go, but also letting it b\_\_\_\_\_ us.

The central message of Christ is that suffering and death bring resurrection and transformation.

I tell you the truth, unless a kernel of wheat falls to the ground and dies, it remains only a single seed. But if it dies, it produces many seeds. John 12:24