The ________________ Family Covenant (example)

**Family Mission Statement:** Our family is based on Christian beliefs and promises to love one another unconditionally; stand by our word and promises in order to promote trust at all times; support each other through the good times and the bad; hold one another accountable according to God's word; and to establish a home where all who enter are welcome, accepted and respected.

**Personal Responsibility:** In order for our family to operate effectively and with a loving structure, we must all do our part in the care and keeping of our family and its property. Therefore, the following jobs will be assigned and rotated periodically with the oldest member of the children getting first choice and in birth order down in a rotation so that all jobs are accounted for as deemed necessary by mom and dad. The assignments must be age-appropriate.

- _____ mowing the lawn
- _____ setting the table at dinner
- _____ unloading the dishwasher
- _____ taking out the trash Monday
- _____ loading the dishwasher
- _____ feeding and watering pets
- _____ picking up the family room before bed
- _____ preparing the evening meal 1x per week
- _____ dusting the furniture weekly
- _____ vacuuming and/or sweeping the common areas weekly

All members of the family are responsible for cleaning their bedroom, bathroom and picking up their things in the common areas of the house. Cleaning must be completed by Saturday at 5 pm in order to go out that night or Sunday. Each person over the age of 13 years will wash, dry and put up his or her laundry weekly.

**Consequences of Not Completing Tasks:** If any member of the family does not complete his or her assigned task by the appointed time, consequences will be applied as determined by mom and dad:

- Loss of: play time, toys, television, internet, phone privileges, sleepovers, date night, cell phone, access to the car, video games

**Negotiable:** Things in which we may change the basic guidelines as the situation arises or as responsibility is gained:

- Curfew, dating situations, school night activities, allowance, exchanging chores as needed, help with chores during stressful times, extra-curricular activities

**Non-negotiable:** These are basic guidelines established for protection and stability:

- Our family is based on trust, respect and honesty – please do not break these values, they are hard to earn back.
- Attend church at least once a week together.
- School must be attended daily unless a parent approves the absence.
Family Covenant

• Passing grades only – no D’s allowed on a report card or extra-curricular activities will be stopped until the grades improve at the next report.
• Family dinner time Monday, Wednesday, Friday and Sunday at lunch. We will strive to make this a daily time to be together and communicate openly and share events of our day.
• Thursday night from 7-8 pm is family game night for everybody. Pizza night!
• No talking back to parents, cursing, yelling from any family member, no put-downs that affect one’s self-esteem, and no destructive behavior to self, others or property.
• **No:** use of alcohol, drugs other than any prescribed by the doctor; premarital sex; sneaking out of the house; driving without a license or permission; internet relationships with persons not known to parents.
• Cell phones are to be turned in to a parent by 9 pm on weekdays and 11 pm on weekends for recharging (or upon return home if later).

**Privileges:** The following are not necessary to the basic needs of life and are to be appreciated, maintained appropriately and protected:

• Cellular phones
• Internet accessibility – availability based on age and need
• Access to car
• Sleepovers and parties
• School and church activities
• Clothing allowance

**Rewards:** We, as your parents, wish to acknowledge positive behavior and accomplishments. Therefore, the following as suggested by each of you will be used as ways to express our appreciation:

- ☺ One-to-one time with a parent for a special event
- ☺ Manicure with mom
- ☺ Dinner with parent(s) alone or with a friend
- ☺ Gift card to Target, Sonic, Dillard’s, Game Stop
- ☺ Sleepover for up to 5 friends
- ☺ Sports event with dad
- ☺ Family camping trip

As a family we promise to abide by this covenant to the best of our ability,

________________________
Father

________________________
Mother

________________________
Son

________________________
Daughter

________________________
Date

Next review date________________________
The _________________ Family Covenant

Family Mission Statement:

Personal Responsibility:

Consequences of Not Completing Tasks:

Negotiable:
Non-negotiable:

Privileges:

Rewards:

As a family we promise to abide by this covenant to the best of our ability,

________________________  _________________________
Father                     Mother

________________________  _________________________
Child                      Child

________________________  _________________________
Date                       Next review date