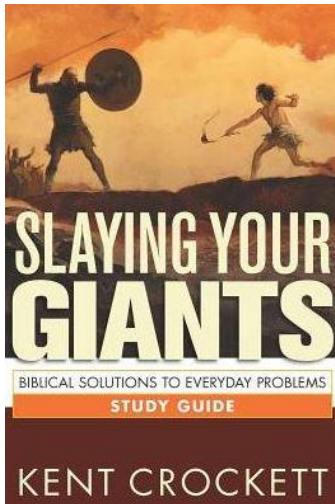


Slaying Your Giants

STUDY GUIDE for Group Studies

Are you looking for a great book for your small group to study? [Slaying Your Giants](#) covers 20 invisible giants that will keep you from enjoying life—and explains how to defeat them. Great for small groups!



Amazon.com Customer Reviews

"Slaying your Giants is by far the best book I have ever read for a Bible Study class. Easy to understand, direct and to the point. No matter what issues you are facing—fear, temptation, worry, anger... the true stories behind the lesson points aid you in remembering what to do as well as being uplifting, humorous and very rewarding."

"Kent has a simple but profound way of getting the point across using examples, humor, and word pictures... I did the study in a small group and it sparked a lot of conversation which was beneficial to all."

"Easy read, with his comfortable, soulful writing style... My copy has my notes in the margins, and underlined/highlighted notations throughout it...I'm now on a campaign of buying copies as gifts. Get the book."

What topics are covered in this book?

You will learn how to defeat these giants—hopelessness, fear, discontentment, doubt, temptation, unforgiveness, guilt, change, worry, self-image, pessimism, anger, rejection, impatience, burdens, depression, envy, jealousy, discouragement, and death.

How many sessions will this study take?

Since each chapter stands independent from the rest, you can decide the duration and number of times you meet. Your group can meet **as few as 4 sessions** if your time is limited, or **up to 20 sessions if you decide to study each chapter**. If your group decides to meet for 6, 10, or 15 sessions, pick your favorite chapters to discuss.

How many minutes will each meeting last?

If you are limited by a predetermined time period such as Sunday school, you can easily make your session fit during that time. Some groups can discuss a chapter in 20 minutes, but some groups like to meet 30 or 45 minutes. The session may have more questions than you have time to discuss. Don't worry if you can't get finished in your allotted time. It's better to have quality discussion than hurrying through all questions trying to get them done.

How can I lead a group study of this book?

- The Teacher's Guide in the back of the *Study Guide* gives the answers to the questions. The teacher or group leader can use these answers to help guide the discussion.
- Each person in the group must have their own copies of *Slaying Your Giants* and the separate *Study Guide* for group studies.
- Each person must read the designated chapter *before* each meeting.
- In the *Study Guide*, the group members will write down their answers to the questions in the space provided and be ready to discuss them the next time the group meets.
- The teacher/group leader will ask the questions and will encourage the group members to share their thoughts and insights.

Where can I buy *Slaying Your Giants* and the separate *Study Guide* for group discussion?

You can purchase them at any Christian bookstore or online bookstores.

For Amazon.com STUDY GUIDE click here: [Slaying Your Giants STUDY GUIDE](#)

For Amazon.com BOOK click here: [Slaying Your Giants BOOK](#)