

# 17<sup>th</sup> Annual LSC Middle School Lock-In October 14-15, 2016

## Lock-In Information:

### Lock-In Schedule

- 8:00 pm Registration & Games  
9:00 pm Opening Devotions  
9:30 pm Fun at the Wellness and  
Recreation Center

*Swimming, volleyball, basketball, racket ball, climbing wall, ping pong, hanging out, INFLATABLES!, tons of snacks, and beverages.*

- 11:30 pm Worship  
12:45 am Pizza  
1:00 am Free time  
4:30 am Large Group Activity  
5:30 am Breakfast begins  
6:30 am Clean up time

*Groups are welcome to leave starting at 6:00 am. All groups need to be out of the building by 7:00am*

Registration Due September 30<sup>th</sup>, 2015:  
\$35 / youth participant before Sept. 30<sup>th</sup>,  
\$45 after Sept. 30<sup>th</sup>

Got Questions?  
Ask Jon Fry  
Lutheran Student Center  
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319.266.1653  
LutheranStudentCenter.org

### Loving Our Neighbors



This year our focus is on loving your neighbor and how we serve those around us. We would like to invite you bring non-perishable food items to support the UNI Student Food Pantry.

#### What to Bring:

Sleeping bag/pillow, swim suit, personal hygiene items, pjs/sweats, sports shoes, camera, towels, a friendly attitude, and lots of energy! **\*we will invite youth to post through social media their experiences at the Lock-In!**

#### What NOT to Bring:

Chewing gum (prohibited at Wellness Center), food/beverages  
**\*\*Please note that we are not responsible for any valuables that are lost or broken during the lock in.**

# STUDENT FOOD PANTRY

AT THE LSC

OPEN WEDNESDAYS 4:30 – 6:30PM



## Food Pantry Needs:

- Juice
- Canned Meats
- Peanut Butter
- Soups
- Cereal
- Can Openers
- Personal Care Products

“Student poverty is a rarely told story and, if anything, is often the butt of a joke that usually includes a reference to ramen noodles. The general thought is that if students can afford tuition and textbooks, surely they have enough money for food, housing and life’s daily essentials. But with ever-rising tuition costs and national student loan debt at an all-time high (more than \$1 trillion), student poverty isn’t a joke—it’s an American crisis, as cited by Forbes.” Living Lutheran “Hungry In College”