



**SHARED HARVEST  
SHOPPING LISTS  
2016  
~GOOD SHEPHERD~**



**APRIL 24**  
**SEPTEMBER 25**

- \*Chili
- Macaroni & cheese
- Crackers (saltine packets)
- \*Tuna
- Laundry detergent, powdered

**MAY 22**  
**OCTOBER 23**

- \*Peanut butter
- \*Powdered milk packets
- Macaroni & cheese
- \*Chicken noodle soup
- Disposable razors

**JANUARY 24**  
**JUNE 26**  
**NOVEMBER 20**

- \*Cold cereal
- \*Canned fruit
- \*Powdered milk packets
- Deodorant
- Bar soap

**FEBRUARY 28**  
**JULY 24**  
**DECEMBER 18**

- \*Peanut butter
- \*Chili
- Canned vegetables
- Toothpaste
- Toothbrushes

**MARCH 20**  
**AUGUST 28**

- \*Cold cereal
- \*Canned fruit
- \*Chicken noodle soup
- \*Tuna
- Shampoo

We are currently distributing 82 bags of groceries each month.

\*Indicates food item is assigned to two congregations each month; each congregation should bring 1/2 of the item (41).

For food items without stars (cracker packets, mac & cheese, and vegetables) bring 82.

For hygiene items, please bring as much as you are able.

*Revised 11/16/15*

