

EASY BEAN SALAD

Makes 6-8 servings

Four kinds of beans combined with a variety of vegetables results in a beautiful salad filled with great flavors and textures. Best of all, this recipe yields generous portions, so it's great to feed a crowd.

- ½ cup Newman's Own Lite Lime dressing
- 1 15 ounce kidney beans, drained and rinsed
- 1 15 ounce pinto beans, drained and rinsed
- 1 15 ounce black-eyed peas, drained and rinsed
- 1 10-ounce frozen package baby lima beans or Edamame (Trader Joe's)
- 1 cup frozen corn kernels (or fire roasted – Trader Joe's)
- 1 medium red bell pepper, diced
- ½ medium red onion, diced
- ¼ cup sweet basil, finely chopped
- 1 teaspoon salt
- 1 teaspoon pepper (optional)

1. In a large bowl, combine all the beans, the bell pepper, corn, red onion, basil, salt, pepper and dressing.
2. Cover and set aside for at least one hour to marinate before serving.

~Chuck Bowman, adapted from the *Cancer Project's Survivor's Handbook*