

Important Dates:**Church at War Hill – This Wednesday 7pm****Community Outreach – Jan 2****Awakening 21 Day Fast – Jan 3-24****Night of Worship & Prayer – Jan 24****Week # 3: Seeking the Father through Sacrifice****One aspect of sacrificing to us is Fasting.**

*So also Jesus suffered and died outside the city gates to make His People holy by means of His own blood. So let us go **outside the camp**, and bear the disgrace he bore. For this world is not our permanent home; we are looking forward to a home yet to come. Therefore, let us offer through Jesus **continual sacrifice** of praise to God, proclaiming our allegiance to His name. And don't forget to do good and share with those in need. These are **sacrifices** that **please** God. Hebrews 13:12-16 NLT*

**While _____ God, it is _____ to Him
when we _____ out of our _____
_____.**

I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God... Romans 12:1 KJV

**It is _____ to sacrifice areas in our
_____ for God. God _____ be _____!**

Why fast?

But *when* you fast...**Matthew 6:18 NLT**

Fasting was _____ by Jesus.

Why fast now?

One day the disciples of John the Baptist came to Jesus and asked him, "Why don't your disciples fast like we do and the Pharisees do?" Jesus replied, "Do wedding guests mourn while celebrating with the groom? Of course not. But someday the groom will be taken away, and then they *will* fast. **Matt. 9:14-15 NLT**

Anytime is the best _____ to fast.

What to fast?

Anything hindering your walk with God like: food, internet, phone, friends, sporting activities, etc.

What to do: Three important steps

1. Set a realistic _____.
2. Don't get _____ and beat yourself _____.
3. Stay the _____.

Fasting is _____ and _____.

Fasting without "Spiritual Living" is just a _____.

... I was fasting and praying before the God of Heaven
-Nehemiah 1:4 NKJV

Types of fasts?