

Fresh, Fast, and Fun Cooking Class

A Delicious Approach to Shopping, Storing, and Serving Healthy Foods

April 7, 2017

10:00 AM - 1:00 PM

Cost: \$50.00 per person

Class Limited to 12 Persons

Las Placitas Presbyterian Church Kitchen

Join Chef Diane Herrera Shepard in this exciting and delicious opportunity to learn new shopping, storage, prepping, and cooking strategies emphasizing the selection and preparation of healthy foods.

Menu includes

Rosemary-Roasted Spanish Marcona Almonds

Shaved Brussels Sprout Salad with Za'atar and Lemon

Gazpacho Soup

Vegetable Frittata



For Reservations, Contact Delfina at 867-5718 or Diane at 867-6545

Invite your friends and enjoy a hearty and healthy day!