

## Not to Worry

<sup>22</sup> Then Jesus said to his disciples: "Therefore I tell you, do not worry about your life, what you will eat; or about your body, what you will wear. <sup>23</sup> Life is more than food, and the body more than clothes. <sup>24</sup> Consider the ravens: They do not sow or reap, they have no storeroom or barn; yet God feeds them. And how much more valuable you are than birds! <sup>25</sup> Who of you by worrying can add a single hour to his life? <sup>26</sup> Since you cannot do this very little thing, why do you worry about the rest? <sup>27</sup> "Consider how the lilies grow. They do not labor or spin. Yet I tell you, not even Solomon in all his splendor was dressed like one of these. <sup>28</sup> If that is how God clothes the grass of the field, which is here today, and tomorrow is thrown into the fire, how much more will he clothe you, O you of little faith! <sup>29</sup> And do not set your heart on what you will eat or drink; do not worry about it. <sup>30</sup> For the pagan world runs after all such things, and your Father knows that you need them. <sup>31</sup> But seek his kingdom, and these things will be given to you as well. <sup>32</sup> "Do not be afraid, little flock, for your Father has been pleased to give you the kingdom. <sup>33</sup> Sell your possessions and give to the poor. Provide purses for yourselves that will not wear out, a treasure in heaven that will not be exhausted, where no thief comes near and no moth destroys. <sup>34</sup> For where your treasure is, there your heart will be also. **Luke 12:22-34**

*Theme:* Win over worry by resting on God

Reasons to not worry:

-Jesus says not to worry

-Worry distorts what is important

-God cares for your needs

-Worry can't help

-God's kingdom needs your focus

Making It Personal:

Scripture Journey

◇	M	Sep-26	Hebrews 1	Pr3:11-20
◇	Tu	Sep-27	Hebrews 2	Pr3:21-35
◇	W	Sep-28	Hebrews 3	Pr 4:1-9
◇	Th	Sep-29	Hebrews 4	Pr4:10-19
◇	F	Sep-30	Hebrews 5	Pr4:20-27
◇	Sa	Oct-1	Hebrews 6	Pr 5:1-14
	Su	Oct-2	<i>off or catch up</i>	

*Memory Link:* Luke 12: 29-31