



The Link

Vol. 60, No. 11

March 13, 2019



**SIGHT,
SOUND
AND
SILENCE: STILL LENT**

LAKESIDE AT WORSHIP

March 17, 2019 ❖ The Second Sunday in Lent

Old Testament Lesson: I Kings 19:8-13

Gospel Lesson: Matthew 11:28-30

Sermon: "Sounds of Faith: Silence"

Alleluia Choir Anthems:

"Angels" -Spiritual/arr. Burkhardt

"God, You Enfold Me" - Ancient Celtic Prayer/arr. Hopson

Chancel Choir Anthem:

"I Believe" - Miller

Midweek Lenten Service

March 20 - Noon

St. Andrew's Episcopal Church

Rev. Jim Bell, preaching

A light luncheon will follow the service.

THIS I BELIEVE: DEVOTIONS FOR A LENTEN JOURNEY

Last spring we wrote poems titled "Where I'm From" which shared something about the roots that anchor our lives. This year's devotions focus on the beliefs which guide our thoughts and actions. We invite you to reflect on your life and write your own personal statement of belief. Consider sharing a story which illustrates what you've come to believe, how you reached these beliefs, and how your beliefs have grown or changed through the years.



BOARD OF FINANCE OFFICERS

At its meeting earlier this month, the Board of Finance elected officers for the year. Trevor Lane will serve as Chair, Frank Maynard as Vice-Chair, and Ann Winstead as Secretary. We are grateful for their willingness to oversee our financial ministry this year.

OUR PRAYER CONCERNS

Please remember the following persons who need our prayers and support:

Nash General Hospital, 2460 Curtis Ellis Drive (04)

Dorrie Wright, Room 465

UNC- Chapel Hill Hospital, 101 Manning Dr, Chapel Hill, NC 27514

Jean Collie (Joann Lamm's sister), ICU

At Home:

Ed Astin, 121 Candlewood Road (04)

Hazel and Alfred Ayscue, 5031 Brassfield Drive (03)

Janice Taylor Bobbitt, 4204 Whitehurst Drive, Wilmington, NC 28409

Stancil Barnes, 101 Briarwood Court, Tarboro, NC 27886

Lesley Browder, 402 Wildwood Avenue (04)

Anne Chappell, 1129 Strawbush Road (04)

Price Cherry (Judy Wallace's son), 3904 Ketch Point Drive (03)

Anne Crane, 5105 Corner Rock Drive, Rolesville, NC 27571

Douglas Edwards, Sr. (Doug Edwards' father), 2419 Vance Street (01)

Bill Etheridge, 7298 Billy-Buck Lane (03)

Mike Evans, 1617 Rivera Drive (03)

Scott Farber (Patty Schirman's brother), 11218 S. Utah, Davenport, Iowa 52802

Chris Glasgow, 408 Piedmont Avenue (03)

Ethel Hines, 125 Cobblestone Court (04)

Wayne Macklin, PO Box 217, Red Oak, NC 27868

Niki McAdams, 4017 Lochinvar Lane (04)

Erin McAuliffe, 34 Winders Creek (04)

Linda Millar, 8 Golden Eye Cove (04)

Harlon Mosely, 421 Charlotte Avenue (04)

Cody Richardson, 1518 Fountain Branch Road (03)

Agnes Ozment (Tim Ozment's mother)

David Ozment (Debbie and Tim Ozment's son), 1249 Green Tee Lane (04)

Michael Riley (Brenda Culpepper's son)

Tim Sawyer, 2409 Winstead Road (04)

Joe Stanton, PO Box 41, Nashville, NC 27856

Brent Tyndall, 1730 River Birch Hollow, Tallahassee, FL 32308

Bobby Webb, 209 Southern Boulevard (04)

Our Members-at-Home

Virginia Cobb, 1111 Main Street #305, Danville, VA 24541

Carlton Kimbro, Liberty Commons, 121 Racine Drive, Wilmington, NC 28403

Grace Monroe, 3752 Loblolly Drive (04)

Audrey Scarboro, 724 York Street (03)

We offer our sympathy to Stancil and Barbara Barnes in the death of his cousin, Bill Stancil, on March 8.

I thank my Lakeside Family for all the love, kindness, and support received since the passing of my mother. All the cards, prayers, phone calls, and many kind words have truly been a blessing.
Theresa and Dan Herring

LAKESIDE LADIES BOOK CLUB

Our Lakeside ladies will meet Tuesday, April 2, at 7:00 p.m. Terry Martin will lead a discussion of *All Creatures Great and Small* by James Herriot. Come join in the camaraderie and conversation!

YOUTH NEWS

This Sunday night we will have a regular schedule of activities and will then go out to Pitstop for ice cream. Youth helpers are needed to assist with VBS, to be held June 10-14 at First Presbyterian. You must register no later than May 13 and attend a training session on either May 16 or June 9. I look forward to seeing you all for Family Sunday School on Sunday morning and in worship. Elizabeth

MUSIC NOTES

Mindfulness meditation has gotten a lot of attention in recent years—even making the cover of *Time Magazine* and dedicated segments on *60 Minutes*. It's often credited with numerous health benefits and lauded as a practical approach to coping with daily anxiety, stress, and depression. Mostly, we know it's a healthy habit, like drinking plenty of water and a daily exercise routine. But can this practice benefit mind, body, AND spirit? Christian faith has a long tradition of meditation and silence. The focus on awareness is very similar to mindfulness but in the form of prayer. To silence our endless chatter, thoughts, worries, and frustrations of the future or from the past is to create a space, an entry into the presence of God.

Allowing periods of silence and stillness like a meditation practice is not a substitute for prayer nor an immediate fix for anxiety, tension, and stress, but it is an effective long-term tool for emptying ourselves of ego and discovering Christ's own peace, "not as the world gives" (John 14:27).

As we explore the sights, sounds, and silence of this still Lent, we are reminded to meditate, to contemplate, to listen, to imagine, to sit in stillness and silence, to practice mindfulness. For Christians, these are all ways of simply being in the loving presence of God without thought for what we may or may not gain from it.

A wise teacher once said, "To a world and a church crying out for stillness, depth and serenity, Christian meditative practices are sanctifying, peace-making and, in the truest sense, evangelical." Join us in the Parlor at noon on Thursdays for a time of guided meditation. Amy

VBS EARLY BIRD REGISTRATION

First Presbyterian will host this year's VBS June 10-14 from 8:45 a.m. to 12:00 noon each day for children ages 3 through completed 5th grade. Register online at <https://goodshepherdmt.org/vbs-registration>. Registration for participating churches ends April 15, and after that is open to the community.

FAMILY SUNDAY SCHOOL

9:45 a.m. in the Youth Building

Family Bible study and discussion. Breakfast is provided.

SUNDAY AT LAKESIDE

Deacon Greeters - Robert Sykes and Chuck Taylor

Ushers - Group III, Bill Hoyle, Captain

Crucifer - Madi Adkins; Acolyte - Will Robillard

Nursery - Jessica Evans; Extended Session - Brenda Cotton

Audio Booth Volunteer - Barry Goldstein

LAKESIDE'S MISSIONS AND MINISTRY PLAN

2019 Missions and Ministry Budget: \$609,228

	Week	YTD
Anticipated Giving	\$11,716	\$117,159
Through March 10	\$14,038	\$97,492
Variance	+\$2,322	-\$19,667

LAKESIDE BAPTIST CHURCH

1501 Sunset Avenue, Rocky Mount, NC 27804

Phone: 252-446-0126 Fax: 252-446-4997

E-mail: lakesiderm@embarqmail.com

Website: lakesidechurchmt.org

CareNet Counseling East of Rocky Mount

355-2801 • toll free: 866-355-2801

CHURCH STAFF

Jody Wright
Senior Minister

Linda Davis
Administrative Assistant

Susan Skinner
Senior Adult Director

Elizabeth Edwards
Associate Minister

Milton Marrow
Custodian

Amy Shortt
Minister of Music

Liz Broomell
Secretarial Assistant

Rachel Holloman
Preschool Director

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27804-5014

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LAKESIDE CALENDAR

Thursday, March 14

12:00 p.m. Meditation Group, Parlor

3:30 p.m. heARTw♥rks, Children's Classroom

Sunday, March 17

9:15 a.m. Alleluia Choir Rehearsal, Sanctuary

9:45 a.m. Sunday School

10:00 a.m. Chancel Choir Rehearsal

10:30 a.m. Coffee and Fellowship, Education Building Foyer

11:00 a.m. Worship

12:15 p.m. Diaconate, Conference Room

5:00 p.m. Cherub Choir and Alleluia Choir

5:45 p.m. Supper for Youth and Children

6:15 p.m. Missions & Music, Youth Fellowship

7:15 p.m. Youth Depart for Pitstop Shoppe

Wednesday, March 20

12:00 p.m. Lenten Service and Luncheon, Saint Andrews Episcopal Church

6:30 p.m. Lakeside Ringers Rehearsal

7:30 p.m. Chancel Choir Rehearsal

Thursday, March 21

12:00 p.m. Meditation Group, Parlor

3:30 p.m. heARTw♥rks, Children's Classroom

LABYRINTH PRAYER GUIDES

During this Lenten season, we encourage you to use our labyrinth for prayer and meditation. A special prayer guide is available in the literature box in the Labyrinth Prayer Garden and in the racks by each sanctuary exit.