



Leaning into the Heart of the Holy

2016 Lenten Devotions

The First Sunday in Lent

February 14, 2016

Beloved Is Where We Begin

By Jan Richardson

If you would enter
into the wilderness,
do not begin
without a blessing.

Do not leave
without hearing
who you are:
Beloved,
named by the One
who has traveled this path
before you.

Do not go
without letting it echo
in your ears,
and if you find
it is hard
to let it into your heart,
do not despair.
That is what
this journey is for.

I cannot promise
this blessing will free you
from danger,
from fear,
from hunger
or thirst,
from the scorching
of sun
or the fall
of the night.

But I can tell you
that on this path
there will be help.

I can tell you
that on this way
there will be rest.

I can tell you
that you will know
the strange graces
that come to our aid
only on a road
such as this,
that fly to meet us
bearing comfort
and strength,
that come alongside us
for no other cause
than to lean themselves
toward our ear
and with their
curious insistence
whisper our name:

Beloved.

Beloved.

Beloved.

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Prayer:

God, we come with hesitant steps and uncertain motives, to sweep out the corners where sin has accumulated and uncover the ways we have strayed from your truth. Expose the empty and barren places where we don't allow you to enter. Reveal our half-hearted struggles where we have been indifferent to the suffering of others. Nurture the faint stirrings of new life, where your Spirit has begun to grow. Let your healing light transform us into the image of your Son. For you alone can bring new life and make us whole.

—Christine Sine

Romans 10:8b-13

“The word is near you,
on your lips and in your heart”

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.”