



Leaning into the Heart of the Holy

2016 Lenten Devotions

Monday

February 29, 2016

**From *In the Heart of the World*
By Mother Teresa**

“Yesterday is gone.
Tomorrow has not yet come.
We have only today.
Let us begin.”

In the silence of the heart God speaks. If you face God in prayer and silence, God will speak to you. Then you will know that you are nothing. It is only when you realize your nothingness, your emptiness, that God can fill you with Himself. Souls of prayer are souls of great silence.

There is a very holy priest, who is also one of the best theologians in India right now. I know him very well, and I said to him, “Father, you talk all day about God. How close you must be to God!” And do you know what he said to me? He said, “I may be talking much about God, but I may be talking very little to God.” And then he explained, “I may be rattling off so many words and may be saying many good things, but deep down I do not have the time to listen. Because in the silence of the heart, God speaks.”

Prayer:

Open our ears to hear your word, Holy God, for faith comes through hearing. Open our ears to receive your truth, Merciful God, that we might learn your ways and seek to follow you. Open our ears to accept your wisdom, Generous God, that our lives might be molded in the image of Christ, who demonstrated the fullness of your love so that we might know how to love.

Ecclesiastes 5:1-2

Guard your steps when you go to the house of God. Go near to listen rather than to offer the sacrifice of fools, who do not know that they do wrong. Do not be quick with your mouth, do not be hasty in your heart to utter anything before God. God is in heaven and you are on earth, so let your words be few.