

## 60 Suggestions to Pay It Forward

1. Hold the door open for the person behind you.
2. Compliment someone who serves you.
3. Leave an extra-large tip for good service, even bad service - it might change their life.
4. Pay for the person behind you in the Drive Thru.
5. Pay for the food of a veteran – go through the waitress – secrecy is the best.
6. Donate blood. One pint of blood can save up to three lives.
7. Volunteer at a hospital, homeless shelter, nursing home, etc.
8. Send a nice email or text to someone you know, unexpectedly.
9. Share your umbrella with a stranger on a rainy day, even use it to shade someone of a hot one.
10. Write a note (handwritten) and mail it or place it in a findable spot.
11. A phone call to a person who's carrying a heavy load is golden.
12. Let someone with only a few items go in front of you at the cash register.
13. Make donations in Christ's name to fundraiser groups , baseball, band , etc.
14. Give up a parking space when you get there at the same time.
15. If you know someone's favorite food, etc. – surprise them with it.
16. Treat a less fortunate person like they are on your level.
17. At the grocery store, pay for the person nearest yours along with yours.
18. Create a care package and send it to someone who is enduring a situation.
19. Mow a yard of a senior citizen or a single mom.
20. See a stressed motorist (tire, engine, etc.) – take the time to offer assistance.
21. Pay the difference of a shopper when it goes over what they have.
22. Be a courteous driver. Let people merge in front of you .
23. Notify others in the parking lot that you are leaving and they can have your spot.
24. Offer your seat to someone when there aren't any left, especially to your senior.
25. Offer to babysit for couples or single parents who don't get out much.
26. When you're getting fast food, buy an extra meal for a homeless person.
27. Pray through texting – It works and will be timely.
28. When a book has ministered to you – pass it along to who comes to mind.
29. Upon hearing of someone's sickness , meet their need for "care".
30. Always greet the people around you with a smile –there's enough sourness.
31. When buying a cup of coffee, buy the person's nearest you.
32. Leave an encouraging Post It note to those who are in your life.
33. Take time to really listen - 5 to 10 minutes is worth the wait for them and you.
34. Offer to carry someone's groceries or packages when you are leaving a store.
35. When buying something at the convenient store, buy the person's nearest you.
36. A "I Prayed for You Card" is golden – pray, sign it, and send it.
37. Offer for someone to come and sit with you who is worshipping alone.
38. Write a positive review for a local business where you are.
39. Offer your services when someone has a life altering situation.
40. Make a random visit to a Nursing Home just to encourage.
41. Reconnect with someone who has affected your life in times past.
42. "C3P" – Call Three People and Encourage them in one day.
43. Flowers still brighten up a day like few other things.
44. Buy a gift card and bless someone else with it.
45. Replace a complaint you might have with a compliment instead.
46. Take the time and make a hospital visit to someone.
47. Stop by just to say hey to someone you know – be sincere and don't stay long.
48. Volunteer with any organization that helps the less fortunate.
49. If you find out something someone loves, make it happen in the future.
50. Small gifts to coworkers speak volumes of how you feel about them.
51. If you have a garden, share your "produce" with others – there's nothing like it.
52. A card and a ten that says, "Lunch is on me."
53. Borrow a friend's car and have it washed or wash it by hand.
54. Pay for the breakfast for someone else when you leave the restaurant.
55. Make a donation to a charity in honor of someone you know and have them notified.
56. When someone drops something, be the first to pick it up.
57. Let someone go before you, no matter the situation.
58. Be a Someone to the person that seems to have No One.
59. Upon leaving, pray for the individual that you encountered.
60. Don't take a repayment – compel them to **Pay It Forward**.