



The Lord provides “what is it?” for 40 years each morning and then quail each night. How easily do we trust what God is providing to be the best for us, to sustain us? When we trust him, we are the ones who change. What is it, “manna”, is there for us at God’s provision, to grow our lives spiritually. What will it take for us to trust what God is doing is not only “enough” but exactly what we need?

Opening Question:

As a concept, *enough* means different things to different people; for some, enough is simply what it takes to squeak by, while others only feel like they have enough if there is plenty saved for a rainy day. What does *enough* mean to you, especially when it comes to money, physical possessions, and time?

Read: Exodus 16:1-8; 13-18

What most resonated with you from the passage or from the sermon this past weekend?

Understanding the Story:

As modern readers of Exodus, we tend to adopt a comfortable sense of superiority about the Israelites and their inevitable tendency to grumble and complain. Hindsight is 20/20, however. Examine the passage in detail once more. What kind of adversity are the Israelites facing, both physically and mentally? Would you grumble in the same circumstances?

God could have offered manna that would not spoil, allowing the people to stockpile supplies of food. Why do you think he chose to provide only enough for each day?

In vs. 27, a few Israelites go looking for manna (even though they’ve been told it would not be provided on the Sabbath), provoking the irritation of both God and Moses. What do you think motivates this action?

Living the Story:

Talk about a time when you were worried about not having enough. What happened? Did God provide?

What circumstances in your life right now cause you to grumble or lose faith in God? What can you do this week to develop an attitude of acceptance and trust?

Pray:

Thank God for the things you have enough of, and ask Him to provide enough of the things you lack.