## "On a Joy Ride: A Trip Through Philippians" Philippians 4:10-20

- 1. If you were given \$500,000, how would you use the money? How much would you keep? How much would you spend? How much would you give away?
- 2. Read Philippians 4:10-20.
- 3. What does it look like to be content in all circumstances? What examples have you seen?
  - a) Studies have shown that regardless of how much people earn, they all think that earning 25 percent more would make them happier. Does this resonate with you? What does this say about our contentment?
  - b) Can you think of an example of someone who is content with less so that he/she can help others in need? What examples come to mind?
- 4. How does Paul's view of contentment compare to the modern-day view of contentment?
  - a) Paul speaks of the "secret of being content." Based on this passage, what is the "secret"?
- 5. If Paul has learned to get along without, why does he commend the church in Philippi for sending a gift (verse 14-17)?
  - a) How might the Philippians have benefited from supporting Paul?
  - b) How have you benefited in the past when you extended support (finances, prayer or encouragement) to a brother or sister in Christ?
- 6. The letter of Philippians has been all about joy. Why do you suppose Paul ends the letter in this way?
- 7. Prayer: In what area of your life right now would you like to experience more contentment? Offer prayer for each other.