

That's Joy!

Galatians 5:22-23 (NIV)

But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness, and self-control. There is no law against these things!

Joy is a work of the Holy Spirit

1. feelings of **great** happiness or pleasure, especially of an elevated or spiritual kind, a pleasurable aspect of something or source of happiness, to enjoy or delight in something

Jesus came that we might have life and have it more abundantly; that joy.

- It's joy to release people from the sins – Sin brings death and now we have been set free by Jesus. When he died, our sins were nailed to the cross. That's joy!
- To break the burden, load, heavy weight of bondage or stronghold over our lives. Jesus came and released the woman who was bound for some 18 years. She was a daughter of Abraham and had a right to be delivered. That's joy
- To deliver us from the torments of the enemy and the torment we place ourselves in and under.

(NIV) Mark 5 -They went across the lake to the region of the Gerasenes.^[a] ² When Jesus got out of the boat, a man with an impure spirit came from the tombs to meet him. ³ This man lived in the tombs, and no one could bind him anymore, not even with a chain. ⁴ For he had often been chained hand and foot, but he tore the chains apart and broke the irons on his feet. No one was strong enough to subdue him. ⁵ Night and day among the tombs and in the hills he would cry out and cut himself with stones. ⁶ When he saw Jesus from a distance, he ran and fell on his knees in front of him. ⁷ He shouted at the top of his voice, "What do you want with me, Jesus, Son of the Most High God? In God's name don't torture me!" ⁸ For Jesus had said to him, "Come out of this man, you impure spirit!"

¹⁸ As Jesus was getting into the boat, the man who had been demon-possessed begged to go with him. ¹⁹ Jesus did not let him, but said, "Go home to your own people and tell them how much the Lord has done for you, and how he has had mercy on you." ²⁰ So the man went away and began to tell in the Decapolis^[b] how much Jesus had done for him. And all the people were amazed. That's joy!

- Have you ever been sick, really sick and God healed you or a loved one. Jesus came and healed the woman with the issue of blood (12 years of bleeding). Peter's mother in law was healed of a fever, the blind, the deaf, the dumb were healed, the dead was raised, the lame walked. If these things didn't matter, there would be no need for Jesus to perform these miracles but they do matter. You matter to Jesus. The Holy Spirit was operating in Jesus life to produce these miracles and he brought joy to those he touched. That's joy!

- Give yourself permission to be forgiven and release yourself from the captivity for the mistakes you've made, for the sin you committed, for the lies you told. Jesus forgives and now it's time for you to forgive yourself and receive joy of deliverance. We're more useful to Jesus if we are operating in joy than a burden of guilt and shame. Jesus left an intimate relationship with his Father to come to you to show us what wonderful relationship that's possible for us.
- Since we're forgiven we can experience joy and freedom in the Holy Ghost and there's nothing to stop us from breaking forth in an exuberant shout of praise or singing: O how I love Jesus, O how I love Jesus, O how I love Jesus, because he first loved me.

[Nehemiah 8:10](#)

Then he said to them, "Go your way, eat the fat, drink the sweet, and send portions to those for whom nothing is prepared; for this day is holy to our Lord. Do not sorrow, for the **joy** of the LORD is your strength."

When we think about God, it's not automatic for us to think about joy. But joy comes from God. God is synonymous with joy.

[Psalm 43:4](#)

Then I will go to the altar of God, To God my exceeding **joy**; And on the harp I will praise You, O God, my God.

I believe joy should have equal preaching and teaching time. We have been presented only a portion of the Gospel. Yes, God is Holy, He means what he says and says what he means, but he is also joy. He created joy, excitement and fun and we can have all of these with him, through him and with others. It is possible to get together and not talk negatively about others.

Even in Matthew 25:20-21 it reads:

²⁰ "So he who had received five talents came and brought five other talents, saying, 'Lord, you delivered to me five talents; look, I have gained five more talents besides them.'²¹ His lord said to him, 'Well *done*, good and faithful servant; you were faithful over a few things, I will make you ruler over many things. Enter into the joy of your lord.'

[Psalm 16:11](#)

You will show me the path of life; In Your presence is fullness of **joy**; At Your right hand are pleasures forevermore.

When we think about having joy; here are a few reasons to rejoice

- Job 33:26 – when God restores, we rejoice

[Psalm 51:12](#)

Restore to me the **joy** of Your salvation, And uphold me by Your generous Spirit.

- Ps 5:11 – when God defends us, we rejoice
- 2 Chron-20:27 – when we have victory over our enemies we rejoice

- When we come into the house of the Lord – Ps 122:1 we should have joy
- If we sow in tears, we will reap in joy – Ps 126:5
- Count it all joy – James 1:2-3 My brethren, count it all joy when you fall into various trials, ³ knowing that the testing of your faith produces patience.
- Joy brings us comfort – Is 52:9
- God word bring joy: [Jeremiah 15:16](#)
Your words were found, and I ate them, And Your word was to me the **joy** and rejoicing of my heart; For I am called by Your name, O LORD God of hosts.
- Joy will make you leap – Luke 6:23
- Angels rejoice over one sinner who repents – Luke 6:23
- Obedience to God bring joy: John 15:10-12
- The filling of the Holy Spirit brings joy: [Acts 13:52](#)
And the disciples were filled with **joy** and with the Holy Spirit.
- [Romans 14:17](#)
for the kingdom of God is not eating and drinking, but righteousness and peace and **joy** in the Holy Spirit.
- Joy helps us to endure: Heb 12:2 Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares *us*, and let us run with endurance the race that is set before us, ² looking unto Jesus, the author and finisher of *our* faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

Joy is more than happiness; joy is more than a temporary feeling:

Joy is contentment;

Joy is peace of mind.

Joy is knowing that I have a relationship with Jesus. He knows my name.

Joy is know that it is well with my soul

Joy is the confident assurance that God will never ever leave me or forsake me.

[Romans 15:13](#)

Now may the God of hope fill you with all **joy** and peace in believing, that you may abound in hope by the power of the Holy Spirit.

Let's celebrate life in Jesus Christ and break out with singing, dancing, songs, rejoicing on the harp, tibrel, tambourines, musical instrument. Then we can truly say, "Party over Here! And "who got the praise, we got the praise and who do we give the praise to: Jesus! That's Joy!

<http://www.youtube.com/watch?v=NcIQbcOtMfA&feature=fvwrel>