



2019 Holy Consecration

One in Christ | Galatians 3:28

January 6, 2019, 9pm through January 26, 2019, 9pm



Our 21 Day Consecration Focus

This year we are consecrating, setting our lives apart, for a time of **praying and fasting** with a **focus on oneness in Christ**. Our guiding Scripture, Galatians 3:28, tells us that in Jesus Christ, there should be no division by race, social status or gender. In fact, the Church should be leading the world in racial reconciliation, social justice and gender equality. First, we need God to work out these areas in the Church before He can work through the Church in these areas. Dr. Martin Luther King, Jr once said, *"Injustice anywhere is a threat to justice everywhere."* So, for 21 days we will engage in an intense time before God to hear his heart concerning race, social status and gender. My hope is that we are transformed and empowered by God, through this time of consecration, to be a catalyst for change in our ministry, community and world. Please join us!

~ Terrence J. King, Chief Servant Officer

CONSECRATION in Hebrew is *Nazar*. It means to dedicate, separate or set apart. Holy Consecration is a sacred time of setting our lives apart for God's service through fasting and praying. It increases our ability to hear clearly from God. It is a way to demonstrate our love to God and show him that His plans for our lives and ministry are our priority. It is a process of *spiritual purification*. It is a process to mature as a disciple of Christ. It helps us to live our best life and elevate serving in excellence.

SPIRIT

- Refrain from media, music or movies with profanity, sex, or violence.
- Pray the word of God.
- Attend CAYA and Prayer every week.
- Have daily conversations with the Holy Spirit.
- Spend at least 15-30 minutes daily meditating and listening to God.
- Submit to spiritual transformation

BODY (Be mindful of medical health needs)

- Water, and fruit or veggie smoothies to drink for entire consecration.
- No fast foods (including Subway).
- Fast from a favorite food vice (your choice).
- Fast a 12 hour period between the last evening meal and first meal of the day.
- Exercise a minimum of 30 minutes every day (this includes walking).
- Consider scheduling a physical examination or a visit a Nutritionist.

SOUL (MIND, WILL AND EMOTIONS)

- Consecrate! Nourish on the fruit of the Spirit (Galatians 5:22-24).
- Positively feed your mind, will and emotions (Philippians 4:8).
- Speak positively about yourself and others (John 12:49).
- Love God and people (Deuteronomy 6:5-8).
- Embrace and cultivate diversity (Romans 10:12).
- Fulfill God's purpose (Ephesians 5:10).
- Live Biblically (Joshua 1:8) and spiritually (Ephesians 4:23) empowered.

The consecration will begin at 9pm, Sunday, January 6th and will end 9pm, Saturday, January 26th. There is a weekly focus (Race, Status or Gender) and a daily meditative Scripture. The note section is there to help us capture a thought or revelation on how we will take action on the weekly focus. This will keep us "as one people", hearing and speaking "the same language." God says, if we are united in Christ, "nothing shall be impossible for us" (Genesis 11:6). Let's aim our faith at the unseen, to do the impossible.

Week One

Notes

January 6-12 | RACE

Day
01

Acts 2:1-2

Day
02

Acts 2:3-4

Day
03

Acts 2:5-6

Day
04

Acts 2:7-8

Day
05

Acts 2:9-10

Day
06

Acts 2:11-12

Day
07

Genesis 11:6

Week Two

January 13-19

STATUS (Social Justice)

Notes

Day 08	Psalm 82:3	
Day 09	Proverbs 31:8-9	
Day 10	Amos 5:24	
Day 11	Micah 6:8	
Day 12	Zachariah 7:9-10	
Day 13	James 1:24	
Day 14	1 John 3:17-18	

Week Three

Notes

January 20-26 | GENDER

Day 15	Genesis 1:26	
Day 16	Genesis 1:27	
Day 17	Genesis 1:28	
Day 18	Genesis 2:18	
Day 19	Genesis 2:22	
Day 20	Joel 2:28	
Day 21	Joel 2:29	

Consecration Take-A-Ways
