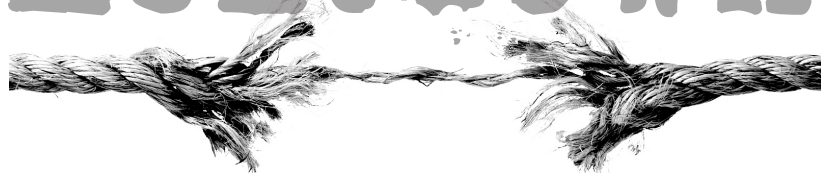


~~losing your mind & finding the mind of Christ~~



fearfully & wonderfully made

I praise you because I am fearfully and wonderfully made;
your works are wonderful, I know that full well.

Psalms 139:14

Love the Lord your God with all your heart and with all your soul
and with all your mind and with all your strength.

Mark 12:30

lizard brain

Those who live according to the sinful nature
have their minds set on what that nature desires...

⁶The mind of sinful man is death...

⁷the sinful mind is hostile to God.

It does not submit to God's law, nor can it do so.

⁸Those controlled by the sinful nature cannot please God.

Romans 8:5a; 6a; 7-8

survival mode options



fight

flight

freeze

float

the power of perspective

The spiritual man makes judgments about all things, but he himself is not
subject to any man's judgment: ¹⁶"For who has known the mind of the Lord
that he may instruct him?" But we have the mind of Christ.

1 Corinthians 2:15-16

five behaviors which change perspectives & create clarity

focus

Set your minds on things above, not on earthly things.

Colossians 3:2

(See also - Hebrews 12:2a, Philippians 4:8)

attitude

You were taught, with regard to your former way of life,
to put off your old self, which is being corrupted by its deceitful desires;
²³ to be made new in the attitude of your minds; ²⁴ and to put on
the new self, created to be like God in true righteousness and holiness.

Ephesians 4:22-24

(See also - Philippians 2:5)

reflection

Examine yourselves to see whether you are in the faith;
test yourselves. Do you not realize that Christ Jesus is in you —
unless, of course, you fail the test?

2 Corinthians 13:5

Consider him who endured such opposition from sinful men,
so that you will not grow weary and lose heart.

Hebrews 12:3a

awareness

For by the grace given me I say to every one of you:

Do not think of yourself more highly than you ought,

but rather think of yourself with sober judgment,

in accordance with the measure of faith God has given you.

Romans 12:3

(See also - 1 Corinthians 11:28)

growth

Like newborn babies, crave pure spiritual milk, so that by it you may grow
up in your salvation, ³ now that you have tasted that the Lord is good.

1 Peter 2:2-3

(See also - 2 Peter 3:18)

the centrality of the Spirit

Those who live according to the sinful nature have their minds set on what
that nature desires... but those who live in accordance with the Spirit have
their minds set on what the Spirit desires. ⁶The mind of sinful man is death,
but the mind controlled by the Spirit is life and peace; ⁷ the sinful mind is
hostile to God. It does not submit to God's law, nor can it do so.

⁸Those controlled by the sinful nature cannot please God.

Romans 8:5-8

But we have the mind of Christ.

1 Corinthians 2:16b

next steps