

### INTEGRATING SPORT into a Biblical Framework

#### QUESTION:

What's the <u>purpose</u> of sport?

#### ANSWER:

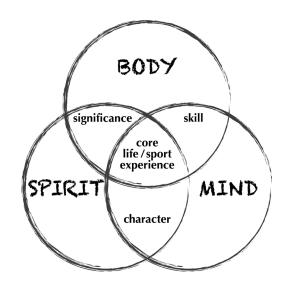
<u>Joy</u> and <u>fun</u>.

Disintegration (Dualism) FAITH Life SPORTS Life

### Integration

Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship. <sup>2</sup> Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will. Romans 12:1-2

- present your BODY
  SPIRITual act of worship
  renewing of your MIND



# How is this pressure manifested?

- #1 Erosion of moral character
- **#2 Injury** epidemic
- #3 Robbing joy
- #4 Winning as validation

## We're constantly forming - BODY, MIND, SPIRIT -

Are we going to do it well?

Are we going to let the pressures of this world conform us?

Will we develop the skills, character and significance for abundance?

NEXT STEPS