

STEP I ----- CONFESSION

Discover the Lost Art of Confession

That is why I did not even consider myself worthy to come to you. But say the word, and my servant will be healed.

Luke 7:7

PRAYER OF CONFESSION

Lord, I am not worthy to receive you but only say the word and I shall be healed. Let me feel the joy and freedom of throwing off sin.

STEP2 ---- INTERCESSION

Lay Your Burdens Down

"Come to me, all you who are weary and burdened, and I will give you rest.

29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. 30 For my yoke is easy and my burden is light."

Matthew 11:28-30

STEP3 ---- THANKSGIVING

Change Perspective

While they were eating, Jesus took bread, gave thanks and broke it, and gave it to his disciples, saying, "Take it; this is my body." ²³ Then he took the cup, gave thanks and offered it to them, and they all drank from it. ²⁴ "This is my blood of the covenant, which is poured out for many," he said to them. ²⁵ "I tell you the truth; I will not drink again of the fruit of the vine until that day when I drink it anew in the kingdom of God."

Mark 14:22-25

STEP4-----AWAKENING

Come Awake

About eight days after Jesus said this; he took Peter, John and James with him and went up onto a mountain to pray. ²⁹ As he was praying, the appearance of his face changed, and his clothes became as bright as a flash of lightning. ³⁰ Two men, Moses and Elijah, ³¹ appeared in glorious splendor, talking with Jesus. They spoke about his departure, which he was about to bring to fulfillment at Jerusalem. ³² Peter and his companions were very sleepy, but when they became fully awake, they saw his glory and the two men standing with him.

Luke 9:28-32

STEP5 ---- HEALING WORSHIP

Respond to the Person of God and Heal through Worship

Exalt the LORD our God and worship at his footstool; he is holy.

Psalm 99:5

STEP6 -------COMMUNION

Commune with God

"This cup that is poured out for you is the new covenant in my blood."

Luke 22:20

COMMUNION PRAYER

Oh, how could it be
You would welcome us into this mystery?
By Your mercy, we come to Your table.
By Your grace, You are making us faithful, Lord.
We remember You and remembrance leads us to worship.
And as we worship You our worship leads to communion.
We respond to Your invitation; we remember You.
Dying You destroyed our death;
Rising You restored our life.
Lord Jesus, come in glory.
Lord Jesus, come in glory.

NEXT----STEPS

Read the book of Luke this week.