

# The **RESPONSIBLE** Rejection



**REJECTED**

## DAY ONE

**READ JOHN 2:24-25.**

Have you found the following statement true in your life? Do you agree?

***People who struggle with being rejected don't say NO well.***

What do you think Paul meant by a **NEED MAGNET**?

Do you think that ever applies to you?

Look at ***My Declaration of Non – Codependence*** from this weekend's message outline. Do you need to make this declaration in your life or in any of your relationships?

## DAY TWO

**READ JOHN 2:24-25; MARK 1:35-39; JOHN 7:1-10.**

How did Jesus handle the people who tried to take advantage of Him?

## DAY THREE

**READ MARK 10:17-27.**

Notice in verse 21 it says Jesus loved the rich young man.

Does it feel unloving to tell people things they don't want to hear?

Is it loving? Why?

Are you willing to say difficult things to people or  
are you more concerned about their feelings and yours?

## DAY FOUR

**READ EPHESIANS 5:15-17.**

Do you agree with these three **Perspective Points**?

- *Doing something you don't want to do or shouldn't do because you don't want to hurt someone's feelings is really about your fear of rejection.*

- *Helping everyone doesn't help anyone.*

- *One of the best ways you can help out of balance people is to live a balanced, healthy life.*

## DAY FIVE

**READ EPHESIANS 4:14-16.**

According to this verse, what is necessary for people to grow up?

What have you learned this week about your truth and honesty in your relationships this week?

Has your thinking about loving relationships changed?

As an act of freedom, balance, and health, sign ***My Declaration of Non – Codependence*** on this week's message outline.