

Awareness

Identity

Healthy Relationships

DAILY READING

Psalm 22:1-8

Spend time thinking through the questions and reading the scriptures. Consider writing down your answers and/or sharing them with a small group or good friend.

DAY ONE

How do I respond to rejection?

Read Luke 4:21-30.

DAY TWO

Why is facing rejection central to morality and leadership?

Read John 6:60-71 and Psalm 118:22-24.

DAY THREE

Do you have unhealthy relationships that need to be changed?

Read John 2:23-25 and John 7:1-13.

DAY FOUR

What/Who is the source of your identity?

Read Luke 3:21-22 and John 1:12.

DAY FIVE

Who could you talk to about rejection?

Read James 5:16 and Romans 15:7.



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