

# The **ROLE** of Rejection



**REJECTED**

## DAILY PRAYER

Father, help me understand, accept, and grow from the rejection that's part of my life.

## DAY ONE

*Most people are defined by one of four fears.  
Fear of death, pain, failure and/or rejection.*

- Do you agree? Why? Why not?

**READ Psalm 55:12-14.**

- To which fears are you the most vulnerable?
- How have these fears affected your relationships, actions, thoughts?
- How have these fears affected your view of God?

## DAY TWO

**READ Psalm 22:6; Proverbs 19:7; Psalm 41:9.**

*Rejection is a part of life.*

- Do you agree?

- What was the most painful rejection you've ever experienced?
  - How does this experience define your thoughts, actions, and view of yourself?
- Has this experience made it difficult to trust God's love for you?

## DAY THREE

*"Wasting time deploring the past keeps God at a distance."*

Brennan Manning

- Do you agree with the quote above?

**READ Psalm 31:11-13.**

*The psalmist describes himself as broken pieces of pottery.*

- Do you ever feel that past rejection has broken you?
- How do feelings and fear of rejection express themselves by the way you think and act?
- How do feelings of rejection affect your view of and relationship with God?

## DAY FOUR

*Jesus was rejected.*

**READ Isaiah 53:2-3; John 6:60-66; John 7:1-9.**

- Have you ever considered how often Jesus was rejected?

*Most people did not follow him.*

*His friends, followers, and even his family rejected him.*

*Thank Jesus for loving us even though we often reject him.*

*Ask Jesus to show you how to understand and live with rejection.*

## DAY FIVE

*Rejection can be positive.*

- Do you agree? Why?

**READ Psalm 118:22-24.**

- How can rejection make you stronger?
- How does being rejected by certain people show that you're strong and mature rather than weak and broken?

### **Recommended Reading**

Hurt -- Chap Clark

Search for Significance -- Robert McGee

Living Beyond Yourself -- Beth Moore

So Long, Insecurity: You've Been a Bad Friend to Us -- Beth Moore

Abba's Child -- Brennan Manning

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