Praise
Waiting
Confession
Praying the Word
Watching
Petition
Thanksgiving
Sing to God
Focus on God
Listening
Intercession
Praise

Begin prayer by praising God for who He is. Praise His character, His Words and His Works. Psalms 63:3
Wait on God. Quiet your heart & mind on God. “Be still and know that I am God.” Psalms 46:10.
Confess your sins to God. “If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness.” 1 John 1:9.
Take scripture and begin to speak them as personal prayers. Psalms and proverbs are great places to start (Psalms 119:38-46).
Be alert, present and intentional in your prayers. Aware of what God is doing and saying. Colossians 4:2.
Pray for yourself, family, friends, co-workers, leaders, circumstances and whatever else the Lord puts on your heart. 1st Timothy 2:1-2.
Bring your needs, wants and desires for yourself and others before God. Matthew 7:7, Philippians 4:6.
Give thanks to God for what He has done in your life, what He is doing and what He is going to do. 1 Thessalonians 5:18.
Sing songs of worship to God. “Sing the praises of the LORD, you his faithful people; praise his holy name. Psalms 30:4.
Meditate on God. Meditate on a verse in scripture, an attribute of God or on something He has done. Jobs 1:8.
Wait on God with an expectation that He will speak. Listen for His still small voice. Psalms 25:3,5.
End by praising God for who He is. Praise His character, His words and His works.