

## READ PHILIPPIANS 2:4

## DAY 4

What's the one job around your house that no one wants to do?

Taking the trashcan to the curb?  
Cleaning the bathrooms?  
Scooping out the litter box?  
(Ew.)

The fact is nobody wants to do those kinds of things. But someone has to do them. And if you're the one who ends up doing them when no one else will, how does that make you feel? Frustrated. Angry. Unappreciated.

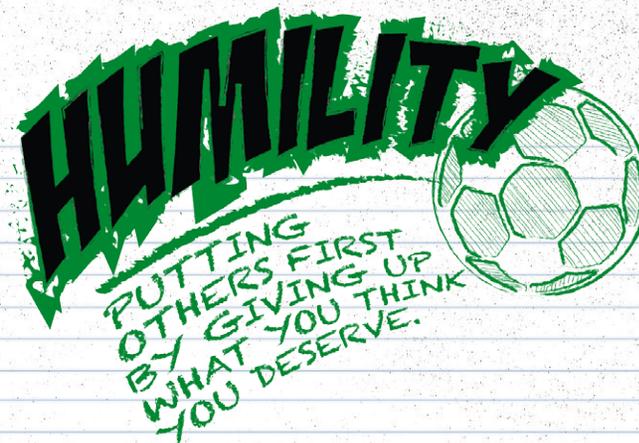
When we only think about ourselves it divides us from the people we love instead of bringing us together. But God's way is so much better! He wants us to be humble enough to look for ways to help and put others first. So don't just focus on yourself. Look out for the good of the people around you.

You can do the dirty job that no one wants to do.  
You can be the first one to apologize and make things right with a friend.  
You can help someone who's different from you.

**DON'T WAIT!** Think about that one job no one wants to do . . . and just do it!

### THINK ABOUT IT:

1. When you do something around the house, do you sometimes hope people will notice and you'll get the credit?
2. How is serving different?
3. When you serve and put other people first, how can that affect the way they act in return?



## READ PHILIPPIANS 2:3

## DAY 1

Do you think it's easy to be humble? Is it easy for you to give up your way and put other people first? Umm . . . probably not!

It's a lot easier to demand what you want. It's a lot easier to complain about what's fair. It's a lot easier to spend your time trying to make yourself look good in the eyes of other people.

But God doesn't want us to do what's easy. He wants us to be different. He wants us to be humble. Humility is putting others first by giving up what you think you deserve. And Jesus gave us the ultimate example of what humility really looks like.

Here's a great way to put humility into action. Tomorrow, see if you can spend the day asking questions and really listening to the answers. Instead of making the day about you, ask the people you meet about their lives.

You could ask . . .

- How's your day going?
- If you could eat at any restaurant, what would it be?
- What's tough in your life right now?
- What makes you the happiest?

**THANK** questions to show others how important they are to you.

### THINK ABOUT IT:

1. How would it make you feel if someone asked you those questions?
2. Do you think most people expect others to take an interest in their lives?
3. Why should following Jesus make us want to be interested in others?

WEEK ONE  
4<sup>TH</sup>-5<sup>TH</sup>

## READ JOHN 13:14-15

## DAY 2

What if before you went to sleep tonight, you asked your brother or sister to wash your feet? HA! Can you imagine what they would do?

It's amazing to think about Jesus washing His friends' feet. It was His way of humbling Himself and *servicing* them. And it was His idea—not theirs! They couldn't believe He would want to do such a thing. He showed them—with His *actions*—how much He valued them.

Jesus was setting an example for His friends and for us. It doesn't necessarily mean that we need to go around washing each other's feet, but it does mean that Jesus wants us to serve others by putting them first. We need to follow Jesus with our actions, not just our words.

**THINK** of ways to put other people first. Try putting yourself in the place of a servant.

### THINK ABOUT IT:

1. Why do you think Jesus wanted to show such a clear example of serving?
2. Why did it make the disciples uncomfortable when He washed their feet?
3. Why do you think Jesus actually told His friends he was setting an example for them?

## READ ROMANS 12:10

## DAY 3

Soccer is a team sport. You can't do everything by yourself. Before a player can score, she needs a great set-up from her teammates. You've got to pass to win.

How about some other sports? How do the players put each other first in order to be successful?

Basketball:

Football:

Volleyball:

Cheerleading:

We need to do the same thing for the people around us. Instead of trying to take the glory for ourselves, we should serve them with humility and set them up to win.

**ASK** God to help you have an attitude of humility with your friends and family.

### THINK ABOUT IT:

1. Do you naturally think about setting up your friends and family to win?
2. What is an example of setting up your friends or family to win?
3. Why is it important to pray about having a humble attitude?

**1** I CAN PUT  
OTHERS FIRST  
BY SERVING  
THEM.