

Intentional Disciplemaking

Bible Talk #2- Transformation

Big Idea: A true Interaction with Jesus can and should change you (your perception and faith)

Icebreaker: Have everyone write a short descriptive sentence at the top of their piece of paper. Pass the paper to the left and have the next person draw a picture of the sentence. Fold the paper so only the picture can be seen and pass the paper to the left. Have the next person write a description of the picture and then fold the paper again so only the new sentence can be seen and pass it and have them draw a new picture. Repeat this 2 more times or until you run out of room. And then share how dramatically the original sentence changed.

Scripture: John 4: 1-26,

What is something that sparked a dramatic change in your life?

What was this woman's reputation/ history?

What was her attitude towards religion/Judaism?

What did she want?

What are some physical needs we/you want met by Jesus?

What does she get instead?

What is the living water?

What should it do in your life?

Read: verse 39-42

What changed about the woman? (hint: she becomes the well)

What changed her? (What about Jesus changed her?)

Following this woman's example, how are you supposed to be transformed by Jesus?

How will you be transformed?

What will stop you from being transformed?

Why does is an interaction with Jesus supposed to bring so much transformation?

Challenge: Have you seen this transformation in your life? A transformation that takes you from criticizing aspects of faith to telling as many people in your life as possible about Jesus. A transformation that takes you from shame and disobedience to following Jesus and having an impacting testimony. If not, what will it take to get there? Jesus wants transformers not decepticons! Who will you be!

Activity: 1min Muscle [purely optional]

- 1) Ask for volunteers (as many as you like)
- 2) Announce that there's going to be a push-up contest*! Fastest person to hit 10 gets a prize! (have a small prize set aside for the winner, ie food, gold star, shiny nickel, etc..)

Note* - women can feel free to do female push-ups or normal ones - their preference

Opening Thoughts:

- Who here knows how a muscle grows?
 - Every time a muscle goes through some sort of activity, the muscle tissues are in action. When working out, muscles actually tear/rip, and as they're repaired, they actually grow larger/stronger. But without the rip/tear/breakdown, they can't get larger.
- What type of activities allow for a muscle to grow? What's the benefit of growing muscles?
- What happens when a muscle doesn't grow? How can a lack of muscle effect our day to day life?
- What generally motivates us to want to grow our muscles/get stronger?

Text - Philippians 3:7-4:15

I. Interpretation:

- In vs. 3:7-11, Paul says his desire was to "know" Jesus completely, more intimately. What did he understand about his old and new life? Why was Paul motivated to be different?
- What did "becoming" like Jesus mean to Paul? What did it require of himself?
- According to vs. 4:12, did Paul already achieve his goal? So why didn't he just quit? Does Paul give excuses for why he hadn't "made it" yet? Does Paul consider stopping?

II. Implication:

- To be motivated to grow our muscles, we usually have to see the need. What needs are exposed when we consider how we should continually grow spiritually? What happens when we don't?
- People tend to have a number of excuses as to why they don't work out their muscles. What excuses do we come up with to keep us from "growing" - spiritually speaking? What type of "rubbish" do we need to cut off?
- How do we benefit in becoming more like Jesus? How is it better than a life without growth?

III. Application

- What changes can we make to our life to conform to be more like Jesus? How are we called to die to ourselves?
- Even if we don't get there instantly, what helps us to stick it through to the end? What type of motivation will always keep us going?

Conclusion

- Too often people think being "strong" in themselves is the key to living, but true biblically "strength" comes from dying to yourself and conforming to be like Jesus everyday of our lives.
- Are you spiritually weak or strong? What will keep you from conforming to be like Jesus?

BT 3 - Dynamic Discipleship

- Paul didn't allow excuses to keep him back. What excuses are you allowing in your life?
- What changes do you need to make in your life TODAY to be more like him?
- This is true discipleship. A life of constant change into the image of Jesus.