

"WORSHIP THE LORD IN THE  
SPLendor OF HIS HOLINESS;  
TREMBLE BEFORE HIM, ALL  
THE EARTH."  
- PSALM 96:9

## **GRACE BIBLE CHURCH**

222 Boulder Drive, Gallup, NM 87301

Sunday School - 9:00 AM

Youth Group - 6:00 PM

Prayer Time - 6:00 PM

Worship Service - 10:15 AM

Edge - 6:00 PM

John W. Luginbuhl, Pastor

Steve Yoder, Youth Pastor

Church Office: (505) 722-5114

Pastor's E-mail: [john@gracebiblegallup.org](mailto:john@gracebiblegallup.org)

Youth Pastor's E-mail: [forevertrustinghim@yahoo.com](mailto:forevertrustinghim@yahoo.com)

[www.gracebiblegallup.org](http://www.gracebiblegallup.org)



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WELCOME TO OUR SPECIAL  
"PRAISE & CELEBRATION" SERVICE!

A special welcome to all of our visitors!  
May your experience of worship and fellowship with us  
refresh and ready you for the week ahead.

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The mission of our church is to prayerfully  
prepare believers for worshiping God, serving  
Christ, loving one another, and  
reaching out to others!

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2017 YEAR VERSE:

"You shall love the LORD your God with all your heart  
and with all Your soul and with all your might."

~ Deuteronomy 6:5

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WE EXTEND A SPECIAL WELCOME to our friend, Laura Hansen,  
long-term missionary to Romania under CrossWorld. We are  
looking forward to hearing what the Lord is doing in and through her  
life!

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OUR THANKS to all the staff at Broken Arrow Bible  
Ranch for helping to make our Annual Labor Day Picnic  
a wonderful success! There were approximately 150 of  
us in attendance, and it was a great day of fellowship!

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WE PRAISE GOD for answered prayer, as AWANA  
got off to a GREAT start this past Wednesday! 67  
children came to the first night! Keep praying!

Adults: If you can help on any Wednesday night, just "show up" at  
6:30 PM - we'll put you to work!

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A LIST of September birthdays and anniversaries of  
GBC regular- attenders is on the kitchen door.  
Please make (legible) additions/corrections right on  
the list. Thank you!

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## **This Week in Church History...**

Sixteen years ago tomorrow, four U.S. passenger planes were hijacked by the Islamic terrorist group al-Qaeda. Two planes struck the two towers of the World Trade Center in NYC, one struck the Pentagon and one crashed into a field near Shanksville, PA (after passengers tried to take over the plane from the hijackers). The attacks killed 2,996 people, injured over 6,000 others, and caused at least \$10 billion in property and infrastructure damage. It was also the deadliest incident for firefighter (343) and law enforcement officers (72) in the history of the United States.

## *THOUGHT FOR THE WEEK...*

*"What or whom we worship determines our behavior."*

*~ John Murray*



## **This Week at Grace Bible...**

(Here at the church unless otherwise noted.)

### **Monday, September 11**

7:00 PM [NO Life Group; resumes 9/25]  
7:00 PM "Impact Group" (20's and 30's Young Professionals) Bible Study at Steve & Jackie Yoder's home, 3607 Chaco Drive

### **Tuesday, September 12**

9:30 AM Ladies' Bible Study (Nursery available for the little ones.)  
6:30 PM Faith Bible Institute

### **Wednesday, September 6**

6:30 PM AWANA

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## **COMING SOON:**

**September 23** AWANA Leadership Conference in Albq.  
(all day)  
**September 26** Elders' Meeting (6 PM)  
**September 30** Ladies' Progressive Dinner





*Ladies Progressive Dinner  
Saturday,  
September 30, 2017  
Please visit table in the foyer to  
sign up to bring a dish or  
volunteer your home.  
The evening will begin at the  
church at 5:00pm with  
appetizers.*

*If you have any questions:  
Call or text Alicia Yale  
505-862-1267 or  
Kim Helfenbein  
505-728-0533*









# Bulletin

SEPTEMBER  
2017

A PUBLICATION OF FOCUS ON THE FAMILY®

*Schools in Session!*

## 'DEAR MS. SMITH...'


BY JULIE REECE-DEMARCO

ONE DAY, MY DAUGHTER CAME HOME FROM MIDDLE SCHOOL IN tears. But this time it wasn't "friendship drama" or a failed test; it was a teacher who had brought on the tears. "You know what to do," I gently counseled.

My daughter went to her computer. "Dear Ms. Smith," she began typing. The letter would never be delivered, but writing it allowed my daughter to express her opinions and concerns. When she finished the letter, she read it aloud to herself and then set it aside for a day.

My kids have written many such letters. After a day has passed, they get to correct the letter, removing things that are exaggerated, untrue, overly emotional or not constructive. Together we determine if there is any benefit in approaching the teacher—or coach, youth group leader, etc.—over concerns that remain. In some cases, a day's time has resolved many of the issues. On other occasions, we have role-played the polite but persuasive conversation they need to have with the other person.

If my kids choose to address an issue with an authority figure, they have carefully thought through the matter, moderated emotion and practiced how to present their position. In most cases, the adults involved have appreciated this approach and have been willing to reconsider their own practices.



### Tough Questions from Kids

Is it wrong to  
leave your  
homework until  
the last minute  
so you can  
watch TV?

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## ASSIGNMENT: RESPONSIBILITY & GRACE

After a few too many phone calls asking me to bring a forgotten item to school, I gave each of my boys two “saves” for the school year. They allowed my kids to call home and ask for forgotten homework or permission slips. I would remind them that they had used up a “save” and accommodated their request without feeling frustrated.

Once their “saves” were gone, though, they knew they would simply have to deal with the natural consequences of their forgetfulness. It was a good mix of responsibility and grace.

—Karen Gauvreau

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## THE SOURCE OF SELF-WORTH

Whether positive or negative, realistic or skewed, the views our kids form of themselves during adolescence stay with them for years. Their self-esteem influences mental acuity, emotional health and behavior.

How do we help teens arrive at a God-honoring, balanced sense of self? Christian teens have clear and tangible reasons to feel OK about who they are. Their self-worth should be grounded on, and bolstered by, the following realities:

- They are made in God’s image.
- Jesus personally cares about them.
- They’re worthy of unconditional love in your home.
- They can find a haven of acceptance among other believers.
- God has a plan for their life.

Although these truths can be a great source of encouragement, teens’ emotions don’t automatically “catch up” to the facts. Self-esteem issues often feed on irrationality. Teens must vigilantly pursue an honest view of themselves, their circumstances and the Lord. Feelings shouldn’t be allowed to trump the facts.

A healthy self-esteem isn’t grounded in one’s strengths or abilities. Of the five points listed above, none leads teens to find their value by comparing themselves to others. Somebody will always come along who is prettier, wealthier, smarter or more athletic. That’s inevitable.

Our teens’ self-esteem must come from their knowledge of who Jesus is and from the assurance of His love and care. Parents have the privilege of emphasizing these truths as they model acceptance, forgiveness and love. These truths provide lasting purpose and clear direction—even to those traversing the heady and often challenging years of adolescence.

—Alex McFarland



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## MANAGING THE AFTER-SCHOOL CHAOS

Like most parents, I want to be involved in my kids' education, to help them reach their potential, while still being a blessing in their lives. I'm learning that it takes a daily effort to balance the craziness of school life and my relationship with my children. Here are a few strategies that can help you do the same:

**Build routine.** Routine is a large part of our kids' day at school, and there's no reason why kids can't continue the pattern at home. Expect your kids to empty lunch boxes, put away their coats and pick out a healthy snack. Create easy-to-enforce consequences to cement your routines. Doing things the same way every day helps create a sense of predictability and security.

**Get organized.** A dedicated homework station can reduce stress and save time. Locate your station away from the hub of family activity, but within range of a parent if kids need help staying on task.

Help older children establish their own organization system, including monthly calendars and to-do lists. Avoid time waste by putting computers in an area where you can supervise research.

**Recharge and re-focus together.** The moments you have with your children each school day are limited. Take time to listen to them, asking about their day, their friends,

their ongoing stories. Eat dinner together as a family as often as you can. Take breaks from schoolwork to ride bikes or play catch together.

As you connect with your children, you'll discover fresh opportunities to reframe the day, to help them see their experiences through the lens of God's truth and love. Can they see an annoying classmate as someone to reach out to? Can they see that a difficult teacher is an opportunity to learn and respect those in authority? What's the difference between being kind to a friend and being her doormat?

Big-picture wisdom, a listening ear and meaningful time spent together can go a long way toward redeeming the after-school frenzy for your children. And perhaps just as important, it helps them have a better attitude about starting over the next day.

—*Esther Feng*





# FAMILY MATTERS

Answers to your questions . . .

**There are certain things that my spouse does that annoy me. Can you offer any advice on how to change her?**

**ANSWER:**

Being annoyed by your spouse's habits is normal. The key is to learn to work together to change habits that can be changed and to learn to accept those that can't. If changing the habit would truly benefit both of you, change may be worth trying. But keep these guidelines in mind:

1. *Address the problem honestly.*
2. *Explain the benefit of change.*
3. *Don't command change.* Instead, request

change. Your spouse will respond more favorably.

4. *Don't attack your mate.* Confront the problem—don't attack the person.

5. *Discuss ways to bring about change.*

6. *Encourage your spouse's growth.*

7. *Recognize that change takes time.* Be patient with your spouse. Praise little steps that you see.

8. *Focus on your spouse's good habits, not just the irritating ones.*

9. *Pray for your spouse.* God is ultimately the one who makes change possible in any of us. So pray for your mate's efforts. And since some behaviors may never change, ask God to give you the grace to accept

the differences between you and your spouse.

10. *Seek to change the habit, not the person.*

It's possible to help your spouse drop an irritating habit—as long as it's the habit you're trying to change. If you're trying to alter your spouse's personality or temperament, you'll be fighting a losing battle that will end in frustration for both of you.

Keep praying for your spouse. And when you think of your mate, focus on their positive traits—instead of that irritating habit.

(Adapted from *The Smart Groom's Answer Guide*, general editors Wilford Wooten and Phillip J. Swihart.)

## TOUGH QUESTIONS FROM KIDS

**ANSWER:**

**God wants us to do our best at everything we do—and that includes school. TV is all right (if we watch good programs), but school is more important. To get the most out of school, do your homework first—doing the best you can at it. Then you can take time for other activities.**

For more information on any of the topics in this bulletin, go to [FocusOnTheFamily.com](http://FocusOnTheFamily.com) or call 800-A-FAMILY (232-6459). To reach Customer Service regarding your subscription, please call 800-692-9912. To check out more church resources and read the editor's thoughts, please visit us at [www.tyndaleperiodicals.com](http://www.tyndaleperiodicals.com).

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