Introduction to Biblical Counseling

How to Help People Change Using the Word of God

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Is The Bible Enough?
A Comparison of Psychology and the Bible

INTRODUCTION - What About Psychology?

♦ Understanding the Term “Psychology”

♦ Understanding 3 General Categories of Psychology

1) Traditional Psychological Counseling
2) Integrated Counseling
3) Biblical Counseling

_The Puritans Were Known as “Soul Doctors”_

* They were committed to the __________________ authority of the Scriptures.

* They had a highly developed system of ________________ for personal problems.

* They provided balanced ________________, not based on particular “personality theory”, but on Biblical teaching about the heart.

* They were ________________ about indwelling sin, conflicts, and problems that Christians continually experience in their lives.

* They understood man as fundamentally a ________________ being and saw that all problems grow out of a “sinful imagination” or an “idol making” heart.

* They believed the ________________ to be belief in the gospel, used both in repentance and the development of a proper self-understanding.

_Adapted from a 1998 article by Tim Keller entitled “Puritan Resources for Biblical Counseling”_
LESSON

I. THE DIVERSITY OF PSYCHOLOGY

**Skinner:** “It is your ________________.”

**Freud:** “It is your ________________.”

**Rogers:** “It is that you don’t know the ________________ potential that is in you.”

II. THE DESIGN OF PSYCHOLOGY

III. THE DECEPTION OF PSYCHOLOGY

Integrationist
5 Reasons You Should Not Integrate the Bible With Psychology

1) The Bible is _______________ truth.
2) The Bible is _______________ truth.
3) It substitutes ____________ wisdom for __________ wisdom.
4) It ignores the _______________ of man.
5) It leads to _______________ on man rather than God.

IV. THE DISEASE MODEL OF PSYCHOLOGY

In the field of psychology, many issues which the Bible defines as _______________ and _______________ have been labeled as a _______________.

However, most of the diagnoses are not determined by a _______________ method, but rather by the _______________ (the bible of psychiatry).

Principles to Remember: Christians should learn to distinguish between “Biblical Counseling” and “Psychological” or “Integrated Christian Counseling”

5 questions to make sure you know the answers to

1. What is your perspective on the Bible and its contribution to counseling?
2. What is your perspective on God?
3. What is your perspective on human nature and motivation?
4. What is your perspective of the gospel?
5. What is your perspective of counseling?
The Biblical Process of Change
The Method and Motivation Behind Biblical Change

INTRODUCTION - It’s All About Changing!

LESSON

I. THE METHOD BEHIND BIBLICAL CHANGE—How Does Change Take Place?

The Principle For Change
Ephesians 4:22-32

“Put off” & “Put on”

The Exhortation vs. 22-24

The Examples vs. 25-32

The Process For Change
II Timothy 3:15-17

For the Sinner v.15

For the Saint vs. 16-17

The 4-fold process for all change

“doctrine” or “teaching”

“reproof”

“correction”

“training in righteousness”
The Power For Change

The Scripture

The Spirit

II. THE MOTIVE BEHIND BIBLICAL CHANGE—What Drives Us To Change?

The Gospel—Past & Present

The Gospel—Putting It Into Practice

Remind yourself that God is ________________.

Remind yourself of the ________________ of sin.

Remind yourself of what Jesus’ sinless life and substitutionary death ________________ for you.

Remind yourself of, and believe, the precious ________________ of God’s Word.

Principles to Remember:

To the degree the ___________ __ __ __ is dwelling in us, that is the degree that the ___________ ___________ is controlling us. Likewise, the ___________ ___________ is controlling us to the degree the ___________ __ __ __ is dwelling in us.

The Gospel is God’s ________________ on life as it shows me what is ________________ and how He ________________ it.
INTRODUCTION - What Would Jesus Say?

LESSON
I. DIAGNOSE THE PROBLEM IN LIGHT OF THE SCRIPTURES

Collect the data: Proverbs 18:13, 15, 17

Listen for _______________.  v. 13
Listen ________________ for the facts.  v. 15
Listen actively for ________ the facts.  v. 17

Consider the data: 5 Areas to Consider

1)  
2)  
3)  
4)  
5)  

INTRODUCTION - What Would Jesus Say?
II. DISCOVER THE BIBLICAL SOLUTION TO THE PROBLEM

6 Problem Solving Questions:

1) What must be put ________?

2) What must be put______?

3) Are there any ___________ in Scripture that I must obey to solve the problem?

4) Are there any ___________ in Scripture from which a solution can be derived?

5) Has _____________ in Scripture ever faced the same (or similar) situation?

6) Are there any _____________ in Scripture that can be claimed?

Principles to Remember:

Helping people change requires_____________. Romans 15:14

Helping people change requires a life-long commitment to understanding the _____________. II Timothy 2:15
Counseling Those Who Are Depressed

INTRODUCTION—Some Facts About Depression

♦ It is the ___________ ___________ of mental illness.

♦ ________ to _________ are depressed at any given time.

♦ ____ out of _____ can be expected to be treated for depression at some time.

♦ _______ (between ages 18–74 yrs old) currently suffer from severe depression.

♦ It is three times more prevalent among the higher ________ and ________.

♦ It is two times more prevalent among ________ than men.

♦ It is the definite leading cause of ____________.

LESSON

I. DEFINING DEPRESSION - The Concept

An extremely unpleasant mood of ____________, ____________, ____________, ____________, ____________, and ____________ that is: ____________ in its impact, ____________ in its influence and can be ____________ in nature and ________________ in duration. —Wayne Mack

A condition in which the counselee has ceased to ____________ his ____________ ____________ and does not even care to ____________ his ____________ ____________. He is functioning ____________, sees little ____________ in _______ ______, feels ____________, and his speech is studded with the word “__________.” —Jay Adams
A. Biblical Examples:

B. A Look at Psalm 42 (symptoms of depression)

1. vs. 1,2

2. v. 3

3. v. 4

4. vs. 5,7

5. v. 9

6. v. 10
II. DIAGNOSING DEPRESSION - The Causes

A. ____________ influences.

B. ____________ behavior.

Two Common Sins to Look For:

1. 

2. 

C. ____________ thinking.

Four Areas That People Think Wrongly About:

1. 

2. 

3. 

4. 

D. Responding to the stresses of life in a ____________ way.
III. DEALING WITH DEPRESSION - The Cure

A. If possible, identify the __________ and __________ deal with it.

B. Don’t withdraw into ________ - ________.

C. Fulfill your God-given ________________.

D. Develop a life of ________________.

Principles To Remember:

Remember that stress is __________ to us all.

Don’t follow your ________________, follow your ________________.

Depression Chart
Counseling Those Who Are Angry

INTRODUCTION— Anger is one letter short of danger!

Two kinds of anger

♦ __________________ anger: Your objective is to destroy the ____________.

♦ __________________ anger: Your objective is to destroy the ____________.

Two expressions of sinful anger

by Dr. Jay Adams “What to Do When Anger Gets the Upper Hand”

LESSON

I. MAKE SURE YOUR ANGER IS ____________ = BE HOLY.

Nehemiah 5:6

Things that are dishonoring to God
Righteous Anger

God does not get what He wants.
—His will is violated.
—Motivated by love for God.
—Christ is Lord.

Ephesians 4:26

Sinful Anger

I do not get what I want.
—My will is violated.
—Motivated by love for the idol of my heart.
—I am lord.

James 4:1

How can you be sure your anger is righteous?

1. Does my anger ______________ me?

2. Is anger a ______________ characteristic of my life?

3. Do I _____________ and ________________?

4. Do I keep a running ______________ of wrongs done to me?

5. Am I _______________ or hold a ______________ against someone?

6. Do I _______________ that I am ______________ angry?

7. Do I take ______________ into my own hands?

8. Do I take out my anger on ______________ individuals?

II. MAKE SURE YOUR ANGER IS ______________ = BE HARNESSED.

Nehemiah 5:7a

He gained control of his ______________ before he spoke a word.

This means you need to pick the right ______________ and use the right ___________ of voice when you speak.
III. MAKE SURE YOUR ANGER IS ___________________ = BE HELPFUL

Nehemiah 5:7b-13

The goal is to solve the ___________ not destroy the ____________.

Constructive steps to take:

1. ___________ the wrong the person has done in _________ terms. vs. 7b-8
2. Encourage them to ___________ God with their lives. vs. 9-10
3. Give them _____________ suggestions for change. vs. 11-13

Principles To Remember

Immediately ask God to help you handle the potentially
distressing circumstance in a ______ — _____________ way.

Remember that God is _____________ over the circumstances
you are in.

Thank God for the _________________ He is going to give you.

Examine yourself to see if you have ______________ anything to
make the situation volatile.

Guard against your _______________ and focus on _____________
the Lord.

Always seek to provide _____________ ____________.
Counseling Those Who Are Fearful

INTRODUCTION—Is all fear wrong?

♦ Fear that __________________ you is not wrong.

♦ Feat that __________________ you is wrong.

The Concerns (4 Things)

1. Fear of making _______________ _______________.

2. Fear of making someone else _____________ or ________________.

3. Fear of losing ____________.

4. Fear of physical ____________ or ____________.

The Characteristics

1. A tendency to ___________ the things which make them afraid (people, places, and circumstances).

2. ______________ concerned about what other people ______________ of them.

3. A tendency to ____________ concern into the future.
4. Increased ____________ tension.

5. ________________ : Afraid of what someone or something will do to them.

**LESSON**

**I. THE EXAMPLE OF PARALYZING FEAR**

Matthew 14:22-33

The Bible makes anxiety a ______________ issue: It has to do with our relationship to the Lord.

We are not ____________, we are ________________.

“You of little faith, why did you doubt?” v. 31

**II. THE EXHORTATIONS FOR PARALYZING FEAR**

Matthew 14:26-33

Adjust your _________________ vs. 26-27

1. God is ________________ your storms. vs. 22-24

2. God is ________________ your storms. v. 25
Adjust your __________________________ vs. 28-33

1. You must be more concerned with _______________ God’s Word than you are with following your _______________.

2. You must make ______________ your priority. (See I John 4:18 and I Corinthians 13:5b. In the diagram below, cross out the two words “love” and you will see what fear is related to.)

FEAR VS. LOVE

LOVE VS. SELFISHNESS

Principles to Remember
Your goal is to help the anxious person learn how to show __________ to God and others as it relates to the area of their fear.

Help them apply the Biblical alternative to their anxiety from Philippians 4:6-9 using the anxiety journal.

Biblical __________________________ vs. 6-7

Biblical __________________________ v. 8

Biblical __________________________ v.9
Counseling Those Who Need To Forgive

INTRODUCTION—Forgiveness: It is difficult!

_In Luke 17:3, Jesus said two difficult things related to forgiveness_

♦ _____ to the person about their _________. “If your brother sins, rebuke him;”

♦ If he repents, _____________ him. “and if he repents, forgive him.”

LESSON

I. THE PROBLEMS WE FACE WITH FORGIVENESS

_When you are the offender—Matthew 5:23-24_

_4 Directives_

We don’t see immediate ________________. v.4

We don’t have enough _______________. vs. 5-6

We don’t have the _________________ to forgive. vs. 7-10

II. THE PASSAGES ON FORGIVENESS

_When you are the offender—Matthew 5:23-24_

_4 Directives_

You are to ________. “Leave your offering there before the altar…”

Then ________. “…and go.”
Seek to be ______________. “First be reconciled to your brother…”

Then ______________. “…and then come and present your offering.”

When You Are The Offended—Matthew 18:21-35

3 Principles To Remember

To refuse to forgive is _______________. v. 32

To refuse to forgive is _______________. v. 33

To refuse to forgive invites _______________. v. 34-35

III. THE PROMISE OF FORGIVENESS

The concept of remembering it no more: Jeremiah 31:34

It doesn’t mean that you have ______ remembrance of the wrong done.

It means you do not ______________ it to your mind.
The conditions for remembering it no more:

You promise 3 things

1. I will not bring it up to ______________.

2. I will not bring it up to ______________.

3. I will not bring it up to ______________.

Principles To Remember

Focus fully on God’s ________________ of you.

Deal directly and honestly with any ________________ you currently have toward any person.

______________ various ways you can ________________ your offender and begin ________________ these things right now.

Accept the fact that it is always ______________ move first: whether you are the offender, or the offended.
Counseling Those Who Have Regret

INTRODUCTION—What kind of regret do you have?

♦ Regret because of _____________________________.

The Illustration

The Insight

In such cases we must ask others to ________________ us for our errors in judgment, and trust in the ________________ of God.

♦ Regret because of _______________________.

The Illustration

The Insight

The regret will not change what has happened in the ____________, but God can still use that emotion of regret to make the best of the ________________.

The goal with this type of regret is to give them ________________.
LESSON

I. PEOPLE WITH REGRET NEED TO KNOW CHRIST ____________ FOR THEM.


The people who are tempted v. 31 “you” is plural

The prayer for the tempted v. 32 “you” is singular

II. PEOPLE WITH REGRET NEED TO KNOW CHRIST ____________ THEM.

Luke 22:33-34

The insistence by Peter v.33

The insight by Christ v.34
III. PEOPLE WITH REGRET NEED TO KNOW CHRIST

THEM.

*John 21:15-17*

The request by Christ  “Do you love me?”

The reply by Peter  “You know that I love You.”

**Principles To Remember**

___________ the experiences, words, and the actions you have taken that still arouse feelings of regret.

Determine the _____________ of regret you have.

Learn to find ____________ in Christ.

Focus on replacing regret with ________________.
Counseling Those Who Experience Rejection

INTRODUCTION— “A broken spirit who can bear it?” Proverbs 18:14

✦ The Reality of Rejection

_____________________ rejection.

_____________________ rejection.

✦ The Results of Rejection

*If not dealt with Biblically, it can lead to a whole list of problems.....*

Terrible ___________. This loneliness can lead to ___________, ___________, and attempts at ____________.

They become ____________ and ____________ toward those who have rejected them.

✦ The Resource in Rejection Isaiah 53

_____________________ the words that ____________ rejection and the resulting feelings.

Then ____________ what Jesus has ________ for you despite the rejection He experienced.
LESSON

I. JESUS’ REJECTION PROVIDES SYMPATHY. vs. 1-4

Jesus was rejected because of His...

________________ v.2

________________ Matthew 2:23

________________ v.3

________________ for sin v. 4
II. JESUS’ REJECTION PROVIDES SALVATION vs. 4–10

Jesus bore 2 things for us

He bore our ____________. v. 4

He bore our ________. vs. 5-10

III. JESUS’ REJECTION PROVIDES SECURITY. vs. 11-12

Christ’s righteousness makes us ________________ to God.

Understanding our acceptance to God makes others ________________ to us.

Principles to Remember

The first step is to begin a life of ____________.

Second, lay down all ________________.

Take the risk of making new ____________.
Counseling Those Who Need an Accurate Self-Image

INTRODUCTION– The self-esteem movement

♦ The Message of Human Goodness

According to the self-esteem movement, there are no _______ ___________, only people who ____________ ____________ of themselves.

They teach that if people feel _______ about themselves, they will ____________ better, have fewer ______________, and ____________ more.

Note: There is plenty of evidence to suggest that self-esteem does not work.

In the case of academics:

In the area of morality:

♦ The Myth of Human Goodness

4 consequences of this myth

1) It attributes the cause of evil to a force ______________ of ourselves.

2) It denies __________ within us, and stresses that ____________ is normal to us.
3) It removes the need to teach people what is __________.

4) It focuses on changing outside forces instead of people’s ____________, ____________, and ____________.

**LESSON**

**I. HOW TO DEFINE A BIBLICAL SELF-IMAGE**

The danger—2 extremes to guard against

Man is ______________.

Man is ______________.

The definition—How to think of ourselves

Self-image is the ______________ we come to as we __________ ourselves.

---

**Note** ... When a person says that they have a problem with their self-image, we must first examine what they are __________ about themselves, rather than what they are __________ about themselves.
Note ... When we define what they think about themselves, we must then determine if their evaluation of themselves is _______________ or not. We then must proceed with helping them develop an _______________ self-image.

II. HOW TO DEVELOP AN ACCURATE BIBLICAL SELF-IMAGE

Have the counselee make a _______ of how he _______ himself.

Then, take these views and see if they are ______________, ______________ but not ______________, or ______________ and sinful.

Next, determine what is the ______________ way to _______ his evaluation of himself.

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<tr>
<th>Inaccurate Perception (Change perception)</th>
<th>Accurate but not Sinful (Change values)</th>
<th>Accurate, and Sinful (Change behavior)</th>
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Principles to Remember

Our first objective is to discover what they _______ of themselves and help them develop the proper Biblical ____________ to these thoughts.

As a Christian our concern should not be to pursue _______ - ____________, but rather to become a ______________ self.

When you help a person conform to God’s standard then you will help them to ____________ better.
GBC Counseling Personal Data Inventory
Please complete this inventory answering all questions carefully
Return to: Grace Bible Church – P.O. Box 631 – Mountain City, GA 30562

**Personal Identification**

Name: _______________________________________ Birth Date: __________

Address:________________________________________ Zip Code: ________

Age: ________ Sex: _____________ Referred By: _________________________


Divorced: ______ Widowed: ______

Education (last year completed): ______________________________________

Home Phone: ____________________ Work Phone ________________________

Employer: _________________________________ Position: ________________

Years: ______________

**Marriage and Family**

Spouse: ______________________________________ Birth Date: __________

Age: _________ Occupation: _____________________ How Long Employed: __________

Home Phone: _____________________ Work Phone: _______________________

Date of Marriage: ________________________________ Length of Dating: _____________

Give a brief statement of circumstances of meeting and dating: ________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

Have either of you been previously married: _________ To Whom: _________________________

Have you ever been separated: _____________ Filed for divorce: _____________

**Information about Children:**

Name: Age: Sex: Living(y/n): Last Year of Ed.: Step-Child:
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
Describe relationship to your father:
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________

Describe relationship to your mother:
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________

Number of sibling(s): ________ Your sibling order: ____________________________

Did you live with anyone other than parents:
_________________________________________________________________
_________________________________________________________________

Are your parents living: __________ Do they live locally: _________________________

**Health**
Describe your health:
_________________________________________________________________

Do you have any chronic conditions: ________ What: ________________________________

List important illnesses and injuries or handicaps:
_________________________________________________________________
_________________________________________________________________

Date of last medical exam: ________ Report: ________________________________

Physician’s name and address:
_________________________________________________________________

Current medication(s) and dosage:
_________________________________________________________________
_________________________________________________________________

Have you ever-used drugs for anything other than medical purposes: _________________

If yes, please explain:
_________________________________________________________________
Have you ever been arrested: ____________

Do you drink alcoholic beverages: ___________ If so, how frequently and how much: _____

Do you drink coffee: _______ How much: _________ Other caffeine drinks: ________

_________________________________________________________________

Do you smoke: _______________ What: _____________________ Frequency: __________

Have you ever had interpersonal problems on the job: ________________________________

_________________________________________________________________

Have you ever had a severe emotional upset: ________ If yes, please explain: __________

_________________________________________________________________

Have you ever seen a psychiatrist or counselor: _______ If yes, please explain: __________

_________________________________________________________________

Are you willing to sign a release of information form so that your counselor may write for social, psychiatric, or other medical records: ________________________________

**Spiritual**

Denominational preference: ____________________________________________

Church attending: ____________________________________________________ Member: __________

Church attendance per month (circle):  0  1  2  3  4  5  6  7  8+

Do you believe in God: _____ Do you pray: _____ Would you say that you are a Christian: ________, or still in the process of becoming a Christian: __________________________

Have you ever been baptized: __________________________

How often do you read the Bible: Never: _____ Occasionally: _____ Often: _____ Daily: _____

Explain any recent changes in your religious life: __________________________

_________________________________________________________________

**Women Only**

Have you had any menstrual difficulties: __________ If you experience tension, tendency to cry, other symptoms prior to your cycle, please explain: ________________________________

Is your husband willing to come for counseling: ____________________________

Is he in favor of your coming: __________ If no, please explain: ______________

_________________________________________________________________
**Problem Check List (Check all that apply)**

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<tr>
<th>_____Anger</th>
<th>_____Depression</th>
<th>_____Loneliness</th>
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<td>_____Anxiety</td>
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<td>_____Perfectionism</td>
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<td>_____Change in lifestyle</td>
<td>_____Gluttony</td>
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<td>_____Communication</td>
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<td>_____Conflict (fights)</td>
<td>_____Homosexuality</td>
<td>_____Wife abuse</td>
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<td>_____A Vice</td>
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<td>_____Decision Making</td>
<td>_____In-laws</td>
<td>_____Other</td>
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**Briefly Answer The Following Questions**

1. What is your problem (what brings you here)?

2. What have you done about the problem?

3. What are your expectations from counseling?

4. Is there any other information that we should know?
# Weekly Counseling Report

Counselee________________________________________ Date ________________ Time ________________  
Session # ____Counselor____________________ Observer____________________ Type of Counseling_____________

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<th>Evaluation of Last Homework Assignment:</th>
<th>Agenda</th>
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**Summary of Today’s Session (Use the back of the page for additional notes)**

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Books on Biblical Counseling

*Resources That Will Help You Grow in Counseling*

Books available through Timeless Texts:

1-800-814-1045

www.timelesstexts.com

**By Author Jay Adams**

The Christian Counselor’s Manual
Competent to Counsel
How to Help People Change
Helps for Counselors—A Mini-Manual for Christian Counseling
Self-Esteem, Self-Love, Self-Image
Theology of Christian Counseling

**By Author Ed Bulkley**

How Big is Your God?
Only God Can Heal a Wounded Heart
Why Christians Can’t Trust Psychology

**By Author John F. MacArthur, Jr.**

Introduction to Biblical Counseling

**By Author Wayne Mack**

A Homework Manual for Biblical Living — Vol. II Family and Marital Problems

**By Author Martha Peace**

Becoming a Titus 2 Woman
The Excellent Wife

**Other Authors**

Blame It on the Brain, Edward Welch (addresses the issues of chemical imbalances)
Christian Psychology’s War on God’s Word, Jim Owen
The Complete Husband, Lou Priolo
The Heart of Anger, Lou Priolo (deals with the subject of children’s anger)
How to Grow in Christ, Jack Kinneer
Quick Scripture References for Counseling, John Kruis
The Useful Lie, William Playfair (deals with alcoholism)
Women Helping Women, E. Fitzpatrick (deals with women’s related topics)
Dear New Friend,

Thank you for inquiring about the International Association of Biblical Counselors. Enclosed you will find a handbook explaining the membership process. Please read it carefully, and if you have any questions, feel free to contact our Western Regional Vice President, Dr. Chuck Andrews, at dr68chuck@aol.com, or our Eastern Regional Vice President, Dr. Kevin Hurt at kevin@dnet.net.

We are continually developing our growing organization and we’re open to your suggestions. A primary philosophical precept of IABC is that it is impossible to mix psychology with the Bible and remain true to God’s Word. We genuinely believe that the Bible provides all of the information necessary for the healing of the heart, soul, mind, and spirit of God’s children (2 Peter 1:3) as we allow the Holy Spirit to work.

If you believe that God is just as able to heal the wounded heart in our age, as He was when Jesus walked this earth, you will find wonderful fellowship and encouragement in IABC. We hope you will stay in touch with us, visit our website at iabc.net, and join with us for our IABC Annual Bible Conference the first week in August in Denver, Colorado.

I encourage you to fill out your membership application today and send it right back so you can grow with us in your counseling ministry. I look forward to hearing from you soon.

President, IABC

Dr. Ed Bulkley
President

Dr. Chuck Andrews
Western Regional Vice President

Dr. Kevin Hurt
Eastern Regional Vice President
What is the purpose of IABC?

IABC is Changing Lives

Biblical Counseling is one of the most powerful and fastest growing movements today. Its impact is being felt throughout the Church and in the lives of many individuals. As God's alternative to secular psychology, Biblical Counseling is an effective force in changing the lives of those who seek Him.

IABC is Training and Support

IABC promotes Biblical Counseling through seminars, conferences and workshops, encourages the development of Biblical research, and offers a counselor network for the exchange of information and client referral.

What is the process with IABC?

Membership

Membership for those desiring to be part of IABC does not require certification as a Biblical counselor. However, Membership is a prerequisite for becoming a Certified Biblical Counselor with IABC.

A member is not required to be active in a counseling ministry, but is included in the activities and benefits of the Association. Such benefits include updates on the issues related to Biblical Counseling, opportunities for you to grow through upcoming conferences, the IABC Newsletter, resources and tools useful for ministry, and much more. By being a member of this organization you will be assisting us in equipping the saints to do the work of the ministry.

Certification

IABC offers a rigorous, yet achievable program of certification for those members who meet the qualifications. Certification allows for counselors to meet a high standard of counseling excellence and Biblical integrity, promotes a uniform approach to counseling and provides cohesion in the Biblical Counseling movement.

A Certified Biblical Counselor is one who is a member in good standing and has completed all the requirements outlined in the Certification Booklet. If you are considering certification, please include a request for the certification manual when you submit your application for membership. Upon the approval of your membership, you may begin the certification process.

Note ... To obtain an Membership or Certification Booklet please contact I.A.B.C. at 303-469-4222
Introduction to Biblical Counseling