HOW DID YOU DIE?
Romans 6:1-6

Introduction: 1) Paul is explaining how grace does not allow us to continue in sin (what he means by continuing in sin is sinning like we did before we were justified by faith, sinning carelessly) 2) His basic explanation is that we cannot continue in sin because we died to sin when we were justified by faith 3) Then he begins to explain in a general way, how we died to sin and how we were changed in such a way that continuing in sin is not something we want to do. It is because we have been united with Christ, the result of this union is that whatever was true of Christ is now true of us. He died, we died, he was buried, we were buried, and he rose again and we rose again to live a new life. This is why we cannot continue sinning not caring what God thinks. 4) Verse 6 shifts from this general explanation to a more detailed explanation down to verse 11 where Paul explains in a detailed manner, how we died with Christ and how we rose with him. This morning we focus on verse 6, a detailed explanation of how we died with Christ and the results of having died with Christ. This further explains why it is impossible we continue sinning as we did before we were saved.

I. Who is the old man - Romans 6:6
   A. It is not the sin nature (those who think the old man is our sin nature end up believing in a doctrine of sinless perfection, we know this is not true because we still feel the power of sin working in us, Paul most often calls the sin nature, the flesh)
   B. The old man is what we were in Adam before we were justified by faith (everything here is in Romans 5)
      1. We were incapable of doing any good (Romans 3 and 8, even the Jews could not do any good because they sought a self-righteousness, many do that today in our culture, there is none righteous no not one because God only makes us righteous through faith in Christ not through any efforts on our part, this is
why God rejected Cain’s offering)

2. We had no relationship with God other than being his enemy (Romans 5, Adam experienced this and we experience what he experienced because of what Adam did in the garden)

3. We do not seek God on his terms but on ours (this is why it says no-one seeks after God)

4. We sin carelessly (Don’t care what God thinks and if we do care about sin it is only because of self-righteous reasons, wanting to earn God’s approval. God’s approval can only come from his son Jesus Christ and through faith in his atonement.)

5. We are condemned

6. We will die

II. What did God do with our old man

A. The old man is so evil and beyond repair that God chose to put him to death so he crucified him with Christ - Romans 6:6

B. God instead decided to make us a new person or new creation

1. This is why Jesus said you must be born again to see the Kingdom of God (the flesh is beyond repair)

2. This is why Paul explains that we are a new creation - 2 Corinthians 5:14-17

C. Why does it say we must put off the old man when he has been crucified - Ephesians 4:22-24

1. To put off the old man means there are still some of its old habits and attitudes still remaining and these we need to put off and put on new habits and attitudes

2. We can put off the old man and put on the new man because God has crucified the old man and made us a new person. God doesn’t just change what we do, he has changed who we are, and this is the basis for a new way of living - (As a man thinks in his heart so is he)
III. The Results of the crucifixion of the old man
   A. That the body of sin might be rendered powerless - Romans 6:6
      1. The body itself is not evil (this produced the monastic life)
      2. It is called the body of sin because sin lives in it - Romans 7:17,18 (this is why we still struggle with sin)
      3. It is destined to die and then raised again this time without sin in it - Romans 8:23
   B. that we would no longer be the slaves of sin
      1. We can now please God - Romans 8:8,9 (through the gift of faith)
      2. We now have a relationship with Christ - John 6:44; John 1:12 (sin enslaves us but God’s power frees us)
      3. We no longer sin carelessly - 1 John 3:8,9
      4. We are no longer condemned - Romans 8:1
      5. We will never die - John 6:47; 11:25,26

Conclusion: Now here is Paul’s argument, God has crucified who you were before you were justified by faith, he has made you a new person with a new relationship with him, he has put you in union with his son, he has forever changed who you are, now you are a person who wants to and can please God through faith, you now hate sin rather than love it, you are no longer condemned, and you will never die, now tell me Paul says, how can such a person like this continue living like he did before he was saved. Obviously, he can’t because he is not the same person anymore. This is Paul’s message, new living is based on God making you a new person. He always changed who you are before he changes what you do. If you want to change your life, you have to come to grips and believe who God says you are and when you begin believing it you will begin to live differently. This is something Paul says is vital to know.