

## Deb Bowman – Making a Difference



Deb Bowman – Healthy Choices Caring Communities Secretary,  
and Opiate Taskforce Chair

### **Tell me a little bit about yourself.**

*I am currently the Emergency Department Manager at Fulton County Health Center. I have worked at FCHC for the past eight years in various departments. I acquired both my Associates Degree in Nursing and my Bachelor of Science in Nursing from Ohio University. I have been a volunteer for the Free Clinic of Fulton County.*

*I have been married 24 years to Brian and we have two boys. We have lived in Fulton County for the past 16 years on a small farm north of the fairgrounds. We enjoy spending time together riding our tandem bikes, working on the farm with the animals, and gardening. I grew up on a dairy farm in Indiana and enjoy the farming community here in Fulton County.*

### **What do you do in relation to the coalition?**

*I have been a coalition member of Healthy Choices Caring Community for a little over a year. This year I am the Secretary for the coalition and have recently taken on the position as chair of the Opiate Task Force.*

### **Why you are involved in our coalition?**

*I am involved in HC3 because I feel it is important to provide education to youth in our county about the risky behaviors of experimenting with substances and the long term effects substance abuse can have on a life and the surrounding family. HC3 provides opportunities for our youth to participate in leadership roles and healthy community events. This is important as the future of Fulton County depends on our youth and the choices they make.*

### **What motivated you to get involved?**

*I started out on the committee to replace the previous ED manager as a representative for the healthcare sector on the coalition. Since then I have learned more about HC3 and the work they are doing in Fulton County to promote healthy choices for our young people. This has motivated me to stay involved and to become more actively engaged by participating as the chair of the Opiate Task Force. Working in an emergency department allows me to witness the damage that substance abuse can do to both the patient and their family. If we as a coalition can provide education and help.*

**Deb Bowman, a talented addition to the HC3 coalition, and the Opiate Taskforce!**