

Sunnyside News is a weekly publication designed to inform members and subscribers of our current news and events.

CHURCH LIFE

THANK YOU, SUNNYSIDE FAMILY

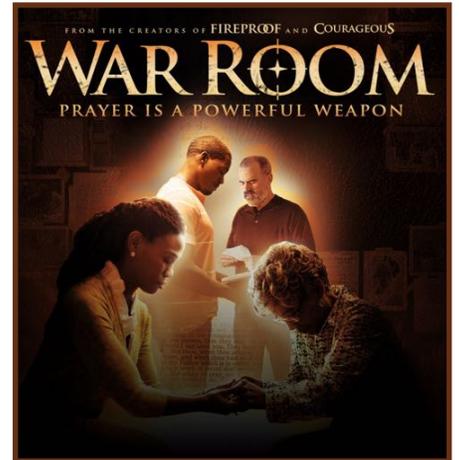
We would like to thank you for your prayers, cards, visits, and the beautiful flowers that you sent. We ask for your continued prayers for all concerned as Eric heals.

— The Mendibles Family

35 DAYS OF PRAYER

We are concluding the 35 Days of Prayer by showing the movie, "War Room" on March 19.

"War Room" is a Christian film about the power of prayer, which was released in theaters last Fall. Join us for vespers at 7:00 p.m., followed by the movie. Even if you did not attend the 35 Days of Prayer, you are more than welcome to attend. Invite your friends, family, neighbors and co-workers. No admission. Free child-care provided.



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SABBATH CELEBRATION

March 5, 2016

Sunnyside *Light*

9:00 – 9:50 A.M.

**“Crown Him
With Many Crowns” Medley**
“Spirit of the Living God” Medley

Prayer

Mike & Laurene Ward

Scripture

Mark 14:17-21

“The Betrayers”

Pastor Dennis Ray

Sunnyside Prime

11:15 A.M.

**“Crown Him
With Many Crowns” Medley**

Welcome

Pastor Tom Gearing

**“Come Just As You Are”
“Grace Like Rain”**

Giving Thanks

“Spirit of the Living God” Medley

Prayer

Leo & Angela Reijnders

**Central Valley
Christian Academy Choir**

Scripture

Mark 14:17-21

Malia Beckmann

“The Betrayers”

Pastor Dennis Ray

Benediction

THIS WEEK AT A GLANCE

Monday, March 7

35 Days of Prayer 5:30 p.m. (Sanctuary)
Women's Ministry: "Breaking Free" 6:00 p.m. (Youth Room)

Tuesday, March 8

Staff Meeting 1:00 p.m. (Pastor's Office)
35 Days of Prayer 5:30 p.m. (Sanctuary)

Wednesday, March 9

Community Services at McLane High School Noon
35 Days of Prayer 5:30 p.m. (Sanctuary)
Bulletin Info Deadline: bulletinstaff@sunnysidesda.org - 6:00 p.m.
Men's Ministry Group 6:30 p.m. (Youth Room)
Early Youth Bible Study 6:30 p.m. (Pastor Tom's Office)

Thursday, March 10

35 Days of Prayer 5:30 p.m. (Sanctuary)
Women's Tea Committee Meeting 5:30 p.m. (Piazza del Pane)

Friday, March 11

35 Days of Prayer 5:30 p.m. (Sanctuary)
Worship Band/Chorister Rehearsal 6:30 p.m. (Sanctuary)
Youth Vespers 6:30 p.m. (TBA)

Sabbath, March 12

Sunnyside Light: Worship Service 9:00 a.m.
SunnysideUp Café 10:00 a.m.
Sabbath School 10:00 a.m.
Sunnyside Prime: Worship Service 11:15 a.m.

This Friday

5:56 p.m.

SUNSET

Next Friday

6:02 p.m.

PREACHING SCHEDULE

March 12 - Pastor Ray

March 19 - Pastor Ray

March 26 - Pastor Ray

MONTHLY CONTRIBUTION SUMMARY

February Needs	\$30,125.00
Church Donations	27,686.14
Over (Short)	(2,438.86)
Year to Date	\$60,250.00
Donations Received	46,603.80
Over (Short)	(13,646.20)
Youth Pastor Fund	\$14,348.22

TITHE TO CENTRAL CALIF. CONFERENCE

February Tithe	\$20,619.81
Year to Date	\$43,316.38

THIS WEEK'S OFFERING

Local Church Budget

HEALTHY BYTES

As I am getting ready to hop on a plane for 15+ hours I am trying to protect myself from EMFs. What is an EMF Radiation? Electromagnetic Field Radiation. Do I understand it? NO. Do I believe it exists? YES. "EMFR is created by an accumulation of electrical charge. It permeates the world we live in but is invisible to the human eye. EMFR can be naturally occurring and is part of the Earth's Magnetic Field that orients a navigational compass. EMFR is also generated by natural phenomena such as thunderstorms." In addition to these natural sources, EMFR is emitted by artificial devices. Examples of human EMFR sources include:

- X-rays
- Radiowaves
- Television antennas
- Mobile phone base stations
- Cordless and mobile cell phones
- Microwaves

If you sleep with a cell phone or computer near your bed, it can disrupt your sleep, impair your memory and cognitive functions. These EMFRs have even been linked to infertility and Alzheimer's. The more time we spend on our cell phones and on our computers, the more exposure you get.

So what do we do to protect ourselves? Limiting your use of cell phones and computers is not always possible. There are devices you can use to block these radioactive waves from your person. You can put "energy blockers" on your electronics.

You can also eat more antioxidants in your food (*oh, you knew I was going to throw that in there!*) To prepare for my trip on this radioactive tube called a plane, I am upping my intake of antioxidant foods and supplements (*Juice Plus+ for me.*) I am taking extra on board as I fly. I am increasing my magnesium and phosphates. I am drinking bottles of water (*yes, my seatmate might not like that I have to make many trips to the toilet, but I am going to flush out toxins!*) I have ordered vegan meals to make sure I get the best food available while in flight. This is something you will need to research for yourself. The precautions I take, I feel, have made a difference in my travel. I make this trip often enough to know that it does help.

Well, I hear they are calling my flight number after a 4 hour delay in departure...better to know about problems before you take off for a 15 hour flight than while in the air. I hope to see all of you while I am "home." G'day mate! — Gale

For more information on healthy solutions and recipes,
contact Gale Bolinger at gale4health@yahoo.com or visit my blog at <http://gale4health.blogspot.com.au>
I would like to remind you that these "Healthy Bytes" are my own suggestions and not medical advice.
I get my references from many practical sources. Please read them with this in mind.

ANNOUNCEMENTS

UPCOMING EVENTS

Save These Dates!

The "Last Supper" Experience
March 25

Sonrise Service
March 27

Cycling for Community Services
April 17

Women's Ministry Tea
May 1

CHOIR MEMBERS WANTED

We are in the process of putting a choir together for our Easter service on March 26. If you have a heart and talent for singing and would like to be part of this special worship service, please text Ken Mitchell (907-1306).

A rehearsal schedule will be announced, soon.

PRAYER REQUESTS

Please remember the following in our church family in your prayers:

- Merrick, Michael, & Brandi Akins
- Susan Barrick
- Judi Krogstad
- Ben Liu
- Eric Mendibles
- Bernadette Randall
- Willie & Joyce Reimer

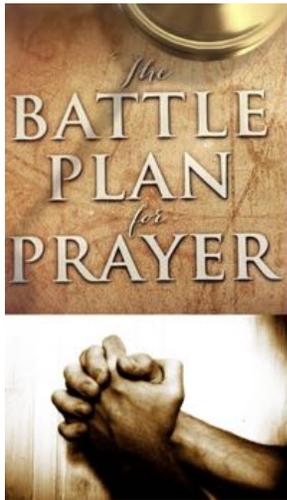
POTLUCK – THIS SABBATH

Join us for our church family potluck.

A-K: please bring crockpots and dessert;
L-Z: please bring crockpots and salad.

Potluck is a great time to fellowship with old friends and to make new ones. So fill your crockpot with your favorite soup or entrée and we'll see you Sabbath.

It is extremely helpful to the potluck committee if your name is on your dish or container.



35 DAYS OF Prayer

Join us...
The purpose is to grow our individual and congregational faith through prayer.

Continues thru
March 18
5:30 – 6:30 p.m.

Meetings will be held in the sanctuary
Monday through Friday;
no weekend meetings.

The book we are reading together is
"The Battle Plan for Prayer."

CYCLING FOR COMMUNITY SERVICES
APRIL 17



We are organizing our 2nd annual cycling fundraiser. This year we are raising funds for the Community Services Building. If you would like to sponsor this event, please contact the church office, 229-5501.

14 DELEGATES NEEDED

The Fresno Adventist Academy Constituency Session will be held on Sunday, April 10, at 10:00 a.m. in the Ricchiuti Auditorium on campus located at 5397 East Olive Avenue. Sunnyside Church is in need of delegates to represent our congregation at the constituency session. If you would like to serve, please contact the church office at 559-229-5501 or churchoffice@sunnysidesda.org.

CENTRAL CALIFORNIA CONFERENCE

JOB POSTINGS

Graphic Artist: Required qualifications include knowledge of Adobe InDesign, Photoshop, and Illustrator; a degree in graphic arts or graphic design, Bachelor's degree preferred. Must have strong computer and customer service skills. Desired qualifications include knowledge of web design and photography. To apply, please send cover letter, application, resume and portfolio to Human Resources. **Please respond by 5:00 p.m., March 8.**

Occasional Workers: Skills needed are Word, Excel and some accounting knowledge. Knowledge of general office machines. This is a call-in position when needed.

Full-Time Administrative Assistant: The Education Department is seeking a full-time administrative assistant. Must have strong skills in computers, organization, customer service, supervisory, human resources, payroll and understanding of budgeting and financial statements. Must have thorough understanding of the Adventist education system and desire to be of service. College degree preferred or equivalent in work experience.

To apply for any of these positions, please send cover letter, application and resume to Human Resources. Link for application: <https://ccchr.adventistfaith.org/hr-resources-forms> By email: lbarron@cccsda.org or fax 559-347-3062 or mail PO Box 770, Clovis, CA 93613. Must be a Seventh-day Adventist with regular church attendance.

CCC GIRLS' & GUYS' RETREATS
APRIL 22-24

To register and to get the details logon to the following sites:

- Guys**
WarriorRising.eventbrite.com
- Girls**
meremanliness.eventbrite.com

This cost is \$65 – ages 13-17
Register by March 15

MUSIC & PRAISE MINISTRY

Join Sunnyside's Afternoon Music & Praise Ministry as we share songs and verse with the folks in care homes. All are welcome!

This Sabbath
Pacific Gardens
577 S. Peach Ave



Western Theme!

Fresno Adventist Academy

Sunday, March 13
11:00a.m. – 3:00p.m.

International Food Booths
donated by the area churches

Game Booths
coordinated by FAA classes

Fun Prizes

Car Wash

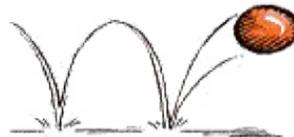
Basket Silent Auction

Book Fair

Organic Farm Produce

5397 E. Olive Ave – Fresno

GETTING TO KNOW OUR FAMILY & FRIENDS



**The Youth
enjoyed
last Sabbath
afternoon
at Woodward
Park.**



CHURCH ADDRESS

5375 North Maroa Avenue
Fresno, CA 93704

Phone: 559.229.5501

Fax: 559.229.5502

email: churchoffice@sunnysidesda.org

website: www.sunnysidesda.org

Office Hours

Tuesday – Friday

10:00 a.m. – 3:30 p.m.

HAPPY BIRTHDAY TO...

Kayce Frazer (3/5)

Ryan Franco (3/6)

Sairene Patterson (3/6)

Branden Wheeler (3/6)

Maria Kidwell (3/7)

Mason Liu (3/7)

Shelbi Alferd (3/9)

Dawn Haldeman (3/9)

Printess Schlist (3/9)

Katherine Messing (3/10)

Joey Osborne (3/10)

Linda Slusher (3/10)

Meghan Mendibles (3/11)

THE LAST WORD

“Wisdom is supreme — so get wisdom. And whatever else you get, get understanding” (Prov. 4:7 HCSB). Not many things in life come with this kind of endorsement. Whatever else you get. Whatever else you do. Yet anytime we hear this kind of ultimatum, we know something important is about to be said. And when God is the One who’s making the proclamation through His Word, you can be sure His advice is worth heeding.

Acquiring wisdom, He says, is of “supreme” importance. And prayer is one of the keys that unlocks it. In fact, prayer yields wisdom, and then wisdom yields better prayer.

Wisdom is the ability to apply knowledge to a given situation. Making the best choices with the data you have. To take what you know and make it work really well. To make your relationships work. To make your money work. To make grand-slam, home-run decisions about friendship, marriage, and parenting. Wisdom helps the secrets of the whiz to take root in the hearts of the dumb. It guides you to do the ethically right thing in the morally right way. It unlocks everything — things that used to seem like a mystery. When faced with dilemmas that once sent you swerving out of control, wisdom helps you locate the straight, sure path, so that *“when you walk, your steps will not be hindered; when you run, you will not stumble” (Prov. 4:12)*. You’ll be able to look back on vital moments of decision and see that you were protected from rashness and folly.

Wisdom is what we need. It helps you see things from God’s eternal perspective, understand the cause and effect of a decision, and constantly learn from any situation. And God, knowing this, promises to give wisdom to those who “ask” Him for it. That word in James 1:5 not only carries the idea of asking, but of begging, calling out for something, craving it. God promises to give wisdom “generously” — especially to those who *“seek [it] like silver and search for [it] like hidden treasure” (Prov. 2:4)*. We should want it, and want it badly.

— taken from “The Battle Plan for Prayer” by Stephen & Alex Kendrick

**HAPPY ANNIVERSARY
TO...**

Bill & Marla Hartman (3/10)