

Sunnyside News is a weekly publication designed to inform members and subscribers of our current news and events.

CHURCH LIFE

THE BLESSING OF GRANDPARENTS

September 7 is National Grandparents Day.

More than 35 years ago, President Jimmy Carter proclaimed that National Grandparents Day would be celebrated annually on the first Sunday after Labor Day.

The push for such a holiday was headed by Marian McQuade, whose intention was to focus on seniors living in nursing homes wanting companionship. She envisioned it being a family day that affirms the identity and importance of grandparents and the vital role they play in our families.

September was chosen to signify the "autumn" years of life. Ever since, our nation has been honoring the special bond between grandchildren and grandparents. In part, the proclamation reads:

Grandparents are our continuing tie to the near-past, to the events and beliefs and experiences that so strongly affect our lives and the world around us. Whether they are our own or surrogate grandparents who fill some of the gaps in our mobile society, our senior generation also provides our society a link to our national heritage and traditions.

We all know grandparents whose values transcend passing fads and pressures, and who possess the wisdom of distilled pain and joy. Because they are usually free to love and guide and befriend the young without having to take daily responsibility for them, they can often reach out past pride and fear of failure and close the space between generations.

Many of us have or have had the blessing of experiencing the love and wisdom that only comes from the hugs, the reassuring smile or the humorous but timeless words of a grandparent. This weekend some of us will celebrate memories and others will call, share a laugh, enjoy a meal, or just share a quiet moment with these wonderful people we call grandparents. We thank God for them and how they have helped shape our lives.

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SABBATH CELEBRATION

September 6, 2014

Sunnyside Light
9:00 – 9:50 A.M.

**“Lord, I Lift
Your Name on High”
“Come Just As You Are”**

Prayer
Bruce Eckhart

Scripture: Genesis 11:27–12:5

“The Call of God”
Pastor Dennis Ray

Sunnyside Prime
11:15 A.M.

**“Lord, I Lift
Your Name on High”**

Welcome
Pastor Dennis Ray

“Shine, Jesus, Shine”

Giving Thanks

Baptism
of
Grace Elizabeth Frede

**“Grace Like Rain”
“Come Just As You Are”**

Prayer
Bruce Eckhart

“Ancient Words”
Garry Clark

Scripture: Genesis 11:27–12:5

“The Call of God”
Pastor Ray

Benediction

THIS WEEK AT A GLANCE

Sunday, September 7

Youth Serve Breakfast at Creek Park Village 8:00 a.m.
Board Retreat 10:00 a.m. (Hartman home)

Monday, September 8

Women's Bible Study: "Children of the Day" 6:00 p.m. (Sanctuary)

Tuesday, September 9

Staff Meeting 1:00 p.m. (Pastor's Office)

Wednesday, September 10

Bulletin Info Deadline: bulletinstaff@sunnysidesda.org 6:00 p.m.
Men's Ministry Meeting & Study 6:30 p.m. (Youth Room)

Thursday, September 11

Church Board Meeting 6:30 p.m. (Pastor's Office)

Sabbath, September 13

Sunnyside Light: *Worship Service* - 9:00 a.m.
SunnysideUp Cafe - 10:00 a.m.
Sabbath School - 10:00 a.m.
Junior Baptismal Class - 10:00 a.m. (Pastor's Office)
Sunnyside Prime: *Worship Service* - 11:15 a.m.
Music & Praise Ministry - 2:30 p.m. Westgate Gardens in Visalia

SUNSET

This Friday
7:23 p.m.

Next Friday
7:13 p.m.

QR CODE FOR ONLINE GIVING

Access Sunnyside's secure online giving portal from your smartphone. Just scan this code with any barcode reader app and it will take you directly to our online giving site.



PREACHING SCHEDULE

September 13 - Leah Jordache

September 20 - Pastor Ray

September 27 - Pastor Ray

MONTHLY CONTRIBUTION SUMMARY

August Needs	\$29,860.00
Church Needs Donations	25,805.56
Over (Short)	(4,054.44)
Year to Date	\$238,880.00
Donations Received	180,173.54
Over (Short)	(58,706.46)

Associate Pastor Fund	\$15,241.00
Youth Pastor Fund	\$52,962.00

TITHE TO CENTRAL CALIF. CONFERENCE

August Tithe	\$25,783.05
Year to Date	\$208,975.80

THIS WEEK'S OFFERING

Local Church Budget

HEALTHY BYTES

Are You Normal?



I have been a vegetarian all my life...so I must be healthy, right? Then why, in my mid 40s, was I low on energy, having joint pain, and allergies? I was getting older so those things are normal, right? They are not NORMAL, they are COMMON. About 15 years ago I decided I needed to be healthier than just a vegetarian. I started eating more fruits and vegetables

and whole grains, stepped up my exercise (I parked further from the store and danced while I vacuumed), and I purposefully removed the junk from my diet. Within weeks I had more energy, within months my joint pain went away and my allergies practically disappeared. As a bonus my hair was thicker and my nails were no longer splitting.

Getting the junk out consisted of removing toxins from my diet: white flour, white sugar, white chemicals (MSG, Aspartame), white oils (hydrogenated oils) and dairy. Nobody is perfect and these still slip into my diet on occasion; however, if I am able to keep them out of my daily life, the old ailments do not return.

I am now NORMAL, which, it seems, is very UNCOMMON. Won't you join me?

For more information on healthy solutions and recipes, contact Gale Bolinger at gale4health@yahoo.com or visit my blog at <http://gale4health.blogspot.com.au> I would like to remind you that these "Healthy Bytes" are my own suggestions and not medical advice. I get my references from many practical sources. Please read them with this in mind.

BAPTISMAL CLASSES

Pastor Dennis will teach a baptismal class for young people ages 10–13. The class will meet during Sabbath School, from **10:00 to 11:00 a.m., on September 13, 20, and 27**. There is no cost to attend. To register your child, please contact Pastor Dennis at 647-9485 or dennis@sunnysidesda.org.



POTLUCK - THIS SABBATH

Join us **Sabbath** for our church family potluck. Families with last names beginning **A–L please bring sandwiches; M–Z please bring salads. Please DO NOT bring casseroles this month.** The Potluck committee will provide dessert.

Potluck is a great time to fellowship with old friends and to make new ones. It is extremely helpful to the potluck committee if you put your name on your dish or container.

JUNIOR PARENT MEETING

Join us for a parents and teachers meeting during potluck in the Junior Room **this Sabbath**. We will discuss and plan the September 20 worship service program that the Junior class will be in charge of. We will also plan the teaching schedule for the next quarter, and any social activities we'd like to do. Come with your suggestions and your willingness to volunteer.

YOUTH PARENT MEETING

Our monthly parent meeting and planning session will resume at the next church potluck **this Sabbath**. We will meet in the Kindergarten classroom. We've taken the summer off, so we have a lot of catching up to do with one another and we have upcoming events we need to plan and discuss. So, grab your plate at potluck and join us!

YOUTH NEWS

Parent Meeting - this Sabbath: We will meet in the Kindergarten room during potluck.

Pancake Breakfast for Elderly - this Sunday: We are going to meet at 8:00 a.m. at Creek Park Village Retirement Community - 350 Minnewawa, Clovis. We will serve with the assistance of Cheryl Colombini. If you'd like to donate food for the breakfast, please text Angela (994-5502).

Youth Vespers - September 26: We're meeting at Devin Ray's house - 6:30 p.m.



Sabbath School Teaching Schedule

September 6: (volunteer needed; contact Vicky Turley: 790-2333)

September 13: Gabe Wiest

September 20: Leo & Angela Reijnders

September 27: Gilbert Barr

DO YOU HAVE A PASSION FOR PRAYER?

You are invited to the Prayer Ministries Training featuring Dr. Joseph Kidder from Andrews University, **October 24–26** at Camp Wawona. There is a \$50 fee per person or FREE if your pastor or head elder is also attending. Meals provided Friday evening through Sunday noon. Please bring your own bedding and towels. Register with Pat Curtis at 642-2396 ASAP to secure your spot.

AN EVENING OF INSPIRATIONAL MUSIC

Sunnyside Grace and well-known Christian artist, JD Miller, will be performing an inspirational evening of music on **Friday, September 19 at 7:00 p.m.** at the church. No admission; a freewill offering will be taken. You will be blessed!

FUNDRAISER LUNCHEON

Sunnyside Youth Mission Trip

Our Youth are inviting family, friends, neighbors and everyone they know to a fun fundraiser luncheon on **October 5 - 1:00 p.m.** and they'd like their church family to attend as well. The afternoon will include a scrumptious lunch prepared by Cheryl Colombini and served by the Youth, music from Arland Finney and his band, presentations from our teens and a special treat that you'll have to see to believe. The event will take place in the Hope Lutheran Community Center - 364 E. Barstow. Tickets are \$25 per person. Call the church office (229-5501) to RSVP. Save the date and spread the word!

MUSIC AND PRAISE MINISTRY

Come join Sunnyside's Afternoon Music & Praise Ministry each Sabbath afternoon as we share songs and verse with the folks in care homes. You can sing along, share a scripture, or simply chat with the residents. All are welcome! For more information contact Joseph Zenith: 289-5611 or mjzenith@gmail.com.

This Sabbath

Orchard Park

675 W. Alluvial, Clovis – 2:30 p.m.

Next Sabbath

Westgate Gardens

4525 W. Tulare, Visalia – 2:30 p.m.

FALL OPEN HOUSE



**Adventist
Book Center**

You are invited to the Adventist Book Center, 2820 Willow Ave.,

Clovis, **Sunday, September 21, 10:00–4:00** for their Fall Open House & Food Sale. Details should be in your mailbox soon! These are the offers you'll find: "\$10 @ 10 a.m.!" First 100 customers receive \$10 in ABC Cash (valid for purchases on that day only); Truckload Food Sale — save \$21 when you buy seven cases or \$42 when you buy 13+ cases of Loma Linda, Worthington, and MorningStar Farms products; Free Lunch (11:00–2:00); Enter-&Win Drawings for \$25, \$50, and \$75 gift certificates! Bring the whole family!

GETTING TO KNOW OUR FAMILY & FRIENDS

Baby Dedication of Maya Isabell Barcoma



CHURCH ADDRESS

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email: churchoffice@sunnysidesda.org

website: www.sunnysidesda.org

Office Hours

Tuesday – Friday

10:00 a.m. – 3:30 p.m.

THE LAST WORD

“When we claim and constantly reclaim the truth of being the chosen ones, we soon discover within ourselves a deep desire to reveal to others their own chosenness. Instead of making us feel that we are better, more precious or valuable than others, our awareness of being chosen opens our eyes to the chosenness of others. That is the great joy of being chosen: the discovery that others are chosen as well. In the house of God there are many mansions. There is a place for everyone - a unique, special place. Once we deeply trust that we ourselves are precious in God's eyes, we are able to recognize the preciousness of others and their unique places in God's heart.”

— Henri J.M. Nouwen, *Life of the Beloved: Spiritual Living in a Secular World*

HAPPY BIRTHDAY TO...

Willie Barreto (9/6)
Dustin Batty (9/6)
Art Fernandez (9/6)
Ryan Ford (9/6)
Bob Gilbert (9/6)
Troy Goertz (9/6)
Janeen Palafox (9/6)
Aaron Johnson (9/7)
Kathryn Keener (9/7)
Kris Keener (9/7)
Kipp Swanson (9/7)
Arthur Mora (9/8)
Delbert Swederofsky (9/8)
Cody Hickman (9/10)
Leo Reijnders (9/10)
Adam Fernandez (9/11)
Gracie Frede (9/11)
Rhoda Goertz (9/11)
Deanna Donaghy (9/12)

**HAPPY ANNIVERSARY
TO...**

Kerry & Stephanie Carpenter (9/7)
Justin & Cynthia Moore (9/7)
Isa & Nichola Ribadu (9/7)
Daryl & Linda Slusher (9/8)
Mark & Janelle Ward (9/12)