

*Sunnyside News is a weekly publication designed to inform members and subscribers of our current news and events.*

## CHURCH LIFE



### ASHER IS HOME!

Taneshia went to the hospital yesterday to visit her babies and got a surprise 'gift'. The doctors released Asher to go home. Praise the Lord! There wasn't much sleeping in the Kerr home last night nor will there be in the nights to come. What a blessing for him to be home!

Although, it will still be a while before Achsah can go home, Taneshia says she is doing well. She is eating well and stable.

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# SABBATH CELEBRATION

## July 12, 2014

**Sunnyside** *Light*  
9:00 – 9:50 A.M.

“Tis So Sweet to Trust in Jesus”  
“Power in the Blood”

**Prayer**

Leo and Angela Reijnders

**Scripture:**

**Matthew 6:25-34**

“**R<sub>x</sub>** for Anxiety”  
Pastor Dennis Ray

## Worship Service

11:15 A.M.

“Tis So Sweet to Trust in Jesus”  
“Jesus, Lover of My Soul”

**Welcome**

Pastor Dennis Ray

**Giving Thanks**

“Power in the Blood”  
“Amazing Grace,  
My Chains Are Gone”

**Prayer**

Leo and Angela Reijnders

**Scripture: Matthew 6:25-34**

“The Midnight Cry”  
Jim Robison

“**R<sub>x</sub>** for Anxiety”  
Pastor Ray

**Benediction**

### THIS WEEK AT A GLANCE

**Sunday, July 13**  
Music & Praise Ministry - Westgate Gardens (in Visalia)  
3:00 p.m.

**Wednesday, July 16**  
Bulletin Info Deadline: [bulletinstaff@sunnysidesda.org](mailto:bulletinstaff@sunnysidesda.org) 6:00 p.m.

**Thursday, July 17**  
CCC Camp Meeting opening night (through July 26) 7:00 p.m.

**Sabbath, July 19**  
Sunnyside Light - 9:00 a.m.  
SunnysideUp Café - 10:00 a.m.  
Sabbath School - 10:00 a.m.  
Worship Service - 11:15 a.m.  
Music & Praise Ministry - Madera Nursing 2:30 p.m.

### SUNSET

This Friday 8:20 p.m.      Next Friday 8:17 p.m.

**QR CODE FOR ONLINE GIVING**



Access Sunnyside's secure online giving portal from your smartphone. Just scan this code with any barcode reader app and it will take you directly to our online giving site.

### PREACHING SCHEDULE

July 19 - Jim Robison  
July 26 - Gloria Ferrer  
August 2 - Leah Jordache

### MONTHLY CONTRIBUTION SUMMARY

<b>July Needs</b>	<b>\$29,860.00</b>
Church Needs Donations	7,397.02
Over (Short)	(22,462.98)
<b>Year to Date</b>	<b>\$209,020.00</b>
Donations Received	139,707.52
Over (Short)	(69,312.48)
<b>Associate Pastor Fund</b>	<b>\$20,002.76</b>
<b>Youth Pastor Fund</b>	<b>\$50,502.00</b>

### TITHE TO CENTRAL CALIF. CONFERENCE

<b>July Tithe</b>	<b>\$7,506.00</b>
<b>Year to Date</b>	<b>\$159,549.51</b>

### THIS WEEK'S OFFERING

**Women's Ministries**



## Celery

## HEALTHY BYTES

Celery is a strongly alkaline food that helps to counteract acidosis, purify the bloodstream, aid in digestion, prevent migraines, relax the nerves, reduce blood pressure, and clear up skin problems. Celery contains compounds called coumarins which are known to enhance the activity of certain white blood cells and support the vascular system. Celery's rich organic sodium content has the ability to dislodge calcium deposits from the joints and holds them in solution until they can be eliminated safely from the kidneys. Celery is a well known natural diuretic and has ample ability to flush toxins out of the body. Celery also has significant anti-inflammatory properties making it an essential food for those who suffer from auto-immune illnesses. It also contains significant amounts of calcium and silicon which can aid in the repair of damaged ligaments and bones. Celery is rich in vitamin A, magnesium, and iron which all help to nourish the blood and aid those suffering from rheumatism, high blood pressure, arthritis, and anemia. Fresh celery juice is one of the most powerful and healing juices one can drink. Just 16 oz of fresh celery juice a day can transform your health and digestion in as little as one week. Celery has always been on top of my most disliked vegetable list (yes, even I have a list), however, I have found that it actually tastes good in a drink...so if you also do not like celery, try to work it into your diet somewhere. It is an obvious purifier that we can all benefit from. I'll try it if you will.

For more information on healthy solutions and recipes, contact Gale Bolinger at [gale4health@yahoo.com](mailto:gale4health@yahoo.com) or visit my blog at <http://gale4health.blogspot.com.au> I would like to remind you that these "Healthy Bytes" are my own suggestions and not medical advice. I get my references from many practical sources. Please read them with this in mind.

## MUSIC AND PRAISE MINISTRY

Come join Sunnyside's Afternoon Music & Praise Ministry each Sabbath afternoon as we share songs and verse with the folks in care homes. You can sing along, share a scripture, or simply chat with the residents. All are welcome! For more information contact Joseph Zenith: 289-5611 or [mjzenith@gmail.com](mailto:mjzenith@gmail.com).

### This Sabbath:

Horizon Sub-Acute & Health Center  
3034 E. Herndon Ave. – Fresno – 2:30 p.m.

### Sunday (July 13):

Westgate Gardens  
4525 W. Tulare – Visalia – 3:00 p.m.

### Next Sabbath (July 19):

Madera Nursing and Rehab  
517 S. A Street – Madera – 3:00 p.m.

We would like to have at least two or three groups of children, youth, and adults going so that we can spread out. The residents look forward to the interaction and having someone to talk to, and they ask "when will they come back?"

## SAVE THE DATE

Shaver Lake Sabbath is coming - August 16!

## FLOWERS FOR THE SANCTUARY

Flowers add warmth and beauty to the worship service. Your donation of \$75 provides a beautiful arrangement. Call the church office (229-5501) if you'd like to donate a floral arrangement in honor of a loved one, a birthday, an anniversary, or just because.



## YOUTH NEWS

**Beach Retreat - this Weekend:** Many of the Youth are headed to Morro Bay for the weekend. However, **Sabbath School will be open: Gabe Weist is teaching.**

**Fundraiser Work Bee - July 20:** Every work bee puts us that much closer to our fundraising goal for the mission trip. Get the details from Vicky Turley (790-2333).

**Pancake Breakfast for Elderly - August 3:** A new service project. Watch for more details.



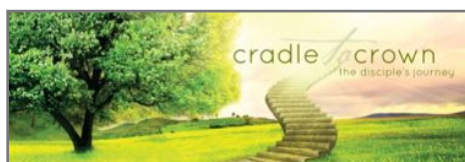
Our next Soul Sister Bible Study will be **Mondays, July 28 through October 27**. Join us with Beth Moore and walk the shores of Thessalonica with this verse-by-

verse Bible study of 1 and 2 Thessalonians. Children of the Day sheds light on the relationships shared by those who comprise the church. You will gain assurance that your circumstances and conditions are not coincidental. God's timing is impeccable! Whether you're facing family crises, medical diagnoses, relationship troubles, doubts, or fears, you will receive encouragement for living the Christian life now and hope for when Christ returns. To watch the trailer visit <http://bcove.me/znzpio2g>.

*"You are children of the light  
and children of the day. We do not belong to  
the night or to the darkness."  
1 Thessalonians 5:5*

## CCC

## 134<sup>TH</sup> CAMPMEETING CALENDAR



**July 11-12** Prayer Partner Weekend

**July 17** Opening Night 7pm

**July 18** Early Devotional 6:30am ❖ Evening Meeting 7pm

**July 19** Adult Sabbath School 9am ❖ Worship 10:45am (Speaker: Henry Wright)

❖ African American Ministries Sponsored Meeting 3pm (Speaker: Deblaire Snell)

❖ Evening Meeting 7pm

**July 20** ABC Book Sale 4pm

**July 21-25** Early Devotional 6:30am ❖ Morning Meeting 11am ❖ Evening Meeting 7pm

❖ Health Seminar 9am & 2pm ❖ Seminars 9am, 2 & 4pm ❖ Mini-Concerts 6:30pm

**July 26** Adult Sabbath School 9am ❖ Worship 10:45am (Speaker: Ted Wilson) ❖ Heritage

Singers Concert 3pm ❖ Baptisms 5:15pm ❖ Closing Meeting 7pm

For more information go to [ccc.adventist.org/campmeeting](http://ccc.adventist.org/campmeeting)

## CAMP MEETING SINGLES

Soquel Camp Meeting Singles Potluck, **July 19 at 2:00** in the Small Auditorium and Singles Social, at **9:00 p.m.** in the Small Auditorium. In past years individuals have arrived one at a time and promptly left because they were the only one there. Please don't short yourself on an opportunity for fellowship. Hang around until everyone shows up!

## FROM SURVIVAL TO REVIVAL

**July 17-27** at Soquel Camp Meeting Collegiate/Young Adult. This year, we'll explore what it really means to have new life – a life that makes a difference, a life that gives and serves, a life full of meaning. Great speakers, inspiring music, powerful testimonies, beach vespers and bonfire, small groups, and an "Ask Anything" panel for Sabbath School, July 26. Download the app for smartphones and tablets: <http://bit.ly/SoquelAndroid> or <http://bit.ly/soqueliO>



## VALLEY SINGLE ADVENTISTS

We have started out as a small group, but hope to grow. Please join us. [www.valleysingleadventists.com](http://www.valleysingleadventists.com); 347-3142; email us at: [ministries@cccsda.org](mailto:ministries@cccsda.org) or [valleysingleadventists@gmail.com](mailto:valleysingleadventists@gmail.com). This Sunday at 4:00 p.m., we will go to Forestiere Underground Gardens. Please RSVP so we can make reservations for the group. Arrive on time for 4:00 p.m. tour - first come/first serve. Forestiere Gardens contact info: 271-0734; [www.undergroundgardens.com](http://www.undergroundgardens.com).

**CHURCH ADDRESS**

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**THE LAST WORD****HAPPY BIRTHDAY TO...**

Julie Goodwin (7/12)  
Sierra Mendibles (7/12)  
Taylor Vaughn (7/13)  
Carol Wagenleitner (7/13)  
Victoria Wiest (7/13)  
Ian Batty (7/14)  
Adrian Messing (7/14)  
Jean Campomanes (7/15)  
John Djabrayan (7/16)  
Shelley Hudler (7/16)  
Carla Kincaid (7/16)  
Tami Pafford (7/16)  
Shayla Burkhart (7/17)  
Shayla Castanaza (7/17)  
David Crouch (7/17)  
Gabriel Wiest (7/17)

**HAPPY ANNIVERSARY  
TO...**

Art & Nancy Fernandez (7/13)  
Robert & Diana Mora (7/13)  
Rollie & Barbara Mitchell (7/18)