

FRESNO
SUNNYSIDE
SEVENTH-DAY
ADVENTIST
CHURCH

SunnysideNews

WEEKLY NEWSLETTER

July 3, 2014

Sunnyside News is a weekly publication designed to inform members and subscribers of our current news and events.

CHURCH LIFE

Have a safe and enjoyable 4th of July celebration!



In this week's issue...

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Worship

Learn

Connect

Serve

SABBATH CELEBRATION

July 5, 2014

Sunnyside Light
9:00 – 9:50 A.M.

“People Get Ready”
“It Is No Secret”

Prayer
Gloria Ferrer

Scripture:
Matthew 6:19-24

“Beyond Moth, Rust, and Robbers”
Pastor Dennis Ray

Worship Service
11:15 A.M.

“People Get Ready”
“It Is No Secret”

Welcome
Pastor Dennis Ray

“What Wondrous Love – Medley”

Giving Thanks
Gloria Ferrer

“There Is a Balm in Gilead – Medley”

Prayer

Scripture: Matthew 6:19-24
Linda Messing

“I Am”
Bob and Yvette Gilbert

“Beyond Moth, Rust, and Robbers”
Pastor Ray

“Change Your Heart to Change Your Mind”
Nancy Isaacs and Mylinda Finney

Benediction

THIS WEEK AT A GLANCE

Tuesday, July 8

Staff Meeting 1:00 p.m.

Wednesday, July 9

Community Services Distribution (by appointment only)

Bulletin Info Deadline: bulletinstaff@sunnysidesda.org 6:00 p.m.

Thursday, July 10

Church Board Meeting - Pastor's Office - 6:30 p.m.

Friday, July 11

Youth Beach Weekend (July 11-13) Pismo Beach

Sabbath, July 12

Sunnyside Light - 9:00 a.m.

SunnysideUp Café - 10:00 a.m.

Sabbath School - 10:00 a.m.

Worship Service - 11:15 a.m.

Music & Praise Ministry - Horizon Health 2:30 p.m.

SUNSET

This Friday
8:22 p.m.

Next Friday
8:20 p.m.

QR CODE
FOR ONLINE GIVING



Access Sunnyside's secure online giving portal from your smartphone. Just scan this code with any barcode reader app and it will take you directly to our online giving site.

PREACHING SCHEDULE

July 12 - Pastor Ray

July 19 - Jim Robison

July 26 - Gloria Ferrer

MONTHLY CONTRIBUTION SUMMARY

| | |
|------------------------------|---------------------|
| June Needs | \$29,860.00 |
| Church Needs Donations | 20,184.04 |
| Over (Short) | (9,675.96) |
| Year to Date | \$179,160.00 |
| Donations Received | 132,338.64 |
| Over (Short) | (46,821.36) |
| Associate Pastor Fund | \$24,765.11 |
| Youth Pastor Fund | \$45,172.00 |

TITHE TO CENTRAL CALIF. CONFERENCE

| | |
|---------------------|---------------------|
| June Tithe | \$22,184.84 |
| Year to Date | \$151,993.51 |

THIS WEEK'S OFFERING

Local Church Budget

HEALTHY BYTES

We've all heard the phrase: "all things in moderation." But, there are a handful of things where even moderation isn't good enough. The best choice is to stay away! Yes, you can buy them at the supermarket. These products are classified as 'safe', but to me they are not safe at all!



Artificial flavoring: Just because it tastes and smells like a strawberry does not mean that it is. Not only does strawberry flavoring not involve fresh strawberries, it doesn't have anything natural in it. The strawberry flavoring you get is a concoction of 50 separate chemicals and none of them have berry in the name. So that fast food milkshake you get from your favorite drive thru may not be what you had in mind. I don't think it even has milk in it!

Food dyes were created to make our food look prettier and healthier. For years there has been an effort (without success) to get the Food and Drug Administration to ban food dyes. Blue dyes are linked to cancer in animal tests, red dyes cause thyroid tumors in rats, green dyes are linked to bladder cancer and yellow dyes are linked to tumors of the kidneys and adrenal glands. All these colors are used in most processed, and packaged foods. The most worrying place to find them is in children's "treats." Take the Tropicana Twister Cherry Berry Blast, for example. This drink contains no berry or cherry juice, but has lots of the artificial dye, Red 40. But these are considered 'safe' so why not give them to our kids (insert sarcasm here _____).



Artificial sweeteners were invented to help people lose weight because they have zero calories, but they don't work. Artificial sweeteners make your body less able to regulate energy. This explains why you are STILL gaining weight even though you're exercising so much and eating so little.

If you are sensitive, you may notice they leave an awful taste in your mouth. There are much safer and healthier ways to reduce sugar intake and lose weight. (Hint: eat more fiber!)

For more information on healthy solutions and recipes, contact Gale Bolinger at gale4health@yahoo.com or visit my blog at <http://gale4health.blogspot.com.au> I would like to remind you that these "Healthy Bytes" are my own suggestions and not medical advice. I get my references from many practical sources. Please read them with this in mind.

MUSIC AND PRAISE MINISTRY

Come join Sunnyside's Afternoon Music & Praise Ministry each Sabbath afternoon as we share songs and verse with the folks in care homes. You can sing along, share a scripture, or simply chat with the residents. All are welcome! For more information contact Joseph Zenith: 289-5611 or mjzenith@gmail.com.

This Sabbath:

Vintage Gardens

540 S. Peach Ave. – Fresno – 2:30 p.m.

Next Sabbath (July 5):

Horizon Sub-Acute & Health Center

3034 E. Herndon Ave. – Fresno – 2:30 p.m.

We would like to have at least two or three groups of children, youth, and adults going so that we can spread out. The residents look forward to the interaction and having someone to talk to, and they ask "when will they come back?"

CHURCH OFFICE CLOSED

The church office will be closed **Friday, July 4** in observance of Independence Day.

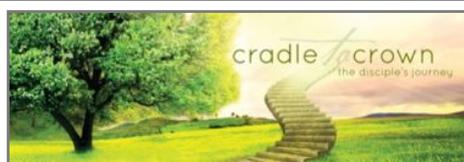


FLOWERS FOR THE SANCTUARY

Flowers add warmth and beauty to the worship service. Your donation of \$75 provides a beautiful arrangement. Call the church office (229-5501) if you'd like to donate a floral arrangement in honor of a loved one, a birthday, an anniversary, or just because.

FROM SURVIVAL TO REVIVAL

July 17–27 at Soquel Camp Meeting Collegiate/Young Adult. This year, we'll explore what it really means to have new life – a life that makes a difference, a life that gives and serves, a life full of meaning. Great speakers, inspiring music, powerful testimonies, beach vespers and bonfire, small groups, and an "Ask Anything" panel for Sabbath School, July 26. Download the app for smartphones and tablets: <http://bit.ly/SoquelAndroid> or <http://bit.ly/soqueliO>



CCC 134TH CAMP MEETING CALENDAR

July 11-12 Prayer Partner Weekend

July 17 Opening Night 7pm

July 18 Early Devotional 6:30am ✦ Evening Meeting 7pm

July 19 Adult Sabbath School 9am ✦ Worship 10:45am (Speaker: Henry Wright)

✦ African American Ministries Sponsored Meeting 3pm (Speaker: Deblaire Snell)

✦ Evening Meeting 7pm

July 20 ABC Book Sale 4pm

July 21-25 Early Devotional 6:30am ✦ Morning Meeting 11am ✦ Evening Meeting 7pm

✦ Health Seminar 9am & 2pm ✦ Seminars 9am, 2 & 4pm ✦ Mini-Concerts 6:30pm

July 26 Adult Sabbath School 9am ✦ Worship 10:45am (Speaker: Ted Wilson) ✦ Heritage

Singers Concert 3pm ✦ Baptisms 5:15pm ✦ Closing Meeting 7pm

For more information go to ccc.adventist.org/campmeeting

YOUTH NEWS

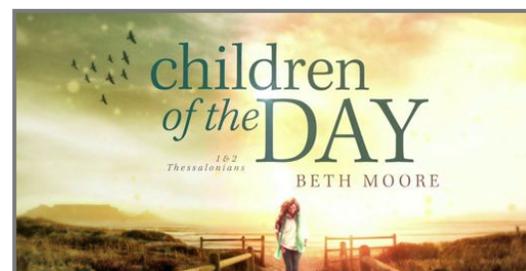


Fundraiser Workbee - July 6:

This Sunday we'll clean carpet and do yard work at two homes. Get the details from Vicky Turley (790-2333).

Beach Weekend - July 11-13: We're headed to Pismo Beach next weekend! Watch for more details from Vicky Turley.

Fundraiser Work Bee - July 20: We've got another work bee coming up in July. We'll let you know more, soon.



Our next Soul Sister Bible Study will begin on **Monday, July 28** and run through **Monday, October 27**. Join Beth Moore and walk the shores of Thessalonica with this verse-by-verse Bible study of 1 and 2 Thessalonians. Children of the Day sheds light on the relationships shared by those who comprise the church. You will gain assurance that your circumstances and conditions are not coincidental. God's timing is impeccable! Whether you're facing family crises, medical diagnoses, relationship troubles, doubts, or fears, they will receive encouragement for living the Christian life now and hope for when Christ returns. To watch the trailer visit <http://bcove.me/znzpio2g>.

*"You are children of the light
and children of the day. We do not belong to
the night or to the darkness."
1 Thessalonians 5:5*



CHANGE, RECIPES & WORK BEES FOR AFRICA

Please submit your favorite recipes to Loanne Soloniuk (soloniuk@sbcglobal.net) or Misty Cruz (mcruz@fcoe.org) for our cookbook fundraiser or drop them in the box marked "Recipes for Africa" in the foyer. Also, we will wash windows, do yard work, haul trash, clean carpets or just about any other big household chore on a Sunday that works for you - just sign up in the foyer...and, don't forget to collect your loose change for the Youth mission trip. Bring the filled jar as often as you like and empty it into the large jar in the foyer. On-the-spot donations of loose change are also appreciated. Thanks for supporting our mission trip to Tanzania, Africa.

GETTING TO KNOW OUR FAMILY & FRIENDS

YOUTH CAMPOUT FUN

Last Weekend the Youth had another campout at the Hartmans'. Who knew they'd have more fun than they had last year? Can they really call it a 'campout' if none of them actually slept?



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THE LAST WORD**A BIT OF HOLY HUMOR**

(compliments of Linda Slusher)

Good Samaritan

A Sunday school teacher was telling her class the story of the Good Samaritan. She asked the class, "If you saw a person lying on the roadside, all wounded and bleeding, what would you do?"

A thoughtful little girl broke the hushed silence, "I think I'd throw up."

Did Noah Fish?

A Sunday school teacher asked, "Johnny, do you think Noah did a lot of fishing when he was on the Ark?"

"No," replied Johnny. "How could he, with just two worms."

The Lord is My Shepherd

A Sunday School teacher decided to have her young class memorize one of the most quoted passages in the Bible - Psalm 23. She gave the youngsters a month to learn the chapter. Little Rick was excited about the task - but he just couldn't remember the Psalm. After much practice, he could barely get past the first line.

On the day that the kids were scheduled to recite Psalm 23 in front of the congregation, Ricky was so nervous. When it was his turn, he stepped up to the microphone and said proudly, "The Lord is my Shepherd, and that's all I need to know."

HAPPY BIRTHDAY TO...

Harriet Shimmin (7/5)
Jaden Burkhardt (7/7)
Don Fournier (7/7)
Elijah Lee (7/7)
Azairah Lelaind (7/7)
Nicole Piñon (7/7)
Tonya Priest (7/7)
Alexandria Rodriguez (7/7)
Laurene Ward (7/7)
Sadalia Lelaind (7/8)
Nicholas Messing (7/8)
Cambriya Marshall (7/9)
Alex Walker (7/9)
Mike Frazer (7/10)
Teresa Tolmosoff (7/10)
Austin Branson (7/11)
Shelly Clement (7/11)
Lana Patterson (7/11)

**HAPPY ANNIVERSARY
TO...**

Neal & Isela Reza-Rogers (7/9)
Anthony & Feliciana Wong (7/11)