

Sunnyside News is a weekly publication designed to inform members and subscribers of our current news and events.

CHURCH LIFE

JUNIOR CLASS UPDATE

We are currently having difficulty finding enough teachers for the Junior Division Sabbath School class. Last Sabbath, we had to close the Junior Division due to a lack teachers; however, we will have a Junior class this Sabbath, April 19, because Jerma Palafox has volunteered to teach. For the remainder of April and May, we have teachers scheduled for April 26, May 17, and May 31. However, we do not have anyone scheduled to teach on May 3, 10, or 24.

Unfortunately, sending the Juniors to other Sabbath School classes is not a good option. Over the past two months, there have been several Sabbaths on which we did not have a teacher in the Junior Division, so we sent the Juniors to the Early Youth class. However, this resulted in a negative Sabbath School experience for both the Juniors and Early Youth. We also investigated the possibility of the Juniors joining the Primary Division, but the Primary class is at capacity so there is not enough space to accommodate a combined class. There will be a meeting for Junior Division parents on May 17, immediately following the worship service, to discuss the future of the Junior Division.

Please pray that God will send us a team of leaders and teachers for the Junior Division. If you are interested in teaching the Junior Division on May 3, 10, or 24, please contact Pastor Dennis (dennis@sunnysidesda.org or 647-9485).

TANESHIA AND THE TWINS

Wednesday morning around 4:30, Taneshia's water broke and she went into full pre-term labor. Her doctor chose to perform a c-section as the babies would stand a better chance of surviving if they delivered. Asher Ezekiel (*which means happy; for I am strengthened by God*) was born at 6:29 a.m. and weighed 1 lb, 12 oz. Achsah Kareen (*which means a pure beautiful maiden*) was born at 6:30 a.m. and weighed 1 lb, 13 oz. Although the twins are 14-weeks early, their lungs are strong enough for them to breathe on their own. Taneshia said they both cried at birth; a wonderful blessing! The twins have a long road of growth and development ahead. Tim and Taneshia ask for our prayers. Taneshia is recovering well and could be released from the hospital on Saturday. She welcomes your texts or you may visit her at Fresno Community Regional Medical Center.

PASSING OF LINDA SLUSHER'S MOTHER

"Mom will spend this Easter with our amazing Father. She slipped gently into the arms of Jesus Friday morning April 11. Her face would light with a beautiful smile each time I mentioned her going to be with Jesus and my dad. God gave us a perfectly beautiful day yesterday to celebrate her life and rejoice. Many thanks to our loving family at Sunnyside for the beautiful prayer plant, wonderful support, prayers, texts, e-mails and cards. What a wonderful gift to know that my most precious ones will be waiting in heaven when I too come to see the King."

*In His wonderful love,
Linda and Daryl Slusher (& Lisa Scitutto)*

In this week's issue...

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SABBATH CELEBRATION

April 19, 2014

Sunnyside *Light*

9:00 – 9:50 A.M.

“There Is Sunshine”
“Seek Ye First”

“Reflections of the Cross”
Prayer

Bruce Eckhart

Scripture
Mark 16:1-8

“The Sense of an Ending”
Pastor Dennis Ray

Worship Service

11:15 A.M.

“I’m Gonna Sing”

“This Little Light of Mine”

Welcome

Pastor Dennis Ray

Giving Thanks

Responsive Reading

Prayer

Bruce Eckhart

Baptism

of
Owen McCann

“Seek Ye First”

“Reflections of the Cross”

Peter - Bob Gilbert

A Face in the Crowd - Erbe Palafox

Mary Magdelene - Yvette Gilbert

The Centurion - Mark Bravo

Mary, the Mother of Jesus - Marcia Bravo

The Two Thieves - Jim Frazier

& Walter Hurtado

“How Could She Know”

Yvette Gilbert

Scripture: Mark 16:1-8

Mark Bullion

“The Sense of an Ending”

Pastor Ray

Special Music

Lawrence Bohanon

Benediction

THIS WEEK AT A GLANCE

Sunday, April 20

SonRise Service - FAA Mansion Garden 9:30 a.m.

Tuesday, April 22

Church Office - CLOSED

Food Pantry Distribution Setup 9:00 a.m.

Wednesday, April 23

Church Office - CLOSED

Food Pantry Distribution - 9:00-11:00 a.m.

Bulletin Info Deadline: bulletinstaff@sunnysidesda.org 6:00 p.m.

Men's Ministry Meeting - Youth Room 6:30 p.m.

Friday, April 25

Youth Vespers - Soloniuk home 6:30 p.m.

Sabbath, April 26

Sunnyside Light - 9:00 a.m.

SunnysideUp Café - 10:00 a.m.

Sabbath School - 10:00 a.m.

Worship Service - 11:15 a.m.

Music & Praise Ministry - Orchard Park/Willow Creek 2:00 p.m.

Youth Parent Meeting & Potluck - following worship service

QR CODE
FOR ONLINE GIVING



Access Sunnyside's secure online giving portal from your smartphone. Just scan this code with any barcode reader app and it will take you directly to our online giving site.

PREACHING SCHEDULE

April 26 - Pastor Ray

May 3 - Pastor Ray

May 10 - Costin Jordache

MONTHLY CONTRIBUTION SUMMARY

| | |
|------------------------------|---------------------|
| April Needs | \$29,860.00 |
| Church Needs Donations | 16,525.72 |
| Over (Short) | (13,334.28) |
| Year to Date | \$119,440.00 |
| Donations Received | 79,750.48 |
| Over (Short) | (39,689.52) |
| Associate Pastor Fund | \$34,185.11 |
| Youth Pastor Fund | \$44,572.00 |

TITHE TO CENTRAL CALIF. CONFERENCE

| | |
|---------------------|--------------------|
| April Tithe | \$14,965.14 |
| Year to Date | \$92,283.64 |

THIS WEEK'S OFFERING

Local Church Budget

| | | |
|---------------|--------------------------|--------------------------|
| SUNSET | This Friday 7:35 p.m. | Next Friday 7:42 p.m. |
|---------------|--------------------------|--------------------------|

HEALTHY BYTES

Healthy Oils - Part I

We are always told to cut back on our fat intake and yes, that is a good thing, especially if it is an unhealthy fat. But there is such a thing as a "good fat". Here are healthy fats that you can incorporate into your diet. Each has amazing health benefits that don't degrade during the cooking process.



1. **Extra-virgin olive oil:** a healthy staple in my kitchen. The best fat to use as a salad dressing. Also good to pour a little on top of cooked grains or vegetables once they are on your plate. Do not use for high-heat oven cooking. It has a low smoke point of 320°F and heat makes it susceptible to oxidative damage. Extra light olive oil (highly processed oil) has a high smoke point of 468°F.

2. **Almond oil (refined):** The more unrefined the almond oil, the greater the almond taste. High smoke point of about 420°F. Great for sautéing, stir fries, baking and also good in desserts because of its natural almond flavor. For gourmet cooking, look for the more flavorful cold-pressed almond oil where it can be appreciated for its delicate, nutty flavor. It is best not to cook at high temperatures with it. Almonds themselves have many health benefits. It is one of the few alkaline protein sources. Almond oil has a light, clean flavor that does not alter the taste of the foods.



3. **Ghee:** Used in cooking and medicines for thousands of years. Ghee is a purified form of clarified butter used as cooking oil throughout India. It has been purified of all moisture and solids so it can be used at higher temperature and is much more resistant to becoming rancid than clarified butter. 'Highish' smoke point between 410 – 485°F depending on the purity of the ghee. Great in soups, stews, curries, very light heat stir fries.



For more information on healthy solutions and recipes, contact Gale Bolinger at gale4health@yahoo.com or visit my blog at <http://gale4health.blogspot.com.au> I would like to remind you that these "Healthy Bytes" are my own suggestions and not medical advice. I get my references from many practical sources. Please read them with this in mind.

MEMBERSHIP TRANSFERS

Second Reading

Luis Miguel Razo from Fresno Spanish SDA
J. (James) Murdock to Boulder English SDA in Boulder, CO

CHURCH OFFICE HOURS

The church office will be closed
Tuesday and Wednesday, April 22-23.

WOMEN'S MINISTRY WORKSHOP

Portrait of a Godly Woman in Today's World: Join us **this Sabbath at 4:00 p.m.** Guest speaker, Paulette Riddlesprigger will explore Proverbs 31.



EARLY YOUTH NEWS

Beatitudes: Be ready this Sabbath to recite "The Beatitudes." Matthew 5:3-10.

Hiding Eggs: Come, if you are able, to help hide the plastic eggs this Saturday evening at FAA at 6:00 for the SonRise Service. This is one of our fun projects. *Bonus: we get to eat all the loose candy.*

RECIPES FOR AFRICA

One of the fundraisers for the Youth Tanzania Africa Mission Trip is a cookbook. We want to feature your favorite recipes! Please submit your recipes to Loanne Soloniuk (soloniuk@sbcglobal.net) or Misty Cruz (macruz@fcoe.org) or drop them in the box marked "Recipes for Africa" in the foyer. Thank you for supporting our youth.



EASTER WEEKEND SERVICES



Friday - Sabbath - Sunday

Friday - "The Last Supper" Experience: You are invited to join your church family for a spiritual experience with elements of "The Last Supper." We will begin the evening at **6:45** with optional footwashing as you arrive at the church. We will sit down to a candle-lit supper of soup and bread. Pastor Dennis will lead us in communion and a homily. There will be special musical presentations and time for fellowship. Childcare will be available.

Sabbath - Worship Service

A special service is being planned.

Sunday - SonRise Service & Breakfast: Come and celebrate the Lord's resurrection with your church family at Sunnyside's 9th Annual Easter Service at the FAA Mansion picnic grounds. Join us for a scrumptious breakfast and fellowship starting at 9:30 a.m., followed by a celebration in music and a short message. Bring your lawn chairs and picnic blankets. You'll want to bring your friends and family to this lovely outdoor gathering. Kids, don't forget your baskets for the Easter egg hunt!

MUSIC AND PRAISE MINISTRY

Come join Sunnyside's Afternoon Music & Praise Ministry each Sabbath afternoon as we share songs and verse with the folks in care homes. You can sing along, share a scripture, or simply chat with the residents. All are welcome! For more information contact Joseph Zenith: 289-5611 or mjzenith@gmail.com.

Sabbath:

Bella Vista

5425 W. Spruce Ave. – 2:00 p.m.

Sunrise Senior Living

7444 N. Cedar Ave. – 2:30 p.m.

April 26:

Willow Creek

650 W. Alluvial - Clovis 2:00 p.m.

Orchard Park

675 W. Alluvial - Clovis 3:30 – 4:00 p.m.

NEED TO RENT A ROOM

A Sunnyside member is in need of renting a room. If you can help, please contact Shelly Clement (209)576-5761. Single female preferred.

FUA/FAA ALUMNI

Alumni Weekend begins April 25 with the Fresno Adventist Academy 19th Annual Golf Tournament. Get your teams together to enjoy a great round of golf at the Riverside Golf Course. Please contact Ashley or Nancie at 251-5548 for more details if you are interested. Registration begins at 10:00 a.m. April 26 with Sabbath service to follow in the gym. Ray Tetz will be the speaker at the Sabbath service at FAA. Potluck lunch following. At 8:00 in the evening, there will be a girls volleyball game and, at 9:00 p.m., a boys basketball game. Teams are Alumni-vs-Varsity! The Senior Class will be selling corn dogs.

YOUTH NEWS

Volunteers Needed - Reminder: We are helping with clean-up tomorrow evening after the "The Last Supper" Experience. Plan to attend this special dinner and service and then be ready to help put things back where they belong.

Vespers - April 25: Hey guys - plan to get together at 6:30p.m. at Alex's house.

Mission Trip Meeting & Potluck - April 26: Ryan Helbling with Global Effect Ministries and our host from Tanzania, Africa, will be meeting with us for lunch after church. He will answer our questions and give us more information. This meeting is for parents and youth.

Fundraiser Work Bee - April 27: We're going to help with yard work and cleanup for a church member. Lunch will be provided.



CCC POSITION AVAILABLE

The Education Department is seeking a part-time administrative assistant. Responsibilities include general secretarial, computer, telephone, and customer service. Must enjoy multi-tasking, have strong organization and interpersonal skills, understand the Adventist education system, and desire to be of service. Must be a Seventh-day Adventist. Send cover letter, application, and resume to Human Resources, <http://ccchr.adventistfaith.org/assets/106093>; by email to lbarron@cccsda.org; or mail to PO Box 770, Clovis, CA 93613. Please respond by 5:00 p.m., Tuesday, April 29.

GETTING TO KNOW OUR FAMILY & FRIENDS

**Stephanie, Kerry and Kevin
Carpenter**



Grace and Kathryn Keener

CHURCH ADDRESS

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Fresno, CA 93704

Phone: 559.229.5501

Fax: 559.229.5502

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website: www.sunnysidesda.org

THE LAST WORD

Whatever work you do right now is God's will for you in this moment. Embrace it. God has determined every person's appointed times and boundaries of habitation (Acts 17:26). That means wherever you are in life, whatever you are doing, God has set it in motion. Your job is part of God's perfect plan for your life right now.

Now that doesn't mean you can't desire to do something different. It just means that for you to begin to find joy, purpose, and value in what you do, you need to understand that you are not where you are today by accident.

God in His sovereignty decided that on this particular day and year, you would be living right where you are living, doing exactly what you are doing. When you put it through that grid, then your job takes on new meaning. When you realize that God handpicked you to be manager of these people, or God handpicked you to be the teacher of this classroom, or God handpicked you to be the boss of this corporation, or God handpicked you to dig this ditch, then you're reaching the real win. You can be absolutely confident that you are exactly where God wants you to be. Your job isn't at the center of your life. God is. And He has ordained and orchestrated you to be doing the job you are right now.

Tell it to yourself this way. *If God has placed me here, and if God's hand has determined this, then He must have something important, purposeful, and valuable that he wants me to do.* That means you don't work for your boss. Not ultimately. God chose you. God placed you in this position. Therefore... You work for God.

– *The Real Win: A Man's Quest for Authentic Success* by Colt McCoy & Matt Carter

(The Men's Ministry Group is currently reading this book together. They meet every Wednesday evening at 6:30 in the Youth Room. They would love to have you join them in prayer, study and fellowship. You will be blessed.)

HAPPY BIRTHDAY TO...

Donna Fitzgerald (4/19)
Alex Jay Walker (4/19)
Sharon Browning (4/20)
Trace Pafford (4/20)
Maggie Stover (4/20)
Jessica Walker (4/20)
Gerad Hudler (4/22)
Marilyn Mitchell (4/23)
Stan Wagenleitner (4/23)
Penelope Bevins (4/24)
Danielle Espinoza (4/25)
Dollie Ragsdale (4/25)
Stephanie Robles (4/24)
Brandon Hartman (4/25)

HAPPY ANNIVERSARY TO...

Gerad & Shelley Hudler (4/19)
Willie & Winona Barreto (4/20)
Jack & Dawn Haldeman (4/20)