

Sunnyside News is a weekly publication designed to inform members and subscribers of our current news and events.

CHURCH LIFE

BABY NEWS

Our church family has grown by two in the past month:

Skylar Lilyauna Patton was born to Shannan Phillips and Michael Patton on January 29 at 5:11 p.m. She weighed 8 lbs. - 9 ozs. and was 21 inches long. Her proud grandparents, Dave and Shona Phillips say they have been blessed and are already spoiling Skylar.

Saniyah Kay Lelaind was born to LaDawna and Pison Lelaind on February 17 at 10:05 a.m. She weighed 5 lbs. - 12 ozs. and was 18³/₄ inches long. Don't let her size fool you; this pint-sized powerhouse is healthy and she and mom are home and doing quite well.



LINDA MESSING IS RECOVERING FROM BACK SURGERY

Linda Messing had back surgery on Wednesday morning. She shared with Dennis that when she woke up, she immediately noticed that she no longer felt any pain in her back and hips. She was praising God because she had been living with continuous pain for the past two years. Although she will need about four weeks of recovery time, Linda was able to walk the same day of her surgery and she will not have to use her cane anymore. We are so thankful and happy for the results of her surgery and we pray that she will be out and about very soon.

WILLIE REIMER IS RECOVERING WELL

Last Thursday, Willie Reimer had another ablation procedure relating to his ongoing heart condition. The procedure was successful; his heart rate is now down from 120 to 70bpm. The doctors ordered him to stay off his feet for the next two weeks. He is doing well and we are praying for his continued recovery. Willie and Joyce always welcome visitors and phone calls.

JASMINE BARCOMA TO BE BAPTIZED

Congratulations to Jasmine Barcoma. She has made her decision to give her heart to God and will be baptized this Sabbath during Worship Service.

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SABBATH CELEBRATION

February 22, 2014

Sunnyside *Light*
9:00 – 9:50 A.M.

“I’ve Been Redeemed”
“I Feel Jesus”

Prayer
Patricia Ford

Scripture

Message
Joel Moutray

Worship Service
11:15 A.M.

“Blessed Assurance”
“I’ve Been Redeemed”

Welcome
Pastor Taneshia Kerr

Giving Thanks
Jack Tolmosoff

“I Love You, Lord”
“I Feel Jesus”

Prayer
Patricia Ford

Baptism
of
Jasmine Barcoma

Scripture
Michael Bullion

Message
Joel Moutray

Benediction

THIS WEEK AT A GLANCE

Monday, February 24
Women's Ministry Bible Study: "Breaking Free" -
Sanctuary 6:00 p.m.

Tuesday, February 25
Food Pantry Set-up 9:00 a.m.
Staff Meeting - Pastor's Office 1:00 p.m.

Wednesday, February 26
Hour of Prayer - Pastor Taneshia's Office 4:00 p.m.
Bulletin Info Deadline: bulletinstaff@sunnysidesda.org 6:00 p.m.
Men's Ministry Meeting - Junior Room 6:30 p.m.
Divorce Care - Youth Room 6:30 p.m.

Friday, February 28
Youth Vespers - 6:30 p.m. - Reijnders' home

Sabbath, March 1
Sunnyside Light - 9:00 a.m.
SunnysideUp Café - 10:00 a.m.
Sabbath School - 10:00 a.m.
Worship Service - 11:15 a.m.

QR CODE
FOR ONLINE GIVING



Access Sunnyside's secure online giving portal from your smartphone. Just scan this code with any barcode reader app and it will take you directly to our online giving site.

PREACHING SCHEDULE

March 1 - Pastor Ray
March 8 - Pastor Ray
March 15 - Pastor Kerr

MONTHLY CONTRIBUTION SUMMARY

February Needs **\$29,300.00**
Church Needs Donations 14,067.70
Over (Short) (15,232.30)

Year to Date **\$58,600.00**
Donations Received 29,348.68
Over (Short) (29,251.32)

Associate Pastor Fund \$38,948.38
Youth Pastor Fund \$40,498.00

THIS WEEK'S OFFERING

Conference Faith Advance

SUNSET

This Friday
5:46 p.m.

Next Friday
5:53 p.m.

HEALTHY BYTES

Water - Part I



If you don't take in an adequate amount of water, you will likely find it impossible to achieve control over your weight! What this means is 10-12, eight ounce glasses of water per day, plus eight more ounces for every 25 pounds you are overweight. This is the basic requirement for healthy living. Unfortunately, not many people drink as much water as they need. Many problems of weight control can be cured by increasing

your water intake. Constipation, nausea, and headaches can all be helped with this, the greatest nutritional supplement in the world – water!

Restricting your water can promote fat deposits. Your body uses water as the major component of blood to transport nutrients and wastes. A lack of water in the system can cause fats and other toxins, that are normally disposed of, to remain in your body - including that dimpled fat commonly referred to as cellulite.

The good news is that it is easy to solve this problem. An eight ounce glass of water isn't very large. Keep it on your desk and keep refilling it. Don't go by the water cooler without taking a sip, thirsty or not. Keep a glass on your night stand and drink when you first get up. Sixteen ounces upon rising will prepare your body for the day.

For more information on healthy solutions and recipes, contact Gale Bolinger at gale4health@yahoo.com or visit my blog at <http://gale4health.blogspot.com.au> I would like to remind you that these "Healthy Bytes" are my own suggestions and not medical advice. I get my references from many practical sources. Please read them with this in mind.

ANNOUNCEMENTS

YOUTH EVENTS COMIN' UP

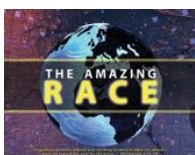


Vespers - February 28: Hey guys - join the group for vespers at the end of the month at Jordan & Justin Reijnders' home.

Youth Parent Meeting - March 1: Parents, plan to get together during potluck to get updates and share information on upcoming youth events and activities.

Visits with Oliver and Abby - TBA: Some time in March, Oliver and Abby (Bill & Marla's dogs) will go with us to visit seniors and shut-ins. We'll let you know as soon as we set a date.

Retreat for Guys & Girls - April 11-13: It's time for the spring retreats, again! We had a great time last year; so, let's make plans to go. Spaces are limited, sign up before the spaces are filled. Sign up by March 4 for the early bird special: \$45. Regular rates apply after March 4: \$60. For more information and registration visit cccsdayouth.org or talk to Pastor Taneshia.



← **Girls Retreat at Mt. Hermon (near Santa Cruz)**

CALL DUTY

Boys' Retreat at Monterey Bay Academy →



POTLUCK - MARCH 1

Join us for our next potluck on March 1.

A-L bring entree and salad,
M-Z bring entree and dessert.

HOUR OF PRAYER

Each Wednesday, I have enjoyed visiting with those have dropped by my office to pray. From 4:00 – 6:00 p.m., you too can stop by for a few minutes, and we will pray about whatever is on your heart. Appointments are not required, but it would be advised that you call ahead. I look forward to sharing with you as we strengthen each other in Christ.

– Pastor Taneshia Kerr

DIVORCE CARE MINISTRY

If you are still considering attending Divorce Care, GOOD NEWS! It's not too late to join this completely confidential seminar and support group held Wednesdays, 6:30–8:30 p.m. Sign up at DivorceCare.org, call the church office, or simply show up on Wednesday. This is a Bible-based, nondenominational, nationally recognized program that has helped thousands get their life on track following the devastation of a divorce.

A SABBATH SCHOOL CONNECTION

Are you looking for a way to connect at Sunnyside?

Try any of our Adult Sabbath School Classes:

- ❖ **The Quarterly Class**, traditional Bible study class
- ❖ **"Life & Teachings of Christ,"** the "Desire of Ages" book study class
- ❖ **"In Step With Jesus,"** a class for new believers and people interested in developing their Christian faith.
- ❖ **SunnysideUp Café**, the café offers a variety of classes and groups from which to choose.

SUNNYSIDEUP CAFÉ



Join us for SunnysideUp Café each Sabbath morning in the Fellowship hall during the Sabbath School hour. Coffee and a light breakfast are served and there are opportunities to connect and fellowship:

- **Young Adult Ministry Class** (reserved for ages 19-35)
- **"Experiencing God" Class** (a book study)
- **Happening Now** (a drop-in discussion group)
- **Open Tables** (if you'd like to slip in and just enjoy a cup of coffee)

The choice is yours to make!

FLOWERS FOR THE SANCTUARY



Flowers add warmth and beauty to the worship service. Your donation of \$75 provides a beautiful arrangement. Call the church office (229-5501) if you'd like to donate a floral arrangement in honor of a loved one, a birthday, an anniversary, or just because.

NEED TO RENT A ROOM

A Sunnyside member is in need of renting a room. If you can help, please contact Patrick at 248-6235. Single male preferred.

PITCAIRN ISLAND

Would you like your letter, or carving, or basketry, or other object of any kind from Pitcairn Island to become a part of active witnessing about our Seventh-day Adventist faith? If so, you are invited to send your Pitcairn item to the Pitcairn Islands Study Center, 1 Angwin Ave., Angwin, CA 94508 where it will be on display. An ever-increasing number of authors, academics, researchers, thought leaders, students and other visitors come from around the world to the Study Center where active witnessing to this largely "untouched" people group is a daily part of the center's program. More information: Herbert Ford, (707) 965-6625.

FAA KINDERGARTEN ROUND-UP

It's a time to meet the principal, your teacher, future classmates and other families. **Sunday, March 2** at Fresno Adventist Academy. Parent session is at 2:00 p.m. Kids, you won't want to miss the fun: Helium balloons, bounce house, and refreshments! Kindly RSVP at 251-5548.

GETTING TO KNOW OUR FAMILY & FRIENDS



Happy Anniversary Pastor Dennis & family

(Diane, Devin and Derek)

**You've been discipling our church family
for 14 years and counting! - We love and appreciate you.**

CHURCH ADDRESS

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THE LAST WORD**HAPPY BIRTHDAY TO...**

Malia Beckmann (2/22)
Ethan Messing (2/22)
George Messing (2/22)
Carson Shimmin (2/22)
Alex Diaz (2/24)
Erica Reed (2/24)
Venita Espinosa (2/25)
Jim Scott (2/25)
Brittne Brown (2/26)
Alexis Cruz (2/26)
Judi Krogstad (2/26)
Isaac Morgan (2/26)
Erbe Palafox (2/26)
Wil Barcoma (2/27)
Elga Boccardo (2/27)
Adriana Cruz (2/27)
Ryan Tetz (2/27)
Riley Manning (2/28)
Shannan Phillips (2/28)

**HAPPY ANNIVERSARY
TO...**

David & Cheryl Crouch (2/23)
Charles & Patricia Lutz (2/27)
Peter & Vicki Kemp (2/28)