

THE GRAPEVINE

VOLUME 56 • ISSUE 10

A Publication of Fremont Presbyterian Church

OCTOBER 2011

TRUNK OR TREAT!



Everyone is welcomed to this SAFE alternative to Halloween!

**Monday, October 31,
6:30-8:30 pm
Scottish Rite Parking Lot**
(across the street from Fremont)

We need YOU to participate! Decorating a trunk is easy and fun! Anyone wishing to donate wrapped candy for Trunk or Treat may do so before Oct. 31 by dropping off their donation in a Trunk or Treat tub located in the CLC, the Children's Ministry office, or in Ferguson Hall.

2011

Kirkin' o' th' Tartan

A Celebration of the Family



Sunday, October 30

*• 8:55 and 11:00
Traditional Kirkin'*

*• 11:00 Modern
Celtic Celebration*

*After worship join us for shortbread, tea,
Scottish music and dancing.*

The Kirkin is about our faith in Jesus Christ, His family, our families, our heritage and celebration. Kirkin' is a wonderful opportunity to invite your friends and neighbors to Fremont. You can also serve others by baking shortbread for the occasion! Drop it off on Sunday morning in the Geneva Room. (See next page for the shortbread recipe.)

See page 5 for TNT info!

(USPS 210040)
A newsletter published monthly by Fremont Presbyterian Church
5770 Carlson Drive,
Sacramento, CA. 95819.

Periodicals postage paid at Sacramento, CA.

Postmaster: Please send address changes to address above.

The deadline for news items is printed on the back page. Submit all news items in writing including your name, phone number and date of submission to the

Publications Coordinator mailbox or e-mail them to BECKY LUCERO at: becky@fremontpres.org.

Contact church office with address changes.

Hours: Mon. - Fri.,
8:30 AM to 5:30 PM
Sun., 8:30 AM-12:30 AM

Telephone:
(916) 452-7132
FAX: (916) 452-2160
Webpage:
www.fremontpres.org

October Worship Schedule

7 FOR ALL MANKIND *(A series on the 1st four chapters of Revelation)*

October 2

Classic 8:55 AM • Modern 11:00 AM
Dr. Donald H. Baird, preaching
"CROWNED BY CHRIST"
Revelation 2:8-11 • Communion

October 9

Classic 8:55 AM • Modern 11:00 AM
Dr. Daniel C. Willson, preaching
"CHAMPIONS IN LIFE"
Revelation 2:12-17

October 16

Classic 8:55 AM • Modern 11:00 AM
Dr. Donald H. Baird, preaching
"MASTERS OF THE WORLD"
Revelation 2:18-29 • New Members

October 23

Classic 8:55 AM
Modern 11:00 AM
Dr. Donald H. Baird, preaching
"ALL DRESSED UP"
Revelation 3:1-6

October 30

"THE COVENANTER'S COVENANT"
Hebrews 8:6-13
Classic 8:55 and 11:00 AM
Dr. Donald H. Baird, preaching
Modern Celtic 11:00 AM
James Baird, preaching



THE MEN'S RETREAT AT LAKE TAHOE OCTOBER 7-9, 2011

Fremont Men's Ministry is honored to have **BOB KILPATRICK** as our featured speaker at this year's **Men's Retreat at Zephyr Point, Lake Tahoe from October 7 - 9, 2011.** Topic: **"Man on a Tightrope: Finding the Balance in Life."**

The Men's Ministry invites all men who seek an opportunity to grow in their faith, enjoy God's creation and enjoy fellowship with other Christian men, to this great annual event. Signups for the Men's Retreat begin now, (1) through the church website page for Men's Ministries, (2) at Fremontpres.org, (3) by calling the church office, (4) by calling Bart Mehlhop at 930-9675 or Scott Nichols at 978-4897. Cost: \$175, with an additional cost of \$5 if a charge card is used. Limited scholarships available, but must be cleared by the committee prior. Space is limited for this annual event and last year we were sold out!

Time to start baking!

We need lots of shortbread for the Kirkin'. Simple recipe provided:



- 2 cups of flour
- 1 cup of butter (be generous)
- ½ cup white sugar (be generous)
- pinch of salt

Place all ingredients in a bowl; mix together; knead very well. Place on brown paper on an ungreased cookie sheet or cake pan. Pat into shape; score slightly for easy cutting. Bake at 325 - 350 degrees for 20 minutes until lightly brown. Drop off your shortbread to the Geneva Room on Sunday, October 30th.

BOB KILPATRICK, GUEST SPEAKER

Bob Kilpatrick speaks at churches and conferences around the world. He is the author of 2 books, *Secrets of Silence* and *The Art of Being You*. He has led a devotional program, "Time Out with Bob Kilpatrick" aired three times daily to over 2 million listeners since 1987. Bob has also written many classic worship songs. Bob has been in full time ministry since he was seventeen. He is married to Cindy, his high school sweetheart. They have five children (one of whom attends Fremont Presbyterian) and they live in Fair Oaks, California.



*Words from
Pastor Dan*

*"I don't need
truth that
sounds nice;
I need truth
that works
in my life."*

I Can't See a Thing!

Our son didn't talk for the longest time. When he was a toddler, there was a brief period when I was worried that something was wrong with him. Du, whose expertise is in childhood development and education, told me not to sweat it because he was growing and learning at his own pace. Long story short – he didn't start speaking by saying individual words; he started with whole sentences! One night all of us were in the car, driving along the outskirts of town where there were no street lights. It was also that part of the month when there was no moon, full or partial. All of a sudden, from the backseat, our 2-year-old spoke the first words we ever heard him say – "I can't see a thing!"

About a month ago Du and I were talking to a friend by phone. At one point our friend asked me how things were going at Fremont. I spent a few minutes responding to her question, then concluded, saying, "I know God can see the future; but when I try to look into it I can't see a thing" (so did I learn that phrase from my son or did he learn it from me?) Since the end of July I've spoken with a number of Fremonters who are quite confident of how events are going to play out in the next few months. I, on the other hand, see a number of possible scenarios. Some of them – for me at least – are not very appealing: they prompt me to worry about my future as a pastor, which causes me to worry about my employment possibilities, and that makes me worry about my mortgage and other unpaid financial commitments.

There's an old saying: "I don't know what the future holds, but I know who holds the future." I'm not sure who first said or wrote that, though some attribute it to Homer – not Homer Simpson, but Homer the ancient Greek poet. It's a nice sounding phrase, and I believe it reflects a genuine truth. However, as I stated in a sermon last month, I don't need truth that sounds nice; I need truth that works in my life. In these tumultuous and uncertain times, what I require is a buoyant fact to which I can cling, and which will save me from going under the waves of fear and doubt.

Luke provided this record of what Jesus said to His followers: "Do not worry about your life, what you will eat, or about your body, what you will wear. For life is more than food, and the body more than clothing. Consider the ravens: they neither sow nor reap, they have neither storehouse nor barn, and yet God feeds them. Of how much more value are you than the birds!" (Luke 12:22-24). I don't know what the future holds, but I know who holds Dan Willson! That's true for all of us – while we may not be able to see what will happen over these next months, we can be confident that we're held by the One who values us more than ravens . . . and, as Jesus made clear, God cares about them a lot!

Dan Willson

Welcome Our New Stephen Minister



STEPHEN MINISTRY is delighted to welcome *Lindalee Huston* as Fremont's newest Stephen Minister. She completed her year long training and now joins our other active Stephen Ministers, *Bob Nosler, Char Gezi, Lynn Snyder, Ruth Range and Zona Noren.*

These Stephen Ministers will continue to minister in our congregation and community, working with people who are experiencing such life crises as hospitalization, retirement, financial setback, the loss of a loved one, or any number of other difficulties people face in daily living. We thank God for these Stephen Ministers and their gifts of caring and listening. Their ministries will increase greatly the overall ministry of our Lord Jesus Christ at Fremont. Please keep these brothers and sisters in your prayers as they carry the love of Christ to their care receivers.

We are able at this time to offer the services of a Stephen Minister. If you feel that you would like to have a Stephen Minister, or know of someone who would benefit from a one-on-one caring relationship, contact Charleen Gorrell, Referrals Coordinator, at 631-8616.

Pigman Scholarship Winners of 2011!

The Pigman Scholarship committee is pleased to announce the winners of the scholarship for 2011. The committee planned to make two awards but found that three applicants were truly deserving of the award.

BENJAMIN NEWITT is planning to major in music composition (he has already completed 5 college level classes) and has contributed to the Music Camp, VBS, and sings in both the Sounds of Praise and the Sanctuary Choir.

JOHN BEACH has been very active in the church, in the choirs, Music Camp and Health Ministry. Although he intends to go into medicine, he has a deep interest in music, and intends to minor in music.

NICOLE NEWITT intends to major in Art, with a goal to work for the Disney Studios in the future. She has also been very active both in youth Choirs and the Sanctuary choir, as well as VBS and Music camp.

All of the applicants were outstanding. The youth of this church are serving Fremont well. We can all be proud of the accomplishments of the young people of this church.

Prayer on Sundays 10:00^{AM} Gathering Room



Please join the Fremont family in prayer between worship services in the Gathering Room, off the arcade, between the Sanctuary and the courtyard. This is a chance for our congregation to seek the Lord in prayer, asking him to lead.

FREMONT BOOKSTORE



**OPEN SUNDAYS
10:00 AM - 1:00 PM**

Your Christian Resource in East Sac

TNT - Tuesday Nights Together!



3:30 - 5:50 PM CHILDREN'S / YOUTH MUSIC AND ARTS PROGRAMS

Contact Music Office 452-7132 ext. 231 or see [page 6](#) for information on Children's Music programs.

DINNER, 5:30 PM

Enjoy a wonderful meal prepared each week for you, your family and your friends. Cost: \$6 adults; \$4 kids 5th grade and under; \$19 family maximum. Yes, for \$19 you can feed the whole family a full meal!

6:30 - 7:30 PM ADULT CLASSES & CHILDREN'S PROGRAMS

(see list of Adult Education classes column to the right.)

Men's Ministry



Men's Trek, 6:15 - 7:45 AM at Hoppy's Brewery. We invite all men for fellowship, growth and prayer. We will be studying the book "Wild at Heart" by John Eldredge. For more information, contact Stephen Wong, 428-9310.



Adult Education Classes

• SUNDAY, 10:15 AM

R. C. Sproul Series, "From Dust to Glory," led by Barbara Vonk
Westminster Confession led by Martin Boersma
Jeremiah led by Dr. Donald Baird

• TNT, 6:30 - 7:30 PM

Jeremiah led by Dr. Donald Baird
Grief Seminar led by Marie Kootstra
Health Education led by Carmen Enz (see page 14 for description)
Effectively Sharing Your Faith led by Dr. Dan Willson and David Taft
Beth Moore Study on the Life of David

(Beginning October 11) Cost \$25 (book included). *Seeking the Heart of God Through a Study of David.* In this examination of the "man after God's own heart," David will delight and disappoint you. You'll want to be just like him at times and nothing like him at others. If you've ever experienced doubts, temptations, losses, family problems, or personal inconsistencies, this study is for you! Sign ups are now at the Women's Ministry table after both services on Sundays. Any questions, call Karen 916-359-4796 or Kristi 916-362-6108.

• THURSDAY MORNING BIBLE STUDY, 10:00 AM

Jeremiah led by Dr. Donald Baird



Women's Ministry

Priscilla Shirer, national Christian speaker, Bible study teacher, and author will be speaking at a 2-day conference, October 28-29 at Capital Christian Center in Sacramento. Topic: "Because God Wants to Meet You Where You Are." Anthony Evans will lead worship. Both are children of national speaker and pastor, Tony Evans. This event is endorsed by Fremont Women's Ministry as we join the women of Capital Christian. Tickets are \$49 (made out to Capital Christian Center - Women's Ministry) and can be purchased at the Women's Ministry table between services on Sundays.



AVENUE support group for women: If you know someone who is needing help and support after discovering a spouse or boyfriend has an addiction to pornography, please call our confidential number: (916) 737-7729.

Come Sing in the Choir for the Christmas Concerts!

Add some music to your holiday season by singing with the Fremont Sanctuary Choir as we prepare for our **Christmas Concerts, December 9, 10 and 11.** It's a short-term commitment through December, with a very rewarding finale. Rehearsal schedule:

- Sunday, November 6, 2:00 - 4:30 p.m.
- Sunday, November 20, 1:00 - 4:00 p.m.
- Sunday, December 4, 1:00 - 4:00 p.m.
- Dress rehearsal Thursday, December 8, 7:00-10:00 p.m.

Interested? RSVP by October 15, Cheryl Eshoff at 452-7132 ex. 231 or email: Cheryl@fremontpres.org.

Fremont Music Academy

Have you always wanted to play an instrument but couldn't find a place to learn? Have you ever wanted to play in an orchestra or band, but couldn't find one that would take adult beginners? Well, now is your chance.

Why not give it a try! The Fremont Music Academy resumed in September with levels for beginners and those who can already play. If you need an instrument, talk to Cathy Frye about free instrumental loans.

BAND (Mondays)

Beginning Band: Grade 4 – adult, 4:00 to 5:00 pm
FMA Band: Grade 4 – adult, 5:00 to 6:00 pm

BAND (Tuesdays)

Pre-band (Beginning Recorder) grades K-3, 4:30 to 5:00 p.m.

STRING ORCHESTRA (Wednesdays)

Beginning Orchestra: Grade 4 – adult, 4:00 to 5:00 pm
FMA Orchestra: Grade 4 – adult, 5:00 to 6:00 pm

Location: Music Room

Cost: \$30 per semester (Scholarships available)

For more information email:

**Cathy Frye, Music Academy Conductor, at ca_frye@yahoo.com,
Cheryl Eshoff, Minister of Music, at cheryl@fremontpres.org,
Music Office at vicki@fremontpres.org or call 452-7132.**



Music & Worship Arts Programs for All Ages!

CHILDREN:

- **WIGGLIN' WORSHIP** – Mommy/Daddy and me • Ages 3-4 yrs
Tuesdays, 5:00 to 5:30 p.m.
- **SONBEAMS** – Choir
Grades K-1st
Tuesdays, 5:00 to 5:50 p.m.
- **PRE-BAND** (Beginning Recorder)
Grades K-1
Tuesdays, 4:30 to 5:00 p.m.
- **GRACE NOTES** – Handchimes
Grades 2-5
Tuesdays 4:30 to 5:00 p.m.
- **KINGS KIDS** – Choir
Grades 2-5
Tuesdays, 5:00 to 5:50 p.m.

YOUTH:

- **HANDBELLS**
Grades 6-12
Tuesdays 3:30 to 4:15 p.m.
- **SOUNDS OF PRAISE** - Choir
Grades 6-12
Tuesdays 4:45 to 5:50 p.m.

ADULTS:

- **SANCTUARY CHOIR** - Choir – Adults
Sings in 8:55 a.m. Classic service (8:00 a.m. call time).
Rehearses Thursdays, 7:00 to 9:00 p.m. in the Music Room beginning September 8 – Cheryl Eshoff, Director
- **SAINTS ALIVE!** - Choir - Seniors
Sings about once a month in 8:55 a.m. Classic Service.
Rehearses Wednesdays, 1:00 to 2:30 p.m. in the Music Room, beginning September 28 – Bob Hearst, Director

For more information, call the Music Office 452-7132 or e-mail: cheryl@fremontpres.org or visit our website: www.fremontpres.org.

Christmas Concerts December 9, 10, 11



Due to the popularity of Fremont's Christmas Concerts, admission will be a little different this year. Tickets are free, but **will be required for guaranteed admission**. They will be available to Fremont members beginning Sunday, October 30th and the general public beginning November 1st. The tickets will be marked Friday, Saturday or Sunday and there will be a limit of 8 tickets/family. The tickets guarantee seating from 6:30 to 6:45 pm. After 6:45, any open seats will be offered to those without tickets.

Upward Basketball and Cheerleading



Registration Opens October 1st at www.fremontkids.org. Season starts in January. Register early - the league will get full. If you want to help with Upward we need lots of help to run this all volunteer league, no basketball skills required, just a love for Jesus.

All-Church Workday Saturday, October 29 8:00 AM - 12 Noon



All-Church Workday has been scheduled for Saturday, October 29. Please get this on your calendar. We need your help!

We start the day with breakfast, provided by the Mariners. There will be tasks for all ages.

The committee always welcomes your suggestions, and invites you to participate. We need members to step forward as helpers and become leaders.

Earl Warren Elementary Pancake Breakfast

Fremont is co-sponsoring a Pancake Breakfast with Earl Warren Elementary School to raise funds for student enrichment activities. **THE BREAKFAST IS SATURDAY, OCTOBER 22, FROM 8:30-11:00 AM.** It will be at the school (5420 Lowell Street, off Fruitridge near Power Inn Road). Tickets are \$5/person. This is a great opportunity to show your support for Earl Warren. (We've been partnering with the school for 11 years, and the results are fabulous!) Come meet the new principal, buy a pumpkin in the "pumpkin patch," and enjoy a great breakfast! **Tickets will be on sale after both services, October 2, 9, and 16, and also at the door.**

If you would like to help with the breakfast, contact Kathy Lewis at kathyblewis@att.net or 505-4281.



Junior High Ministry • High School Ministry • College 20's Ministry

FOR JR. HIGH: CHECK OUT OUR WEBSITE FOR EVENTS!:

MYLIFE.ORG

FOR MORE INFO:
JORDAN@FREMONTPRES.ORG



FOR HIGH SCHOOL,
Contact Lysle Spangler:
lysle@fremontpres.org.
Check out our website:
oneelement.org



COLLEGE: **Fusion.** Connect with other COLLEGE 20'S & grow in your relationship with Christ. Contact Brian Dougherty: Brian@fremontpres.org.

Two Men Yelling!

It was only my second week working at Powerhouse. I was meeting with Nancy Atchley, Executive Director / Founder of Powerhouse Ministries, when we heard two men yelling at each other. The shouting was coming from the men's restroom. I knocked on the door and Jim, one of the homeless men who was a regular around Powerhouse, opened the door and said everything was ok. Soon, we heard the men yelling again. Imagine my surprise when I entered the restroom and discovered that Jim was alone! I turned to Nancy and said, "I am certainly not at Mazda anymore."

What I did not know was that Jim suffers from Schizophrenia. All I knew was that Jim spent his nights on a park bench and during the day often slept in a chair in our lobby.

God was able to use Powerhouse to serve Jim in so many ways. He saw our volunteer doctor, got food from the food closet, and was enrolled in programs to provide him health benefits and some income. Eventually, working with Mercy Housing, we helped Jim get an apartment. It was a happy day when we, our staff and volunteers, moved him into his new place!

I'm not sure where Jim is in his faith journey, but I saw him explain, with tears in his eyes, that the people at Powerhouse did all this for him because of our love for God.

None of this would be possible without the generosity and faithful service of all who support us.

Nancy, the staff and those we serve cannot thank you enough for your faithful support.

*--By Scott Davis, Executive Pastor
Powerhouse Ministries*



Presbyterian Frontier Fellowship

Presbyterian Frontier Fellowship (PFF) is a missional servant community which is rooted in scripture and prayer and exists to boldly proclaim the gospel to all people. PFF advocates a partnership approach to mission, while mobilizing and empowering Presbyterian congregations to participate. PFF's vision statement is: "For Every People: An Indigenous Church, For Every Church: A Mission Vision."

Visit www.pff.net to learn more, view excellent videos, and make donations. PFF staff must raise their own support as they do not receive denominational funding.

One of Fremont's mission partners is Caroline Kurtz, an Associate Director of PFF and their Ethiopia specialist. She has years of missionary experience and was raised in Ethiopia, the daughter of missionaries Harold and Polly Kurtz. Caroline does not recall a time when she did not feel called to be used by God to bring His will "on Earth as it is in Heaven." Caroline is a dynamic and gifted speaker, and Fremont is honored to have her as our keynote speaker at the February 4, 2012 World Mission Conference. If you've previously had the pleasure of hearing Caroline speak, you know you'll be challenged and blessed. Save the date!

GO Day 2012

GO Day 2012 will be Saturday, April 28, 2012. Please put it on your calendar. It's not too early to plan a project. If you have questions or ideas please contact Marcia Garrison at 916 383-7118 or plmgarr@comcast.net.

One Day to Prevent Homelessness

Thank you to everyone who donated to the One Day to Prevent Homelessness campaign. Fremont participated along with churches throughout Sacramento this year. A check for \$7253.50 was sent to the Sacramento Region Community Foundation. Funds will be disbursed by three Homeless Prevention and Rapid Rehousing Program providers in Sacramento. None of the funds will be used for administration. Your generosity is an expression of Christ's love in Sacramento.

2011 Peacemaking Offering



The Peacemaking Offering will be taken on World Communion Sunday, October 2. It is designated for Presbyterian Border Ministry. Now more than ever with violence occurring daily along the US/Mexico border our witnessing to Christ's love is sorely needed.

Presbyterian Border Ministry is a partnership between Christians in the US and Mexico at six locations along the border. They have been in existence since 1984. Their goal is to build faith, understanding and relationships on both sides of the border. They work to provide sanctuary for children, young people and parents. Where there is the constant threat of violence they demonstrate the love and peace of Christ through Bible study and fellowship along with assistance in practical areas like healthcare, tutoring and microenterprise.

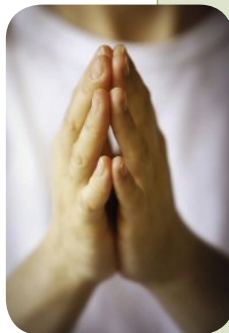
Fremont has a long time partnership with Rev. Bill Soldwisch. He recently retired as the co-director of the US part of the Pueblos Hermanos (towns of brothers) ministry which is part of Presbyterian Border Ministry headquartered in San Diego. Pueblos Hermanos has three main focuses: proclaiming the Gospel, building relationships and providing community health services.

Christ calls us to be peacemakers. Please consider giving generously to the Peacemaking offering.



Fremont 24-Hour Prayer Vigil

Please join together to pray for Fremont during one of the seminal moments in the history of our congregation and our ministry in Sacramento.



24 Hour Prayer Vigil Fremont Chapel

**starts: 1:30 p.m., Saturday Oct 15 -
ends: 1:30 p.m., Sunday Oct 16
(beginning of congregational meeting)**

Drop by the chapel any time and join us in this special ongoing time of prayer. We will prepare for the congregational meeting on Sunday, Oct 16 with an entire day of prayer.

(Note: We need volunteers to sign up for each of the 24 hours of prayer. To sign up for a slot, contact the front office at 916 452-7132).

Convoy of Hope



**Sacramento's 2011
Convoy of Hope will
be at Cal Expo on
Saturday, Nov. 5, 2011.** The GO team is coordinating Fremont's participation. This is a partnership of local churches, businesses, social service agencies and Convoy of Hope, Inc. The goal is to provide a message of hope to the needy in Sacramento.

On the day of the event volunteers will provide free groceries, haircuts, job help, health screenings and children's activities, all free of charge. They will also spread the message of Christ's love. There will be a prayer tent so guests will see we care about their spiritual as well as their physical needs. Volunteers reported last year that almost all recipients welcomed the opportunity to have someone pray for and with them.

Volunteers are needed in all areas. Are you a doctor, dentist or nurse? Your services are greatly needed along with people to hand out clothes and groceries or play with children. Please contact Dave Taft at 834-1147 or sterlingnz2002@yahoo.com if you'd like to volunteer. He will connect you with the volunteer coordinators.

Ethiopia Night

If you were not in Ferguson Hall on the evening of September 6, 2011, you missed a special opportunity. We want to give you a few highlights from that evening.

The evening began with a dinner which included both American and Ethiopian food. Following dinner Pastor Dan Willson, the emcee for the evening, introduced Pastor Tamrat who shared three Ethiopian songs with us. The third song was one that we all joined in together with some singing the words in English and some sang the words in Amharic. What a fun and interesting cross-cultural experience.

The program for the evening involved an up close look at the eight ministry areas supported within the Shekkacho partnership. Everyone rotated to three venues where the ministry areas were described. In Westminster Beverly Norton and Carol Skinner told about Bible translation, literacy and education. In the Chapel Bob Schroeder and Art Pabst shared about micro-enterprise and water systems. In Ferguson Lynn Schroeder and Karen Pabst talked about the medical fund, evangelism and church construction.

Many left the evening commenting on how much they had learned about Fremont's involvement with the Shekkacho.



Jamaica Medical Mission



In February 2012, Fremont's medical mission team will be returning to Jamaica to bring hope and health to the Jamaican people. We will encounter many people who live in a medi-

cal care environment that is very different from our own. The Jamaican Health Ministry provides care to the Jamaican people through a few hospitals and numerous small medical clinics scattered throughout the rural countryside. For many Jamaicans these small clinics offer the only accessible medical care.

These clinics are understaffed with usually a nurse for a few hours per day and a doctor who is there for a few hours twice a month. Though they have a national health care system, prescription and over-the-counter medications are in very short supply.

Our team of two doctors, four nurses, a pharmacist, 2 dentists, a dental assistant and four general helpers will join the Health and Hope to Jamaica (H2Jamaica) team to help with this shortage of medicine and personnel. Our team will carry to Jamaica all the medications necessary to provide the people of Manchester Parish the medicines they need for a wide variety of illnesses and chronic diseases. Over the course of two weeks, our team will staff rural health clinics and provide dental and medical treatment to hundreds of Jamaicans in need of basic health care, dental services, vitamins, pain relievers, antibiotics and treatment for chronic diseases.

Beyond providing proper medical and dental care to the people of Jamaica, we will be introducing them to the Great Physician, the healer of both bodies and souls. In a culture needing help and care, we go to supply medicine, but more importantly, to introduce our patients to the true Healer, Jesus Christ.

Will you be part of our home support team? We would greatly appreciate any financial or prayer support that you can provide. Donations may be sent to Fremont Presbyterian Church designating in the memo notation - STM Jamaica Medical Mission. We would also appreciate your help with the final baking and bagging of Mission Biscotti on October 15th and 16th. And, of course, you can show your support at the Alternative Christmas Market by giving a benevolence gift or by purchasing delicious Mission Biscotti.

We are eagerly anticipating our opportunity to serve the Jamaican people with our Heavenly Father's help and we invite you to participate in what He is doing. Thank you for your prayers and support!

If you have any questions, please contact Pat Mitzner at 683-4389.

"...And He sent them out to preach the kingdom of God and to heal the sick." Luke 9:2

Alternative Christmas Market November 12, 13, and 20

Shopping at Fremont's Annual Alternative Christmas Market has become a very popular way for Fremonters and friends to find that "just right" gift for those on their Christmas list; meaningful gifts that convey a message of hope to millions of suffering, needy people here and around the world.

Several international and local charitable organizations will be offering an exciting selection of Benevolence gifts. Representatives will be present to explain their Mission goals, and to offer various ways in which we can help. Appropriate gift cards will be provided. Organizations represented at the Market include:

ETHIOPIA/SHEKKACHO: Fremont has worked with the Shekkacho people for several years, funding many projects, including clean water, medical aid, and education support.

JAMAICA MEDICAL MISSION: In 2012, a group of Fremont medical professionals and helpers will spend two weeks in Jamaica providing medical care and medicine to hundreds of Jamaicans.

WITNESSING MINISTRIES: The Dalits, India's "Untouchables," are at the bottom of India's Caste system. Witnessing Ministries is helping these people establish a better standard of living. There are several programs for the Dalit children.

Other benevolent organizations at the Market are:

Heifer Project International, Mustard Seed School, Central Downtown Food Basket, Francis House, and Earl Warren School.

Beautiful handcrafted gifts by native craftsmen in Third World Countries will be on sale by One World Fair Trade, Rafiki, and San Juan de Oriente. Fremont's Mary Minich will be featuring her very popular original jewelry.

"Mission Biscotti" a favorite at the market, will be on sale. Food will be sold on Saturday, November 13th. On Sunday, November 20th, only Benevolence Gifts will be sold.



Going Green

GOING GREEN: If you would prefer to receive your Grapevine via email, please respond online at: www.fremontpres.org. Click the "News from Fremont" link on the home page.



Mission Biscotti October 15 and 16

Time to bake Mission Biscotti! **People will be needed for the weekend of Oct. 15 and 16 for final bake and bagging.** This is an opportunity for fun and fellowship working together. Come for 1 hour or more as your schedule permits. All help is welcome.

Sales of biscotti at the Alternative Christmas Market will greatly benefit short term missions.

Anyone interested in helping, please contact Pamela Cappelletti, email: wings2fly5263@sbcglobal.net

Many thanks and see you in the kitchen!



A Little Taste of Heaven . . .

Fremont Coffee Bar

Serving Sunday Morning Pastries
Generously Provided by
ETTORE'S BAKERY!

**SERVING JAVA CITY COFFEE, NON-COFFEE DRINKS AND MUCH MORE!
OPEN SUNDAYS 8:30 AM – 11:30
AM & during special events.**

Rummage Sale Results!

On Saturday, August 20, starting at 8:00 a.m., Fremont's first rummage sale in years was held in Ferguson Hall. It was sponsored by the Mariner Fleet as a fundraiser for church projects. Homes, garages, attics, and storage sheds were cleaned out. The ships' yeomen and yeowomen had a bit of fun selling – at very reasonable prices – china, furniture, books, games, paintings, clothing, appliances, and even an electronic organ. Plants were sold on the patio by the gardening group. The event closed at 3:00 pm, and by 5:00 pm, the whole room was cleaned up. Whew!

The results: Over all, the sale grossed a bit more than \$3,000 which was divided amongst the fleet, the ships, FIRS, and the gardeners.

The Rummage Sale Committee would like to thank the participants for all of their hard work. Once we recover, we may think about making this an annual happening!

Mariners Bridge

Mariners Bridge donated \$270 on August 17, 2011 to the church for the Earl Warren School for their Christmas Fund.



We have 32 players consisting of four groups with two tables each who play four times a year in private homes. Scores are collected and sent to the chairman.

December 5, 2011, 7:00 - 9:00 p.m. will be our play-off party in the Geneva Room. The winners will receive gift certificates from the Fremont Bookstore. Irene Ryder and Virginia Nelson will provide refreshments.

Mariners Alive!

The Mariners are alive and well with 17 ships (small groups) sailing the "high seas". Two additional ships are in drydock while they recruit additional crew.

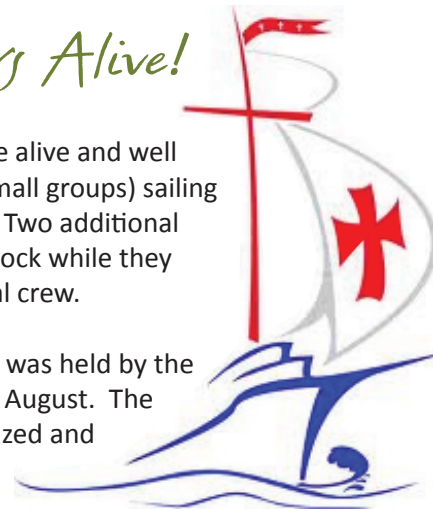
A rummage sale was held by the Mariner Fleet in August. The crew that organized and facilitated this event was Bob

and Bo Silvis, Bob Nosler and Harriet Stephenson. A big round of applause goes out to them for their tireless efforts in seeing the sale through. Over \$3,000 was divided between the individual ships and the fleet in order to give them funds for service to the church and the community. We are in the process of supporting the Christmas functions at Earl Warren School and we would like to look into replacing one or more drinking fountains that are not functioning well. This was a successful event and there was a lot of fellowship and fun for those who participated.

Mariners has a scrap book with pictures and articles that date back as far as 1947. The book is old and falling apart. It needs help. We are looking for a volunteer that would be willing to scan all 400 pages or photograph each page for storage on a computer disk that could be distributed to anyone that has an interest in the history of our organization. Please call Jerry or Peggy Haley at 209-744-9665 or send an email to jerryhaley@softcom.net if you have an interest in helping.

We are looking forward to the the Angel Tree which you will be hearing more about in the Grapevine and bulletins. We plan to have the trees in place for the Alternative Christmas Market in November.

Interested in Mariners? Please call Jerry or Peggy about visiting a ship or two to see if this kind of fellowship with other Fremonters is for you.



A Great Idea for any Small Group

Take 10 weeks, as a group, to host **ALPHA** and reach out to your community! Contact the church office and we'll help you make it happen.

Fun for 55+!

Prime Time! for Active Adults (55+)



Where were you?
We missed you

during the summer months. But, no more excuses... Fall is upon us and especially with the Thursday Bible Study starting up again there's no excuse for not joining us for all or part of Prime Time.

Table games often begin even before ten o'clock. Mexican Train – a domino game – is the favorite in Ferguson Hall at that hour. Along with a cup of coffee and good company with much laughter, what could be better!

At eleven o'clock, folks gather for a healthy Q Gong class or neighborhood walk while others brush up on their bridge game, join in with the Mexican Train enthusiasts or learn how to play another of the popular card games – Kings in the Corner.

At noon time, we take time out for that sack lunch from home which is supplemented by surprise desserts – a slice of pie, root beer float, brownies and ice cream or some other goody.

After lunch, there is always a plethora of stories and jokes usually initiated by Pastor Dan or Fremont's Parish Nurse, Carmen Enz before Prime Timers are back to the fun of table games. Why not plan to join us...for all or part of Thursday's Prime Time.

Tai Chi Class

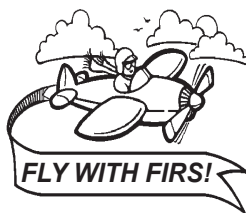
Fremont's Tai Chi class is held on Mondays in Ferguson Hall at 9:30 AM. Improve your balance, lower your blood pressure, relax and enjoy other health benefits. Newcomers are encouraged. Contact Lee Fairley, 359-4756.



*Luncheon, 11:30AM
Wednesday, October 12th*

FIRS will gather on Wednesday, October 12th at 11:30 AM in Ferguson Hall for a delicious, fully catered luncheon for only \$10.00. Owen Mitchell will provide beautiful solos for our enjoyment, after which Licia King, Development Director for the CCHAT Center will speak to us. CCHAT is a school for deaf and hard of hearing children from birth to 8 years old. They learn to hear and speak in order to be able to attend regular school when they go into 2nd grade. For reservations, call Jean Jones (488-4157) before 9:00 pm on Sunday, October 9th.

Seniors' Travel with FIRS & Friends



For information about any trips, contact Lu Bakken at (916) 481-2035 or Kathy Bos at KB's Travel [CST#207972040], (916) 689-5117. Brochures/flyers for all trips are available from Lu or the church office. Everyone is welcome to join our trips.

APPLE HILL AND GRACE FOUNDATION DAY TRIP, WEDNESDAY, OCTOBER 5, 2011. Price: \$38.50. Lunch is on your own at the "Forester's Pub and Grill" in Camino. We stop at some of the well-known apple businesses for you to purchase apples, pies, cider, and vegetables. It will be day for you to enjoy the ride to Apple Hill, marvel at the changing colors, and converse with your friends. The bus has a large storage area for your purchases. This is a great opportunity to buy pies, apples, and vegetables. The afternoon stop will be at the Grace Foundation in El Dorado Hills, an equine rescue and rehabilitation facility. They also rescue, cows, goats, sheep, pigs, chickens, llamas, emu, dogs, and cats. This event will be another treat!

WOODLAND OPERA HOUSE THEATRE, SUNDAY, DECEMBER 4, 2011. Price: \$51.50. Lunch will be on your own at Sizzler's in Woodland. The production is an old favorite, "Irving Berlin's White Christmas." Fifty tickets have been reserved for FIRS and FRIENDS and our money and number count is due October 24. If you are interested in this popular trip, please send your money and form soon to Kathy Bos. Kathy's address is on the flyers, available at the October FIRS meeting and in the church office. December 4 is also the date for the International California Marathon. We are working for a different pickup location not at the church or Scottish Rite parking lot. Departure time will be 11 a.m. to allow for lunch before the 2 p.m. seating.



Medical Decisions When They Count Most

Do you know who you want to make healthcare decisions for you if you become unable to communicate? Are you confident that the people close to you know your treatment preferences? Are you concerned about a loved one's declining health, but unsure how to talk about what lies ahead? Candy Kodama, RN from the Sacramento Area POLST Coalition will address these questions and more on **OCTOBER 25 from 6:30-7:30 P.M.** You will learn important information about a new California law that helps patients and their doctors discuss and document treatment choices. Ideas also will be provided for talking with family members about these issues and choosing your healthcare decision-maker.



The Deacons are holding another **BLOOD DRIVE ON SUNDAY, OCTOBER 23, 2011.** BloodSource will be here to facilitate this event. The need for blood is greater this time around, because donations have been quite low, so far this year.

This event is free, and so many deserving folks will be served by our donations. Please consider stepping up on Sunday, October 23, 2011!

Health Ministry Classes on Tuesdays

A focus of **Health and End-of-Life Care** is the theme for this month's **TNT Health Ministry classes.** Beginning **OCTOBER 11**, the subject will be at-home and hospice care featuring **Catherine Probanz-Stelter**, one of the Chaplains from Vitas Hospice. Do you know who is eligible for hospice care? Are you concerned about who gives the care, where it will take place. Who pays? This is the opportunity to have these questions answered.

OCTOBER 18, a representative from **Golden State Donor Services** will explain carrying out a loved one's wishes and their role in talking to families in these emotional moments.

October Devotional "New Beginning"

Incomprehensible, Great, and Glorious God,
I adore thee and abase myself.
I approach thee mindful that I am less than nothing,
a creature worse than nothing.
My thoughts are not screened from thy gaze,
My secret sins blaze in the light of thy countenance.
Enable me to remember that blood which cleanseth all sin,
to believe in that grace which subdues all iniquities,
to resign myself to that agency
which can deliver me from that bondage of corruption
into the glorious liberty of the sons of God.
Thou hast begun a good work in me
and can alone continue and complete it.
Give me an increasing conviction of my tendency to err,
and of my exposure to sin.
Help me to feel more of the purifying, softening influence of religion,
its compassion, love, pity, courtesy,
and employ me as thy instrument in blessing others.
Give me to distinguish between the mere form of godliness and its power,
between life and a name to live,
between guile and truth,
between hypocrisy and a religion
that will bear thy eye.
If I am not right, set me right, keep me right;
And may I at last come to thy house in peace.

From *The Valley of Vision* / Available from the publisher, *Banner of Truth Trust.*
Used with permission, and presented by Fremont's Education Committee.

Flu Shots at Fremont • Sunday, October 23rd.



Session Notes • August 24

Following are some action and informational items from the Session meeting held on August 24, 2011. These notes are not intended to reflect the total work of the Session at the meeting. If you are interested in more information about a particular item, please contact any member of Session.

Sacramento Presbytery's Committee on Ministry has named their appointees to serve on a Discernment Team to work with Fremont's Session and congregation as we consider seeking dismissal from the PC(USA). Team members will be the Reverend Tom Smith, the Reverend Jeri Viera Dahlke and Elder Dave Studer.

Session continued the annual process of cleaning the church rolls. Many more names were added to the list of those to receive a letter and post-card asking the wishes of the member as to continuing their membership. The letter is sent to those who have not participated in worship or giving for at least two years. The final vote to remove non-responding members from the rolls will come at the November meeting. The Book of Order requires Sessions to keep their rolls clean.

The Financial Report for July showed General Fund revenues (total) were \$141,874 and expenses were \$150,655, giving a loss for the month of \$8,780. Year-to-date revenues of \$1,007,502 exceeded Budget by \$25,615, and year-to-date expenses of \$1,083,438, were less-than-budget by \$10,283, giving a year-to-date loss of \$75,936, with a variance from Budget of a surplus of \$35,898. There were thanks given for the faithful Fremonters who have kept their giving up during the summer months.

Actions:

- Set October 4th, 6:30 p.m., as the date and time for the Stated Annual Congregational Meeting.
- Created a Reconciliation Team to handle the personal contact for members who send written communication regarding denominational issues as well as communicating with members that may be personally affected by denominational changes.
- Created a committee to write a letter to Presbytery's Committee on Ministry that describes our understanding of the Guidelines for Churches Seeking Dismissal. It is the desire of Session that Fremont work cooperatively with Presbytery and the Discernment Team. This letter is to ensure that our understanding of the process is accurate.
- Set October 16th, 1:30 p.m., as the date and time of the Called Congregational Meeting to vote on Session's recommendation to seek dismissal from the PC(USA). Should the congregation vote to be dismissed, then negotiations with Presbytery begin.

--Elaine Moody, Clerk of Session

Special Thanks!

*Dearest Fremont Family,
I am missing you all greatly - but am overjoyed recalling all the precious memories that formed in my head over the years. Thank you so much for the Gathering Time; I have never experienced anything so special in all my life! Thank you also for the Session Resolution, the poster, and the memory book; I will treasure these all my days. As the Family of God, we will forever be close. You are and will continue to be a focus of my prayers. In Maryland, I have experienced an earthquake, a hurricane, the moving van unloading my possessions during the hurricane, water leaking from the ceiling, mice in the house (apparently entered a piece of furniture while it was in the moving van), poison ivy (very bad), flat tire (not repairable), rain upon rain, and to more than offset those things - wonderful neighbors, a great neighborhood, caring people, and a wonderful time with family.*

*With all my love and gratitude,
Kathy Chance*

More Thanks...

*Thank you to all the people who gave prayers, cards and encouragement through my illness.
Lewis Knight*



Honoring Ed Bent

Please join us in celebrating Ed Bent as he turns 94 years old on October 29th.

Ed has been a long time, faithful, and active member of Fremont Presbyterian Church. He joined Fremont with his late wife Lynn in May 1966. He has been an elder four times. Ed has been actively involved in Mariners sponsoring one of the original ships-the Main Sails-since 1970. He has served on numerous commit-

tees. In his 80s, Ed took on the leadership role for the Men's Ministry for five years. He initiated the 4th of July church picnic and two father/daughter banquets. He attends Sunday service regularly – you can find him at the 2nd service in the CLC in the 2nd row – praying and praising God.

Join us as we "shower" Ed with birthday cards during the month of October.

His address is: Ed Bent, Regency Place , 8190 Arroyo Vista Dr., Sacramento, CA 05823

Or better yet, pay him a visit. He is in room 11 and loves company. (Due to his poor hearing, phone calls are frustrating).

If you have been touched by Ed – through prayer, mentoring, committee work, mariners, or the men's ministry – celebrate him with us.



FREMONT TARTAN AVAILABLE: Neckties, scarves, sashes, yardage and rosettes will be available again this year. Get ready for Kirkin! Contact Debie Baranchuk for more information at (916) 747-9118 or debieb4755@yahoo.com.

DIVORCE

Someone you know is hurting

DivorceCare is a special weekly seminar and support group for people who are separated or divorced.

Email Pat or Marcia:
DivorceCare@fremontpres.org

Sundays from 6:00 – 8:00
Upstairs in the Community Life Center at Fremont, Classroom #201



Technical Support

The Tech Team needs one or two people to help with the 8:55 a.m. services in the sanctuary. If you can help please contact Mike Mitchell at 452-7132 ext 255. Thank you.

Softball Wrap-up

Approximately 30 Fremont men and women just wrapped up the 2011 summer season of softball. Both the all-men's team and the co-ed team made the playoffs in the Capitol Christian softball league, but, unfortunately, neither team was able to clinch a championship this year. The teams would like to thank the fans that showed up to cheer them on as well as the Fremont Recreation Committee for donating money that was used to purchase new bats and softballs. People interested in playing next spring can contact Chad Bartlett or Bill Walden for details.

Clever Church Signs!



CHURCH STAFF

<i>Pastor/Head of Staff</i> Dr. Donald H. Baird	<i>Director of Sr. High Ministry</i> Lysle Spangler	<i>Organist</i> Stephen Drew	<i>Fremont Nursery School Director</i> Du Willson	<i>Maintenance Technician</i> Mike Mitchell
<i>Associate Pastor - Congregational Care & Mission</i> Dr. Daniel Willson	<i>Director of Jr. High Ministry</i> Jordan Skinner	<i>Technical Ministries Coordinator</i> Mike Mitchell	<i>Publications Coordinator</i> Becky Lucero	<i>Custodians</i> Jason Edge Eduviguez Games Mike Jean Alice Kakumba Blanca Lacayo Chris McNally
<i>Interim Minister for Congregational Life & Small Groups</i> James Baird	<i>Director of Children's Ministry (vacant)</i>	<i>Memorial Coordinator</i> Jeanne Wallis	<i>Publications Assistant</i> Steve Carey	<i>Bookstore Manager</i> Heidi Taghavian
<i>Executive Minister</i> Mark Eshoff	<i>Director of Member Ministry (Interim)</i> Kalen Skinner	<i>Parish Nurse</i> Carmen Enz	<i>Business Manager</i> John Walden	<i>Coffee Bar Managers</i> Ann Bruce Pam Dolk
<i>Minister of Music & Worship Arts</i> Cheryl Eshoff	<i>Outreach Coordinator</i> Cate Williams	<i>Children's Program Assistant</i> Angie Nevin	<i>Facilities Coordinator</i> Melanie Andrews	
<i>Minister of Modern Music and College/20's</i> Brian Dougherty	<i>Executive Secretary</i> Cathy Cole	<i>Childcare/Nursery Directors</i> Kerry Finley Melissa Hightower	<i>Giving Secretary</i> Carolyn Walden	
	<i>Administrative Assistant</i> Amanda Jantz		<i>Accounting Clerk</i> Linda Brown	

THE SESSION

CLASS OF 2011 Andy Bodemeijer (Evangelism)	CLASS OF 2012 Marty Boersma (Adult Education)	CLASS OF 2013 Russell Brown (Student Ministries)
Sean Doherty (Outreach)	Marcia Garrison (Mission)	Don Davison (Specialized Ministries)
Brooks Erickson (Administration)	Lynn Jordan (Nominating Committee)	Char Gezi (Member Care)
Dan Johnson (Spiritual Development)	Vicki Meyer (Worship Support)	Chris Jaime (Development)
Clair Parsh (Music & Arts)	Carol Skinner (Children's Ministries)	Ken Moody (Personnel)

Elaine Moody (Clerk of the Session)

DEACONS

CLASS OF 2011 Dale Aust Timothy Aust* Katie Day Sara Durham Paul Miller Bob Nosler Ruth Range Ron Rott Harriet Taylor	CLASS OF 2012 Robert Cook Sara Dunn Eileen Hughes Marie Kootstra Marni Love Marsie Mott Mike Nevin Lynne Reich Lynn Snyder Chuck Uribe	CLASS OF 2013 Agnes Anderson Amanda Deferrari Jim Deferrari Charleen Gorrell Lora Harris Marcia House Lorna Sanders Janice Stone Thomas Steve Sylvanus Wes Yee
---	---	---

(*Moderator)

Fuller Seminary Northern CA Presents N.T. WRIGHT

Wednesday, November 16, 2011 • 1:30 PM
Fremont Presbyterian Church
Afternoon Session: "The Challenge of Paul for Tomorrow's World"
\$15 • For Ticket Purchase Visit: www.fuller.edu/norcal

Recent trends in academic research have generated much discussion concerning the writings of Paul, but what impact will this have on the future? N. T. Wright will share his perspectives and will dialogue with a panel of local biblical and theological scholars. Panel members include: Dr. Daniel Kirk, Rev. Peter Rodgers, and Dr. Libby Vincent

Evening Session: "Kingdom and Cross – The Forgotten Message of the Gospels" • 7:00 p.m., \$10

Dr. Wright will share insights into why the church has embraced an "either/or" mentality regarding the message of salvation rather than embracing the work of making the world a better place. He will provide practical ideas on how to adopt a "both/and" approach for believing and doing.



We invite you to join us at one or both of these exciting events! To gain more familiarity with Dr. Wright's theology and

teaching, we encourage you to connect with others in the congregation to study a theological concept discussed in a book written by N. T. Wright or do a Bible study directed from one of his commentaries from now until November. Then you could come to these events on November 16th with your group to hear further insights from this well-known author, theologian and professor. As fellow believers in Christ, we are excited to see how God will use these events for his glory.

DEADLINE

**FOR THE NOVEMBER ISSUE:
MONDAY, OCTOBER 10**

visit us on the web:
www.fremontpres.org

THE GRAPEVINE: A newsletter published monthly by the Fremont Presbyterian Church, Sacramento, CA. Entered in the Sacramento, CA Post Office November 7, 1955, as periodicals under the Act of Congress of March 8, 1977.



PERIODICALS
5770 CARLSON DRIVE
SACRAMENTO, CA 95819
(916) 452-7132
WWW.FREMONTPRES.ORG

PLACE ADDRESS
LABEL HERE

Congregational Forum & Meetings

New Congregational Forum Sunday, October 2nd, 1:30 p.m.

In previous forums, there have been several questions raised concerning the Evangelical Presbyterian Church (EPC); particularly on the ordination of women, how ordained women in the EPC feel about participation in that denomination, and EPC's position on divorce, re-marriage and leadership. The stated clerk of the EPC, Jeff Jeremiah, and two ordained women pastors will be here to answer those questions and any others you might have.

Semi-Annual Stated Congregational Meeting Tuesday, October 4th, 6:15 p.m.

Purpose: To elect elders and deacons (Class 2014) and to elect the 2012 Nominating Committee

Called Congregational Meeting Sunday, October 16th, 1:30 p.m.

Purpose: To act on Session's recommendation to seek dismissal from the Presbyterian Church USA (PCUSA) and to seek affiliation with the Evangelical Presbyterian Church (EPC).

Sanctuary Flowers



Honor the memory of a loved one with flowers in the sanctuary on a Sunday morning. Remember someone special on a birthday or anniversary with flowers of celebration. Call Barbara Kennedy at 489-5665 to schedule a Sunday.