

THE GRAPEVINE

VOLUME 57

ISSUE 2

A Publication of Fremont Presbyterian Church

FEBRUARY 2012

Mission Week 2012

The mission teams have an exciting, informative conference and week planned for you. Mission Week starts with the conference on Saturday, February 4 at 8:30am in Ferguson Hall. The keynote speaker is Caroline Kurtz, a mission worker with Presbyterian Frontier Fellowship. Her topic is **SAME GOSPEL, DIFFERENT WORLD**. There will also be four outstanding breakout leaders representing Medical Benevolence Foundation, The Outreach Foundation, the Crescent Project and a domestic missionary to Sacramento. The cost is \$25 in advance or \$30 at the door including continental breakfast and lunch.

Besides the mission conference here are some other opportunities to hear how Fremont partners with those sharing the love of Christ in Sacramento and around the world:

Sunday, January 29 – Skip Ohs will make a presentation about his recent trip to Ethiopia with East Africa Village Outreach at 10:15 in the Chapel as a lead-in to Mission Week.

Sunday, February 5 – Dr. Rob Weingartner will discuss “*What in the World is God Doing?*” at 10:15 in the Chapel. Dr. Weingartner is Executive Director of the Outreach Foundation. There will also be **mission displays and activities** in Ferguson Hall from 10 to 12:30.

Tuesday, February 7 – Annette and Byron Harrison, Wycliffe Bible translation workers, will speak about their work (following the congregational meeting).

Thursday, February 9 – Representatives from two of our local mission partners, **Francis House** and **Clean and Sober**, will speak at Dr. Baird’s Thursday morning Bible study at 10am.

The Harrisons are available to meet with your small group or covenant group Sunday evening, anytime on Monday and on Tuesday before TNT. If you can host them during those times please contact Marcia Garrison at (916) 383-7118 or plmgarr@comcast.net.

Please plan on attending at least one of the above events to learn more about Fremont’s mission partnerships.

FREMONT PRESBYTERIAN CHURCH

**2012 MISSION
CONFERENCE
SATURDAY,
FEBRUARY 4TH**



**Caroline Kurtz,
Keynote Speaker**

(USPS 210040)
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monthly by Fremont
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Sacramento, CA. 95819.

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Hours: Mon. - Fri.,
8:30 AM to 5:30 PM
Sun., 8:30 AM-12:30 AM

Telephone:
(916) 452-7132
FAX: (916) 452-2160
Webpage:
www.fremontpres.org

February Worship Schedule

Sermon Series: "Protégé"

February 5 • Mission Sunday

Classic 8:55 AM • Modern 11:00 AM
Guest Preacher, Carolyn Kurtz
Communion

February 12

Classic 8:55 AM • Modern 11:00 AM
Dr. Donald H. Baird, preaching
"POWER THROUGH PRACTICE"
1 Timothy 4:1-8
New Members

February 19

Classic 8:55 AM • Modern 11:00 AM
Dr. Donald H. Baird, preaching
"POWER OF THE PURSE"
1 Timothy 6:6-19
Baptism

2,000 years ago the Apostle Paul mentored,
among others, a young man named Timothy.
Here we have two letters Paul wrote to his
young protégé that can give guidance and
important insights here at Fremont.

--Don Baird



February 22

Ash Wednesday

7:00 AM, Dr. Daniel C. Willson
7:00 PM, Dr. Daniel C. Willson
Both services in Christ Chapel

February 26

Worship Arts Sunday

Classic 8:55 AM • Modern 11:00 AM
At the 8:55 AM service: "Soli Deo Gloria"
Come worship with children's, youth and
adult choirs, bells and chimes. For your
enjoyment, there will be an art show
after both services.

**JESUS
CHRIST
HIMSELF
AS THE
CORNERSTONE**

EPHESIANS 2:20

**FIND OUT MORE
ABOUT OUR
CHURCH & MEET
OUR LEADERSHIP!**

SIGN-UP: Questions about the classes? To sign-up for any of the
Cornerstone New Members classes or if you have any questions,
please call 916-452-7132 -OR- feel free to walk-in and join us. We
look forward to seeing you there!

*New Member Classes,
Sundays, 1:00-4:00 PM*

**FEBRUARY/MARCH CLASS
SUNDAYS, FEB. 26 & MAR. 4**

from 1:00-4:00 PM in Geneva Room
Meet with Session, March 11, 10:15 AM
Join March 18 at 8:55 or 11:00 AM

**RSVP to Amanda@fremontpres.org
or call the church office, 452-7132.**

*Thank
You
Fremont!*



The Central Down-
town Food Basket
clients were very, very happy to receive
all the SPAM and other protein goods you
generously donated. About 400 items in
all—excellent! As Tim Baumbach, Director
of the Food Basket, says, "a lot of our cli-
ents are ex-military and they love SPAM."
Thank you for the smiles you brought to
those needing some help making ends
meet. A great way to start 2012. We ap-
preciate more than you know Fremont's
continuing support.



From Pastor Don

I was asked, the other day, what all this “denominational business” was “really” about. As you have both heard and read over the past months, it is about the Authority of Scripture, the Centrality of Christ and the Hierarchy of our Church. As I spoke with this friend, I became con-

vinced that more of an explanation may be needed than this one-liner. I came across a paper from First Presbyterian Church of Orlando that does an excellent job of communicating the issues. I have used excerpts from it to attempt to explain the issues through Fremont’s eyes.

The PCUSA currently operates under two profoundly different lines of theology. Throughout the years, Fremont Presbyterian Church of Sacramento has stood firm in support of a “Traditional Reformed” understanding of Scripture (also sometimes referred to as “orthodox” or “historical”). While most in our denomination also hold this view, an increasing number of PCUSA congregations and leaders hold equally firm to seeing Scripture through a very different lens of what is now commonly referred to as “progressive” theology.

Progressive theology regards the Bible as having a measure of authority. However, as it is fundamentally viewed as the experience and insights of human authors in a particular historic setting rather than divinely-authored truth, its principles must be reinterpreted and applied in each new cultural setting. It is not absolute truth, but instead, an ever-changing one. As a result, the Bible becomes more of a guide for our faith and our life together rather than an authoritative rule. As the PCUSA’s new Ordination Standards state, “Governing bodies shall be guided by Scripture and the confessions in applying standards to individual candidates.” For the Progressives, how one “experiences” God takes on added significance, even to the point of bringing new definitions of who God is and what He does, as the controversial “ReImagining Conference” did 20 years ago.

We are convinced that the Gospel of the ages is as relevant and appealing today as it has ever been. Even more important, this time-tested Gospel is the only Truth we know and to share anything other than that Truth would be the height of disobedience to God (1 Timothy 3:3-7; II Thess. 2:10-13).

Traditional Reformed theology accepts Scripture as the only written revelation of God. It is inspired or “God-breathed” (2 Timothy 3:16) and thus not to be edited or changed to fit a more comfortable contemporary perspective (John 17:17, Psalm 19:7-11). Scripture carries the authority of God’s rule over us and contains His commands, His promises, and His plan for salvation. Therefore, as human beings we are to submit to Scripture’s authority. As Reformed Christians, we do hold that varying insights may be held within the Scripture on certain doctrines and practices (i.e. infant vs. adult baptism), but Traditional Reformed theology affirms that an interpretation of Scripture will never fall outside the explicitly written Word of God contained in the Old and New Testaments.

These divergent theologies both claim the Lordship of Christ, but with significantly different interpretations. Traditional Reformed theology believes unequivocally that Jesus Christ is “the Way” (John 14:6) and “the Door” (John 10:9). Salvation is through faith in Christ alone (John 3:16, Romans 3:24, 5:1, Acts 4:12). Progressive theology espouses a wide range of beliefs, from Jesus being “one way” among many, to a universal understanding that views Christ’s redemptive sacrifice as payment for all, regardless of belief. As the PCUSA’s new Form of Government says, “God unites persons through baptism regardless of... theological conviction.” A common refrain heard by candidates seeking ordination is “for me, Christ is my savior, but I cannot say how God may choose to do it in the lives of others.” We believe such thought attacks the very core of Christian faith: the cross and resurrection of Jesus Christ.

Fremont’s Session believes that in the PCUSA’s effort to embrace those who hold these strongly divergent theologies, “diversity” seems now to be more essential than holding fast to the Biblical moorings of our faith. Many in our denomination sincerely believe there is much to be gained by embracing both views and living within the “dialogue.” However, as a matter of conscience, the Session believes that it is unfaithful to God, His Word and

(Continued on page 4)

Luis Palau Sacramento Festival June 16 - 17, 2012

Luis Palau (loo-EES puh-LAOW) and his ministry have shared the Gospel with more than 1 billion people through evangelistic events and media. He has spoken in person to 25 million people in 72 countries with more than 1 million registered decisions for Jesus Christ. He has authored close to 50 books and countless articles on issues of faith and counseled business and political leaders and heads of state around the world.

Luis' radio broadcasts in both English and Spanish are heard by millions on 3,000 radio outlets in 48 countries. His outstanding and significant contribution to the field of Christian communications was recognized in 2008 with the National Religious Broadcasters William Ward Ayer Distinguished Service Award.

Luis Palau festivals have produced some of the largest audiences ever recorded in cities from south Florida to South America.

His book, *A Friendly Dialogue Between an Atheist and a Christian*, quickly became a best seller in China and was released in the United States in February 2008.

The Luis Palau Sacramento Festival, to be held June 16-17, 2012 at Cal Expo, is a powerful opportunity for churches and believers to unite and reach our community with the Good News of Jesus Christ. It is a call to pray for the lost in Sacramento, and to serve in one of the many Season of Service projects – sharing a vision to help the least fortunate. It will provide activities for families, children, teenagers, young adults, and adults. There will be a family fun zone, extreme sports events, Christian rock and gospel music, with the Gospel preached each evening by Luis Palau.

Please pray about your involvement in partnering with God for perhaps one of the greatest spiritual awakenings in the history of Sacramento and our lifetime. For more information, please contact **Annie Fish at (916)-813-4422 or annfish@surewest.net** or visit the Luis Palau website at: www.sacramentofestival.com.

Buildings & Grounds

The Buildings and Grounds Committee thanks everyone for their continued efforts in keeping lights and environmental systems (heating and cooling) off when rooms are unoccupied and keeping all exterior doors closed. As a point of fact, the combined SMUD and PGE (gas) utilities for our campus in 2011 was \$114,077 or 54% of the total Buildings and Grounds 2011 budget. As we all know, the price of these utilities only continues to rise, however our consumption remains fairly constant from year to year.

We also wish to thank the Fremont Custodians for all of their great work this last December performing setups, teardowns and the cleaning of our campus to accommodate all of our concerts and worship services during the busy Christmas Holiday Season. Thank you very much to our custodian crew of Anthony Lark, Alice Kakumba, Blanca Lacayo, Eduvigues Games, Jason Edge and Mike Jean.



(Continued from page 3)

From Pastor Don

the future of Fremont to compromise these historic, reformed foundations of our faith in the hope that by obscuring our theology we might appear more attractive to our culture. We are convinced that the Gospel of the ages is as relevant and appealing today as it has ever been. Even more important, this time-tested Gospel is the only Truth we know and to share anything other than that Truth would be the height of disobedience to God (I Timothy 3:3-7; II Thess. 2:10-13). Here is where our forefathers and foremothers in faith stood, sometimes sacrificing their lives, and here is where we stand as well.

Friends, encourage one another, pray for Fremont, the Sacramento Presbytery, the PCUSA and the EPC often, and trust in the unfailing Mercy and Grace of Jesus Christ. (Portions excerpted from *First Presbyterian Church, Orlando, FL*)

TNT - Tuesday Nights Together



3:30 - 5:50 PM

CHILDREN'S / YOUTH MUSIC AND ARTS PROGRAMS

Contact Music Office 452-7132 ext.
231 or see [page 6](#) for information
on Children's and Youth Music
programs.

DINNER, 5:30 PM - in FERGUSON HALL

Enjoy a wonderful meal prepared
each week for you, your family and
your friends. Cost: \$6 adults; \$4 kids
5th grade and under; \$19 family
maximum.

6:30 PM, ADULT CLASSES (See column at right) KABOOM CHILDREN'S PROGRAM

Adult Education Classes

SUNDAY, 10:15 AM

- **R. C. SPROUL SERIES:** Led by David & Rebecca Beach
- **WESTMINSTER CONFESSION:** Led by Martin Boersma
- **GRIEF MINISTRY:** This is on a drop-in basis, you do not need to attend every session to participate. Discussion of the grieving process and ways to cope and heal. Led by Marie Kootstra.

TNT, 6:30 - 7:30 PM

- **ALL ABOUT THE LDS RELIGION:** Led by Dr. Donald H. Baird
- **HEALTH MINISTRY:** Led by Carmen Enz, Health Ministry Team
- **BETH MOORE BIBLE STUDY:** "David: Seeking a Heart Like His." Cost \$25 (book included). Led by Kristi Foster.
- **MARRIAGE MINISTRY:** Couples, invest in your relationship, whether you have been together 1 or 61 years and whether you have a strong relationship or are struggling. Talks are informative and fun, using a DVD format. \$10 per couple. Led by John & Delette Spring.

THURSDAY MORNING BIBLE STUDY, 10:00 AM

- **ALL ABOUT THE LDS RELIGION,** led by Dr. Donald Baird

Men's Ministry TREK

Men's Trek, from 6:15 - 7:45 AM at Hoppy's Brewery. We invite all men for fellowship, growth and prayer. We have been studying the book "Wild at Heart" by John Eldredge. For more information, contact Stephen Wong, 428-9310.



Junior High Ministry • High School Ministry • College 20's Ministry

FOR JR. HIGH: CHECK OUT
OUR WEBSITE FOR EVENTS:

MY1LIFE.ORG



FOR HIGH SCHOOL,
Contact Lysle Spangler:
lysle@fremontpres.org.
Check out our website:
oneelement.org



COLLEGE: **Fusion**. Connect with
other COLLEGE 20'S & grow in your
relationship with Christ. Contact Brian
Dougherty: Brian@fremontpres.org.

Fremont Music Academy

Have you always wanted to play an instrument but couldn't find a place to learn? Have you ever wanted to play in an orchestra or band, but couldn't find one that would take adult beginners? Well, now is your chance.

Why not give it a try! The Fremont Music Academy resumed in September with levels for beginners and those who can already play. **Now is a great time to join them as they begin a new semester.** If you need an instrument, talk to Cathy Frye about free instrumental loans.

BAND (Mondays)

Beginning Band: Grade 4 – adult, 4:00 to 5:00 pm
FMA Band: Grade 4 – adult, 5:00 to 6:00 pm

PRE-BAND (Wednesdays)

Pre-band (Beginning Recorder) grades K–3, 3:30 to 4:00 p.m.

STRING ORCHESTRA (Wednesdays)

Beginning Orchestra: Grade 4 – adult, 4:00 to 5:00 pm
FMA Orchestra: Grade 4 – adult, 5:00 to 6:00 pm

Location: Music Room

Cost: \$30 per semester (Scholarships available)

For more information email:

Cathy Frye, Music Academy Conductor, at ca_frye@yahoo.com,
Cheryl Eshoff, Minister of Music, at cheryl@fremontpres.org,
Music Office at vicki@fremontpres.org or call 452-7132.



Music & Worship Arts Programs for All Ages!

CHILDREN:

- **WIGGLIN' WORSHIP** – Mommy/Daddy and me • Ages 3-4 yrs
Tuesdays, 5:00 to 5:30 p.m.
- **SONBEAMS** – Choir
Grades K-1st
Tuesdays, 5:00 to 5:50 p.m.
- **PRE-BAND** (Beginning Recorder)
Grades K-3
Wednesdays, 3:30 to 4:00 p.m.
- **GRACE NOTES** – Handchimes
Grades 2-5
Tuesdays 4:30 to 5:00 p.m.
- **KINGS KIDS** – Choir
Grades 2-5
Tuesdays, 5:00 to 5:50 p.m.

YOUTH:

- **HANDBELLS**
Grades 6-12
Tuesdays 3:30 to 4:15 p.m.
- **SOUNDS OF PRAISE** - Choir
Grades 6-12
Tuesdays 4:45 to 5:50 p.m.

ADULTS:

- **SANCTUARY CHOIR** - Choir – Adults
Sings in 8:55 a.m. Classic service (8:00 a.m. call time).
Rehearses Thursdays, 7:00 to 9:00 p.m. in the Music Room beginning September 8 – Cheryl Eshoff, Director
- **SAINTS ALIVE!** - Choir - Seniors
Sings about once a month in 8:55 a.m. Classic Service.
Rehearses Wednesdays, 1:00 to 2:30 p.m. in the Music Room, beginning September 28 – Bob Hearst, Director

For more information, call the Music Office 452-7132 or e-mail: cheryl@fremontpres.org or visit our website: www.fremontpres.org.

Scout Sunday February 5TH

"A Scout is Reverent"

February 2012 marks the 102nd Anniversary of the Boy Scouts of America. "A scout is reverent", he is reverent toward God, he is faithful to his religious duties.

In honor of God and scouting all Cub Scouts, Boy Scouts and Scout leaders are asked to attend either worship service in uniform.



Children's Ministry



FOUR NOT SO LITTLE THINGS: As I sat here wondering what to put in the Grapevine, I realized that there are 4 things in Children's Ministry that I am particularly excited about right now: **1) KIDS Church** on Sunday mornings at 9 & 11. For the rest of the winter quarter in KIDS Church we will be following the sermon series. That means your K-5th grade student will be talking about the same thing in their church hour that you have talked about in yours! **2) The Children's Ministry Team...** did you know that it takes 27 adults and youth to teach our FPC kids every Sunday? We have a team of people who make it a priority to come to church on Sunday to make a difference in the lives of the children & families of our church! (Thank you teachers!) **3) Bible Sunday...** on March 25th the Sunday School classes come together in Ferguson Hall to celebrate what God is doing in FPC Sunday School. Each of the children's classes will present a memory verse and 3rd Grade Students will receive Bibles. **4) Community Focused Ministry...** we have 50 moms and 70 kids who come to Fremont each week to attend MOPS; 400 kids, 80 coaches, and 50 referees participating in the Upward Basketball program; 85 kids representing 40 home school families who come on Tuesdays for Classic Conversations; and 40 girls who come each Friday to attend American Heritage Girls. Children's Ministry is also beginning to plan for GO Day with the Greenhouse, and for the Luis Palau Festival Family Fun Zone of which we will be an active part!

For more information about other exciting things going on in Children's Ministry, or to find out how you can join us, please contact the Children's Ministry Office.

Kim Shaw, Director of Children's Ministry:
kim@fremontpres.org or 452-7132 x 222.
Angie Nevin, Children's Ministry Program Assistant: cmpa@fremontpres.org or 452-7132 x 230.

VBS 2012

July 9-13, 2012

It's that time again!

Online registration will

begin on May 7th at 6:00 PM.

Register at www.fremontkids.org.

The Cost is \$40.00. Scholarships are available.



**FREE E-WASTE
COLLECTION
FUNDRAISER
SPONSORED BY
CEAR, INC.**

CEARINC.COM

FREMONT

PARKING LOT

SATURDAY, MARCH 10

9 AM TO 1 PM

Fremont Nursery School



childhood is a journey, not a race.

You don't even need to get out of the car, we will unload it for you!

We will accept: monitors, televisions, desktop and notebooks, VCRs, stereo equipment, speakers, keyboards, digital cameras, telephones, cell phones, printers, copiers and fax machines.

We cannot take: appliances, furniture, hazardous waste, fluorescent light bulbs, paint, pesticides, used oil, cleaning supplies, tires, etc.

For optimal security CEAR INC shreds all accepted computer hard drives.

If you have questions, please contact Ashley Trask at ashleytrask1@gmail.com

Thank you for your support of Fremont Nursery School!



Sunday Nights • 6 PM • Community Life Groups

Christ is calling us to live in community with one another. He is asking us to make a conscious decision to care for one another and to invite others to participate. Community Life Groups are not the end of the journey, but the beginning. They are the place that we can grow in faith, support each other, and learn to live as the Body of Christ. Come and see what life is like in Community Life Groups.

com•mu•ni•ty life groups (verb)

- usually 8-12 persons
- concludes at 7:30 PM

- no signup necessary
- childcare available
- meets in Geneva Room

Jamaica Medical Mission Team

Twelve volunteers from Fremont will be joining a larger team of 45 volunteers from Hope and Health to Jamaica in Manchester Parish, Jamaica. This team will be providing medical and dental care and spiritual encouragement to the people of rural Jamaica.

Physicians: Pat Tansey-Mitzner, MD; Heather Hoffmeyer, MD. There will be three medical teams. Each will have a pediatrician and two adult physicians to see and exam patients, diagnosis illness, and prescribe necessary medications.

Dentists: Ron Rott, DDS; Wesley Yee, DDS. The two dental teams will evaluate and remove teeth and educate on proper oral hygiene. They will also do limited cleanings and fillings.

Nurses: Pam Cappelletti, Grace Lopez Cox, Vicki Meyer, Katee Schaffer. They will triage patients, document chief complaints, and take patients' blood pressures, temperatures, and occasion blood sugars. They may work in the pharmacy educating patients on their illness and necessary medications.

Pharmacist: Nancy Yee. The pharmacists will fill the prescriptions prescribed by our physicians with the donated medications and explain the medications and their purposes to the Jamaican patients.

General Helpers: Kathy Lewis, Janice Stone Thomas, Deanna Vattuone. General helpers will assist with crowd control; run charts from clinic nurses to our nurses and run charts from the doctors to the pharmacy; help count pills in pharmacy, and be responsible for lunch preparation for the clinic team.

Construction: There will be a construction team working to replace the roof of an orphanage damaged by hurricanes.



We have packed, itemized, and weighed (50 lb baggage limit) a total of 17 bins of vitamins, dental supplies, and other medications as additional baggage. These were purchased with the generous donations from our Fremont family.

All team members will be conducting devotions and witnessing to the love that Jesus Christ has for all people. The Jamaica Medical Mission team would appreciate your commitment to upholding us in prayer:

- *For safe travel – during our flights, and during van trips between base camp and the clinics*
- *God's blessings as we process all the donated medications through customs and that all the medications will be available at the start of the project.*
- *For each clinic team to work together well and have fun*
- *Allowing God to work through us as we minister to His people.*
- *The capacity to be flexible and understanding of the culture and the needs of the Jamaican people*
- *Create hearing and open hearts to hear the Good News of Jesus Christ*
- *Willingness to experience God's blessings through the Jamaican people*

ITINERARY:

Fri, Feb 17: Depart Sac 6:15 pm for red eye flight to Jamaica (via LA and Miami)

Sat, Feb 18: Arrive Montego Bay at 11:25 am, meet rest of H2Jamaica team; four hour bus ride to Bethel Christian Center, Mandeville

Sun, Feb 19: Worship at camp; set up pharmacy with donated meds; assemble clinic teams

Mon, Feb 20: Medical A-Alligator Pond, B-Craig Head, C-Pratville, Dental 1-Craig Head, 2-Pratville

Tues, Feb 21: Medical A-Cross Key, B-Victoria Town, C-Boubay
Dental 1- Victoria Town, 2-Boubay

(Continued next page)

Jamaica Medical Mission Team

(Continued from previous page)



- Wed, Feb 22:** Medical A-Devon,
B-Harrywatch, C-Maidstone
Dental 1-Harrywatch, 2-Maidstone
- Thur, Feb 23:** Medical A-Plowdon, B-Mile Gully, C-Harrywatch
Dental 1-Plowdon, 2-Mile Gully
- Fri, Feb 24:** Medical A-Grove Town, B-Downs, C-Mile Gully
Dental 1-Downs, 2-Mile Gully
- Sat, Feb 25:** Rest – Visit YS Falls
- Sun, Feb 26:** Worship at local churches, rest
- Mon, Feb 27:** Pediatric A and B-Our Lady of Hope Home/Bosco
Boys Home
Pediatric C at Hanbury Home
Adult doctors – Veterans' home/ Mandeville Infirmary
- Tues, Feb 28:** Pediatric A: Mt. Olivet Home; Pediatric B and C:
Bosco Boys Home,
Adult doctors -Mandeville Infirmary
- Wed, Feb 29 morning:** Medical A and B- Newport, C- Bethel camp
Dental 1-Newport, Dental 2-Bethel camp
Afternoon: Pack up pharmacy, Jamaica Dinner night
- Thurs, Mar 1:** Return to Montego Bay
- Fri, Mar 2:** Rest and relaxation in Montego Bay
- Sat, Mar 3:** Depart Montego Bay 12:30 pm, arrive Sacramento
11:55 pm

We are excited that you are praying for us. Look for an update about our mission in the April Grapevine. We will be doing a Jamaica Medical Mission presentation between services on May 6th.



Christmas Joy Offering

Thank you to everyone who donated to the Christmas Joy Offering. The total given was \$6,402. This will be split evenly between the Assistance Program of the Board of Pensions and Powerhouse Ministries. The Assistance Program provides emergency grants to retired missionaries and pastors. Powerhouse Ministries provides family, youth and homeless services in the Folsom Prison area. They also coordinate the Angel Tree project in their community.

Earl Warren School

Every fall Fremont sponsors Earl Warren's pancake breakfast fundraiser. Our volunteers purchase the supplies and work the griddles. There is also a wonderful pumpkin patch coordinated by Dick Norton which delights the children. This year the sale of pumpkins generated \$650 and Fremont's sale of tickets generated another \$539 for the school. Thank you to everyone who participated.

Greetings from Lebanon!



The Pastor, The Mission Committee, The Congregation of Fremont Presbyterian Church

Dear Friends, Greetings in the name of our Lord Jesus Christ! May 2012 be a blessed year for you! Allow me first to introduce myself. I am George Sabra, the Academic Dean at NEST and currently the Acting President. I have taken the place of President Mary Mikhael, and I am writing in this capacity to acknowledge receipt of the contribution of \$1,200 on 8/12/2011 which you have sent us.

On behalf of the whole community of the Near East School of Theology, I wish to thank you for your contribution. We are grateful that

we have friends and supporters like you. We are a small but very old institution of theological education in the Middle East that has trained the overwhelming majority of pastors and Christian educators in the Protestant churches of the region. We rely mainly on funds from friends and partners in the USA and in Europe. In these days of instability in the Middle East, we appreciate so much your support and ask for your prayers.

Sincerely in Christ,
George Sabra, Academic Dean/Acting President, Professor of Systematic Theology
Near East School of Theology
P.O. Box 13-5780 Chouran
Beirut 1102 2070, Lebanon

Fremont Women's Ministry

We're not just another pretty face. 😊

The women on the leadership team want people to know that their passion for women's ministry is to see women growing in their walk with God. The purpose of this article is to present our theme for the year and to share the many opportunities for growth and fellowship.

This is going to be a year focused on prayer.

Problem: We hear about prayer and talk about prayer, but may not feel confident in how or what to pray. Solution: Learn about prayer and "just do it."

***Congregational Prayer** happens every Sunday at 10:15 AM in the Gathering Room.

***June 16-17 at Cal Expo Fairgrounds the Luis Palau Sacramento Festival** will be taking place, and you can be a part of this exciting event by committing to daily prayer. Print out information or pick up a festival card at Fremont. Place the card in a conspicuous place and you will be reminded to pray for the lost. When revival comes, you can give God the glory for answered prayer.

Very cool.

<http://www.sacramentofestival.com/festival>

***The women's retreat is coming April 27-29** at Zephyr Point, Lake Tahoe and the speaker is likely to mention, guess what? Prayer!

If you need more, consider joining one of these ministries which also have a prayer focus:

***Bible studies for all ages and interests.** Pick up a newsletter at the Women's Table or look for fliers on the back of the bathroom doors-we really want women to know what's going on! There are studies by various authors, meetings at different times Mon.-Fri., and on Sun. there is a study between services.

***Marriage Ministry** is planning an amazing marriage conference Mar. 23-24. For detailed information call the church office or go to the Matters of the Heart website: <http://matter-softheheartresources.com/>

***Mentoring for men and women** will be available this spring. Learn how you can use your life experiences and serve as a mentor or choose to be mentored. Being involved in mentoring is a life changing experience. For details contact Skip Ohs 443-5581 or Lorna Burkhard 457-3081.

***Avenue is a support group for women** needing help after discovering a spouse or boyfriend has an addiction to pornography. Call this confidential number for further information (916) 737-7729.

***Divorce Care** meets Sunday from 6:00-8:00 PM, CLC Room #201. For details contact Marcia Carlton at divorcecare@fremontpres.org.

***Small group meetings** are also a wonderful way to connect with others for prayer and fellowship. The church office has a listing of current groups.

If you share a passion to see women grow in Christ, pray about joining the women's ministry team. For details contact Annie at 488-3142, or Chandra at 452-1717.

We all appreciate a pretty face, but our hope is that our beauty would be more than skin deep. If the beautiful smile on a woman's face reflects a spiritually healthy heart, then the women's leadership team has met its goal. 😊



Women's Ministry

Women's Retreat 2012

April 27 - 29 • Zephyr Point Conference Center, Lake Tahoe

Cost: \$150.00

Registration starts February 5th at the Women's Table or online.

If you have question or would like to volunteer to help, please email Dana Jaime at dana@thejaimes.com



Prime Time Fun for 55+!

Prime Time! for Active Adults (55+)



If you are fifty-five or older you might want to join us for all or part of the day. It begins even before Dr. Baird's Bible study in the Chapel when the sounds of the domino players echo in Ferguson Hall. Coffee and tea awaits any and all who join in the many board games that are offered. At ten o'clock some go on to Bible Study while others arrive to start a bridge game, Kings in the Corner or whatever suits their fancy. At eleven, a group of "walkers" take off for exercise in the River Park area or the campus (rainy weather doesn't stop them! They take over the gym in the Community Life Center to give those hearts a workout.) A favorite for many is the low-impact "Qi Gong" exercise workout right there in Ferguson Hall.

Everyone brings a sack lunch and for \$3, dessert and coffee or tea are provided. Conversations around those tables get pretty noisy as laughter and story telling about what's going on in their lives now or in "the good old days" takes over. Pastor Dan joins us and he usually shares some topical humorous readings or writings that poke fun of "getting older." Does everyone go home after lunch? Not on your life! It's back to some serious board games or Mexican Train for another hour or two.

Why not give it a try some Thursday. You won't be disappointed! Contact Jeanne Wallis at 488-3419 or Pastor Dan at the church office.



FIRS Seniors Ministry

Friendship • Inspiration • Recreation • Service

Luncheon, 11:30 AM

Wednesday, February 8TH

FIRS will gather for lunch in Ferguson Hall to enjoy a fully catered meal for only \$10. Beautiful piano selections will be rendered by Robby Beard, after which our own James Baird will speak to us on "Dumb Faith." If you have not yet made your reservation, please call Jean Jones, 488-4157 by 9:00 PM on Sunday evening, February 5th.

FIRS & Friends Seniors' Travel



For information about any trips, contact Lu Bakken at (916) 481-2035 or Kathy Bos at KB's Travel [CST#207972040], (916) 689-5117. Brochures/ flyers for all trips are available from Lu or the church office. Everyone is welcome to join our trips.

A DAY TRIP TO PETALUMA ON WEDNESDAY, MARCH 7, 2012, featuring two tours—a tour of historic Petaluma and a tour of the Petaluma Creamery's cheese-making facilities. Price: \$59.00. Price includes two docent-led tours, coach transportation, all gratuities. Lunch will be on your own at the Petaluma Creamery.

- **Morning Tour – Historic Petaluma:** Our day trip begins with a docent led step-on-board the bus tour with Marshall West. You will ride and enjoy historic Petaluma. The 1 ½ hour-2 hour tour will start at the Petaluma Museum to pick up Mr. West who will tell us about the architecture of some of the 150 buildings on the National Register. Bus stops also will be at the buildings used in the "American Graffiti" movie. We will view the movie in the bus on our way to Petaluma. Another stop will be at the Seed Bank, located in the historic Sonoma County National Bank building that is a beacon for gardeners, foodies, shoppers, and tourists alike. They offer over 1,200 varieties of heirloom seeds, garlic, tools, books, and hundreds of local hand-made gifts and food items.
- **Afternoon Tour - Petaluma Creamery:** The Creamery has been an integral part of Sonoma County farming since 1913. The facility is owned by a dairyman, Larry Peter, the owner of Spring Hill Jersey Cheese Co., well known for its organic cheeses. We will have lunch at the Petaluma Creamery prior to the 40-50 minute cheese-making tour that ends with samples. Lunch offerings include deli sandwiches, pizza, soup, old-fashioned milk shakes, ice cream, fresh coffee, and espresso drinks.

Check future issues of the Grapevine for information about upcoming trips to Jamestown, Amador Flower Farms, the Bob Hope Theatre in Stockton, and the Napa Valley Wine Train. Some ideas may be subject to change.

Prayer on Sundays, 10:00^{AM} Gathering Room



Please join the Fremont family in prayer between worship services in the Gathering Room, off the arcade, between the Sanctuary and the courtyard. This is a chance for our congregation to seek the Lord in prayer, asking him to lead.

Asilomar Adult Retreat, May 4-7

The whole multitude was standing on the beach, and He spoke many things to them in parables." -Matthew 13:2, 3

Consider joining with other Fremonters at this annual retreat **"By the Sea" from May 4 - 7, 2011**. Beginning with dinner on Friday evening and ending after worship on Monday, the morning and evening hours will find us under the leadership of Pastor Dan Willson and Greg McGinnis as they share their insights on God's Word and how it speaks to us today.

Afternoons are free for the many sights and sounds that only the Monterey Bay Peninsula can offer. What could be better! Want to be involved in the planning? Contact Pastor Dan at 452-7132 or Jeanne Wallis at 488-3419.



Session Notes of December 21

Following are some action and informational items from the Session meeting of December 21, which might be of interest to the general congregation. These notes are not intended to reflect the total work of the Session at the meeting. If you are interested in more information about a particular item, please contact any member of Session.

First, thank you, again, to Patti Dusel who served as Clerk Pro-Tem for this meeting and prepared the minutes from which this article was drawn. Patti has been a faithful Clerk Pro Tem for several years. As she is now serving as a Ruling Elder, she will no longer be able to serve in my place. Thank you, Patti, for your continuing, faithful service to Fremont.

This was the last meeting for the Session Class of 2011. Those completing their terms were Andy Bodemeijer, Sean Doherty, Brooks Erickson, Dan Johnson and Clair Parsh. Each of those present was honored for his service and given a book. Delicious desserts were provided by Pam Dolk and Ann Bruce as thanks to Session for its service during the year. Many thanks to them from Session for their extra efforts and the cheer they brought to the meeting.

There was a special report from Parish Nurse Carmen Enz and Martha Lake, a member of the Health Ministry Team, on Fremont's Faith Food Fitness Challenge 2012.

There was an update to Session from the Negotiating Team. As of the date of the meeting, Fremont's Negotiating Team had not been invited to meet with Presbytery's Negotiating Team. A called Presbytery meeting had been announced to consider establishing an Administrative Commission.

There was also an update on the 2012 Budget. Final budget action will be taken at the January Session meeting.

The Financial Report for October showed General Fund revenues (total) were \$121,901 and expenses were \$152,408, giving a loss for the month of \$30,508. Year-to-date revenues of \$1,545,489 were less-than-budget by \$38,878, and year-to-date expenses of \$1,682,061 were less-than-budget by \$50,951, giving a year-to-date loss of \$136,572, with a variance from Budget of a surplus of \$12,074.

ACTIONS:

- Approved the calendar for serving communion in 2012.
- Appointed Bob Schroeder as Session representative from the College of Elders to the 2012 Nominating Committee.
- Elected Elaine Moody to serve as Clerk of Session in 2012 and Carol Wyatt and Patty Howard to serve as Clerks Pro Tem in 2012.
- Appointed commissioners to represent Fremont at the called Presbytery meeting (to be held January 9).
- Supported planning a prayer vigil for January 9.
- Created an organized pastoral outreach from the Session asking how Session can meet the needs of those members wanting to stay in the PC(USA).

-Elaine Moody, Clerk of Session

Devotional "True Religion"

LORD GOD ALMIGHTY,

I ask not to be enrolled amongst the earthly great and rich,
but to be numbered with the spiritually blessed.

Make it my present, supreme, persevering concern

to obtain those blessings which are
spiritual in their nature,
eternal in their continuance,
satisfying in their possession.

Preserve me from a false estimate of the whole or a part of my
character;

May I pay regard to my principles as well as my conduct,
my motives as well as my actions.

Help me never to mistake the excitement of my passions
for the renewing of the Holy Spirit,
never to judge my religion by occasional impressions and
impulses, but by my constant and prevailing disposition.

May my heart be right with thee, and my life as becometh the gospel.

May I maintain a supreme regard to another and better world,
and feel and confess myself a stranger and a pilgrim here.

Afford me all the direction, defense, support, and a consolation
my journey hence requires,
and grant me a mind stayed upon thee.

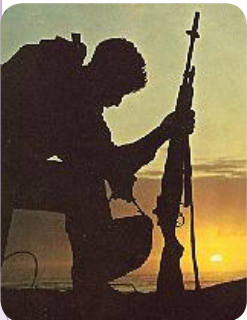
Give me large abundance of the supply of the Spirit of Jesus,
that I may be prepared for every duty,

love thee in all my mercies,
submit to thee in every trial,
trust thee when walking in darkness,
have peace in thee amidst life's changes.

Lord, I believe, help thou my unbelief and uncertainties.

From the Valley of Vision, The Banner of Truth Trust, P.O. Box 621, Carlisle,
PA 17013 USA. Used by permission. This book is available from the publisher.
Presented by the Fremont Adult Education Committee.

Caring for our Military



Attention Fremonters: If any of your family members are currently serving overseas, please send us their information so that the Fremont Deacons can arrange to send them a "care package" from Fremont Presbyterian Church. Send to: fremontveterans@gmail.com. We thank you for both their service to our country and the sacrifice you make with them being gone.



Mark your calendars!
Coming to Fremont
March 23 and 24, Friday
PM and Saturday until
4:00 PM...



Presenters.

ALLEN HALEY, M.DIV.
and TERRI HALEY, MFT

Plan to be a part of this exciting event. Make an investment in continuing to build a strong marriage. Plan to be a part of this exciting event. Cost: \$80.00 per couple. Includes refreshments Friday evening and continental breakfast and lunch Saturday.

Contact Delette and John Spring
(916) 452-1699
jdspring39@comcast.net

Bio: Allen and Terri Haley have been married since 1982 and have two adult children, Bethany and Luke, and live in Sebastopol CA.

Terri is a licensed Marriage, Family, and Adolescent therapist working in private practice for 18 years. She is currently working on her PsyD. in Psychology.

Allen has a Master's degree in Divinity and is an Ordained Minister who specializes in Pastoral Counseling. He has been counseling, teaching and speaking for over twenty-two years.

Both treat Individuals, couples, and families at Christian Counseling Associates in Santa Rosa CA. Both are gifted speakers and writers who specialize in the integration of Psychology and Christianity. Allen and Terri currently write a column for North Bay Christian News titled "Matters of the Heart for Marriage." They also designed and co-teach *Matters of the Heart Workshop for Couples* and *Matters of the Heart Workshop for Families*.

Allen and Terri bring a unique perspective to their workshops and retreats. They are both open and vulnerable about their own brokenness, growth and repair in their relationship.

Website: Mattersoftheheartresources.com
Email: [info@mattersoftheheartresources](mailto:info@mattersoftheheartresources.com)

Feed the Hungry

Between February and April, what will you do to Feed the Hungry of Sacramento? The words of Christ are clear, if we do not Feed the Hungry, then we are seriously lacking in our faithfulness to the gospel. Christ literally commanded us to Feed the Hungry. But, where do we start with such a command?

First of all, it is helpful if we understand that there are hungry people. It can be so easy to 'fall asleep' to the problems of the world around us. However, right in your neighborhood there are people who are hungry. Some are quite literally hungry for food, while others are spiritually hungry. Can you imagine someone who has never had someone say "I love you" with the heart of Christ? That's the real hunger that we're talking about. Of course, in so many ways, we've already been doing this at Fremont for years. Through our ministries, missions and programs, every year we have reached tens of thousands of people and shared the love of Christ with them in countless ways. Quite literally, everything we do at Fremont is about responding to Christ's command to Feed the Hungry.

If Jesus were teaching right now, you could almost imagine someone asking him, "Jesus. Who are the hungry?" In one way, I can see him looking at us and saying, "Come on. You don't know?" And, he'd be right. Have you ever started eating a meal and said, "Wow! This is good. I didn't know how hungry I was." For me, I've had that feeling when I first felt at home in a church, when I first allowed myself to be carried away by the words of Christ, when I first wept over the lack of justice in this world, when I first had someone say thank you with tears in their eyes, when I saw a family come back to life again, when I saw a true friendship take root and when I clearly felt God saying "I love you."

The most profound realization for me was that it wasn't just the world that was hungry for Christ, it was myself who was hungry to live out the gospel. When we have the gospel in our laps, on our plates and in our heads, but there is no real response to it, we become completely emaciated. For many people who are victims of starvation, the first meal is not a pleasant experience. It is as though their bodies have an aversion to food. Somehow, their brains have been tricked into thinking that food isn't good. But, then they try a small bite and the nutrients get absorbed. Slowly, they are brought back to health. Slowly and surely they find themselves being made alive. Now, how will you respond to the gospel command of Jesus to Feed the Hungry? I'd suggest that you consider just trying it.

This year we have an array of opportunities to serve the community. Season of Service, where we are joining with 500 other churches throughout Sacramento, will last from February-April, Go Day is April 14th and the Mission Conference on February 4th will get you charged up. Also, we are now going to be a distribution point for the Central Downtown Food Basket beginning in April, with the hope of addressing needs of those in our immediate community who are temporarily jobless. Look for the Feed the Hungry cards at Fremont for ideas on how you can start to Feed the Hungry.

*--James Baird is the Interim Minister for
Congregational Life and Small Groups.*

DIVORCE

Someone you know is hurting

DivorceCare is a special weekly seminar and support group for people who are separated or divorced. Our DivorceCare group is taking a little time off. We will begin meeting again on February 5.

Email Pat or Marcia:

DivorceCare@fremontpres.org

**Sundays from 6:00 – 8:00,
Westminster Room**

DIVORCE*Care*



*A Little Taste
of Heaven . . .*

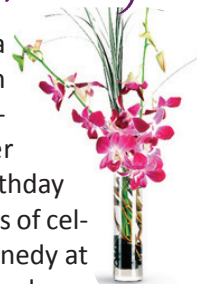
Fremont Coffee Bar

**Serving Sunday Morning Pastries
Generously Provided by ETTORÉ'S BAKERY!**

**SERVING JAVA CITY COFFEE, NON-COFFEE
DRINKS AND MUCH MORE! OPEN SUNDAYS
8:30 – 11:30 AM and during special events.**

Sanctuary Flowers

Honor the memory of a loved one with flowers in the sanctuary on a Sunday morning. Remember someone special on a birthday or anniversary with flowers of celebration. Call Barbara Kennedy at 489-5665 to schedule a Sunday.



FREMONT BOOKSTORE



**OPEN SUNDAYS
10:00 AM - 1:00 PM**

YOUR CHRISTIAN RESOURCE IN EAST SAC

*"Come and check out the bookstore
for your card and gift needs"*

CHURCH STAFF

Pastor/Head of Staff
Dr. Donald H. Baird

**Associate Pastor -
Congregational Care &
Mission**
Dr. Daniel Willson

**Interim Minister for Congre-
gational Life & Small Groups**
James Baird

Executive Minister
Mark Eshoff

**Minister of Music &
Worship Arts**
Cheryl Eshoff

**Minister of Modern Music
and College/20's**
Brian Dougherty

Director of Sr. High Ministry
Lysle Spangler

Director of Jr. High Ministry
Jordan Skinner

Director of Children's Ministry
Kimberly Shaw

**Director of Member Ministry
(vacant)**

Outreach Coordinator
Cate Williams

Executive Secretary
Cathy Cole

Administrative Assistant
Amanda Jantz

Organist
Stephen Drew

**Technical Ministries
Coordinator**
Mike Mitchell

Memorial Coordinator
Jeanne Wallis

Parish Nurse
Carmen Enz

**Children's Program
Assistant (Interim)**
Angie Nevin

**Childcare/Nursery
Directors**
Kerry Finley
Melissa Hightower

**Fremont Nursery School
Director**
Du Willson

Publications Coordinator
Becky Lucero

Publications Assistant
Steve Carey

Business Manager
John Walden

Facilities Coordinator
Melanie Andrews

Giving Secretary
Carolyn Walden

Accounting Clerk
Linda Brown

**Maintenance
Technician**
Mike Mitchell

Custodians
Jason Edge
Eduviguez Games
Mike Jean
Alice Kakumba
Blanca Lacayo
Anthony Lark

**Bookstore
Manager**
Heidi Taghavian

**Coffee Bar
Managers**
Ann Bruce
Pam Dolk

THE SESSION

CLASS OF 2012
Marty Boersma
(Adult Education)

Marcia Garrison
(Mission)

Lynn Jordan
(Nominating
Committee)

Vicki Meyer
(Worship Support)

Carol Skinner
(Children's Ministries)

CLASS OF 2013
Russell Brown
(Student Ministries)

Char Gezi
(Member Care)

Jeff Hightower
(Specialized Ministries)

Chris Jaime
(Development)

Ken Moody
(Personnel)

CLASS OF 2014
Patti Dusel
(Outreach)

Darlene Jantz
(Music and Arts)

Linda Larson
(Evangelism)

Skip Ohs
(Spiritual Development)

Glen Thomas
(Administration)

Elaine Moody (Clerk of the Session)

DEACONS

CLASS OF 2012

Robert Cook
Sara Dunn
Eileen Hughes
Marie Kootstra*
Marni Love
Marsie Mott
Mike Nevin
Lynne Reich
Lynn Snyder
Chuck Uribe

CLASS OF 2013

Agnes Anderson
Amanda Deferrari
Jim Deferrari
Charleen Gorrell
Lora Harris
Marcia House
Lorna Sanders
Janice Stone Thomas
Steve Sylvanus
Wes Yee

CLASS OF 2014

Brian Burch
Gaylene Caputo
Lorrie Drotts
Nelson Krouse
Dan Lee
Tracey List
Mary Rutishauser
Jarrett Trask
Margo Walcott
Jan Wilson

(*Moderator)

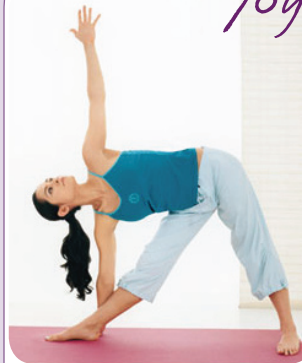
Stephen Ministry



STEPHEN MINISTERS continue to minister in our congregation and community, working with people who are experiencing such life crises as hospitalization, retirement, financial setback, the loss of a loved one, or any number of

other difficulties people face in daily living. We are able at this time to offer the services of a Stephen Minister. If you feel that you would like to have a Stephen Minister, or know of someone who would benefit from a one-on-one caring relationship, contact Charleen Gorrell, Referrals Coordinator, at 631-8616.

Yoga Class



Come join the Yoga Class as the new year begins! No previous experience required—all moves are adaptable to different ability levels. Yoga improves your strength, flexibility, balance, as well as relieving stress. We meet Saturday mornings from 9 - 10:15 in Geneva (usually).

Questions? You can contact Sharon Mynsted (sharonmy@att.net or 564-2012) or Barbara Morris (morrisbb@hotmail.com or 502-1749).

**Mardi
Gras!**

CAREGIVER APPRECIATION LUNCHEON • Saturday, February 18, 2012

11:30 AM - 1:30 PM • Fremont Presbyterian Church

Transportation and/or respite care can be provided while you attend! For more information, please call Carmen Enz, Parish Nurse at (916) 452-7132, ext. 252



DEADLINE

**FOR THE MARCH ISSUE:
FRIDAY, FEBRUARY 10**

visit us on the web:
www.fremontpres.org

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PERIODICALS
5770 CARLSON DRIVE
SACRAMENTO, CA 95819
(916) 452-7132
WWW.FREMONTPRES.ORG

PLACE ADDRESS
LABEL HERE

STATED CONGREGATIONAL MEETING • TUESDAY, FEBRUARY 7 • 6:15 PM

GO Day is April 14, 2012!

GO Day is just a little more than two months away! The GO Team needs help identifying projects and project leaders. This year we would like to reach out to individuals and non-profits in our community who may really need some help in these tough times. Do you know anyone who would welcome some help around his/her home? Perhaps a retiree who has trouble getting down to weed or a single mom who could use some help with a fence repair? Is there a military family in your neighborhood with a parent deployed? Please let us know. We have someone who is willing to assess any project. Please put Saturday, April 14 on your calendar.

We also need volunteers to help with coordination. Last year 297 Fremonters reached out and shared Christ's love in Sacramento. We want to surpass that number in 2012. Please contact Marcia Garrison at 916 383-7118 or plmgarr@comcast.net.

