

AUGUST foundry church

a heart for Bend
in the heart of Bend

Investing in Family



by Trevor Waybright

I want to encourage everyone to try and make this year's Family Camp a priority. It is the premier time of family investment and relationship building in our church. It is a great way to get to know more about our church if you are new, it is an amazing way to get to know people that you may not naturally hang around with, and it's a terrific opportunity to strengthen and nurture longstanding relationships.

This year we are going to be emphasizing the investment in the future generations of our family. We have a great thing going here at Foundry. There is an amazing family feel and warmth to our Sunday gatherings, new people are overwhelmed by the welcoming nature of our church, and the hurting and needy are nurtured and cared for. The question then becomes, how do we replicate this in the next generation? That is going to be the crux of our discussion during Family camp. We will hear Jesse's vision for the youth of our church and how we all fit into the fulfillment of that vision. We'll have opportunities to share with each other our passions and interests so that we can

use our gifts and talents for the edification and encouragement of the body. We'll learn how important mentorship is in the life of the church and how we can take someone under our wing and help teach the next generation the love of Jesus and the love of our neighbors.

This is an important moment in the ongoing growth of our church and we would love for you to be there and encourage others to do the same. It can be difficult to schedule the time away, but it is an investment. It's an investment in the current condition of our church family as we take some time away to simply hang out and get to know each other better. It's an investment in the future of our church as we discuss how to replicate the love of Jesus in the next generation. It's also an investment in our community. As we come together and grow in our love for one another, we better show our friends, neighbors, and co-workers the love of Jesus. It can be hard to get away for a summer weekend, but it's a fun time that is worthwhile for both the present and the future. See ya there!

church info

60 NW Oregon
Bend, OR 97703
(541) 382-3862
info@foundrybend.org
www.foundrybend.org

at a glance

- 01 ■ youth stunt kites with Larry Hess, 3pm @ pine nursery
- 04 ■ high school to camp attitude
- 05 ■ food pantry Sunday
- 06 ■ elder meeting, 5:45pm
- 10 ■ family camp
- 19 ■ youth range day
- 20 ■ elder meeting, 5:45pm
- 22 ■ youth float trip
- 24 ■ seniors bbq @ Foster's, 4pm
- 29 ■ youth service opportunity

birthdays

- 03 ■ Bob Blair
- 03 ■ Hattie Starling
- 06 ■ Judy Schliep
- 08 ■ Leonard Houston
- 10 ■ Robin Toomey
- 11 ■ Dara Christoff
- 13 ■ Erica Strauser
- 14 ■ Tracy McKenzie
- 16 ■ Francie Towne
- 16 ■ Beverly Graber
- 16 ■ Ro Guindon
- 18 ■ Kim Preskitt
- 19 ■ Alex Wilson
- 20 ■ Larry Hess
- 21 ■ Perry Rhodes
- 23 ■ Troll Weeks
- 25 ■ Bill Johnson
- 26 ■ Patty Westall

If you are 18 years of age or older, regularly attend Foundry, and not on our Birthday List, we would like to add you. Please email Joy at joy@foundrybend.org.



Food Pantry Sunday, August 5

Food pantry items that are needed to add to the basic bags: meat based soups, canned meat, pudding cups, microwave popcorn, cold cereal. Also need paper grocery bags at any time.



Family Camp, August 10-12

It's not too late to register for Family Camp. This is going to be a great time of fellowship, food and fun. To register, you can contact Joy, 541-382-3862, go to www.foundrybend.org or use the app.



Youth Summer Activities

August 1 - Youth Stunt Kites with Larry Hess, 3pm
August 19 - Range Day Meet at Foundry at 1pm
August 22 - Float Trip
August 29 - Backdoor Cafe, 7am-11am



Seniors Annual BBQ at Foster's, August 24

our annual BBQ at Don & Dorene Foster's is August 24th at 4pm. Their address is 55162 Lazy River Dr, Sunriver, 541-848-7755. Bricket is provided by our hosts. Sign up at the info counter or with the Powell's, 541-382-7218 or Nyquist's, 541-389-6602. A flyer with directions is available. For a ride or carpool, meet at the church by 3:15pm.

UPCOMING...

Coast Trip to Seakrest Lodge in Newport is Sept 18-21st
Cost \$90/person

This is a great trip you won't want to miss so sign up now at the information counter.

There are accomodations at the lodge as well as a motel nearby. Some have also stayed at an RV park.

*For more information on any of our Seniors trips, contact the Powells, 541-382-7218 or the Nyquists, 541-389-6602.

seniors on the go

August 5 **El Rodeo**
August 12 **Applebee's**
August 19 **Jake's Diner**
August 26 **Double Happiness**

global missions



*Colombia Grace
Foundation*

Life on the farm has been exciting and busy the last couple of months as we have worked on improvements around the farm, worked on educating the pastors in our care, welcomed a new set of brothers into the Jerusalem house, applied for our legal school certification and celebrated our 7th church anniversary.

Coordinating Educational Materials

Reaching the pastors in the surrounding communities has been a very strong desire these past 7 years. God has slowly been opening the doors allowing us to help the pastors receive Bible based teaching materials as well as classes and conferences aimed at their spiritual growth and understanding and reformation within the church and denomination as a whole.

This year God has opened up the

opportunity for Mike to be the Coordinator of Christian Education for the coast of Colombia. Praise God! Mike is very excited to be able to help the pastors in our region receive sound biblical training as many of them have never had any resources readily available to study.

The coordinator is responsible for organizing conferences and getting materials and training to all the pastors in the Baptist denomination and of course any others willing to learn.

Mike and Yeimy Gonzalez, a member of El Nido Church, were able to teach a group of pastors out in La Mojana, April 26th. They brought materials and taught on the 1689 London Baptist Confession of faith and the role of members and membership in the church. We look forward to seeing what other opportunities the Lord provides this coming

year!

More New Kids!

We were blessed to receive another new set of brothers into our farm family in April. They have done really well transitioning to life here. Please keep Jacob, age 10 and Luis, age 4, in your prayers.



local missions update

Local Missions

Our local missions committee has been working hard on our 2018-2019 budget cycle. We have decided to support two new organizations monthly.

We will be sending "Friends of the Children" \$400/month. This is an amazing organization that ministers to the most at risk children and

provides them a "friend" to walk through life with from Kindergarten until they are 18 years old.

We will also be sending the Ochocho Christian Conference Center \$300/month. We are excited about partnering with the camp leaders and being a part of what God is doing there, just outside of Prineville. In addition to the monthly support, we have given a one time gift of \$2,500 to help

with some capital improvements. We have given \$400 to CEF to help them get into the Harney County Fair and share the Good News. We have also given \$5,000 for Teen Challenge to purchase a new trailer for their lawn care business.

There are other needs that we are hoping to be able to help meet through our Faith Promise giving. Thank you, Foundry Church, for your generous support of our local missions.

children & youth

kidztown

by Jesse Flury

Our first Daddy/Daughter Camp-out was a blast! We had a great time camping on the Metolius. With hiking, visiting a hatchery, and finding out just how cold the river is there was no shortage of fun. It was also great to spend time sharing stories, both from our lives, and about what God has done.



This weekend several families will be heading to Sons of Thunder as sons get their turn for a weekend with dad. It's awesome to see so many families working to be so intentional about passing faith onto the next generation. It also takes a lot of work to be that intentional. If you aren't in the season of life anymore maybe consider praying for a younger family you know, and let them know you are praying for them. Parenting can be hard and they can use all the encouragement they can get.



by Jesse Flury

July flew by with so many great options and ways to connect. We had a brave crew go whitewater rafting down the Deschutes. Another group went mountain biking. We spent time hanging out and bowling, and continued to serve at Backdoor Cafe, and Family Kitchen. These were all great experiences and a lot of fun. August still has more to come, a day at the range, floating the river, Camp Attitude, and another chance to serve at Backdoor cafe. If you haven't had a chance to connect with something yet it's not too late.



August is also a transition month in a lot of ways. Stores put out back to school supplies, and summer is starting to wind down. It's a good time to start to look to what's next. This summer has been a great chance to get to know some of

the youth in the church and for them to get to know more of you. One of the best things I see is when the kids come away from an activity talking about how cool the adults are that they got to hang out with.



The truth is, none of us are actually that cool, but it doesn't matter, just being willing to spend the time makes all the difference. They need people like that in their lives. As we move into a new school year we are going to be talking more and more about how we can work together to make that happen.

For now here is what is still ahead:

- Aug 1- Stunt Kites- Meet at Pine Nursery at 3pm
- Aug 19- Range Day Meet at Foundry at 1pm
- Aug 22- Float Trip - Details to follow
- Aug 29- Backdoor Cafe 7am-11

health

by Sally Rhyner

CHRONIC INFLAMMATION AND CARDIOVASCULAR HEALTH:

The body's inflammatory response to acute injury sends chemicals to the injured area protect and heal it. Chronic inflammation is a low-grade reaction that continues for months or years that can have damaging effects rather than healing effects. Studies indicate that the body's inflammatory response to injury sends chemicals to plaque-filled heart vessels in order to protect the body from this "foreign body". Increased inflammation causes the plaque to be unstable and rupture,

leading to a heart attack or stroke. Inflammation is also linked to obesity, diabetes and high blood pressure and stress.

C-reactive protein (CRP) is a marker for chronic inflammation. This blood test can be used by your health care provider to help evaluate your cardiovascular risk. The best way to prevent CV disease is to reduce inflammation. This involves following a heart-healthy diet and staying active by getting at least 150 minutes per week.

There is some evidence that

statins reduce inflammation, so if you need a statin to reduce cholesterol, you get an added benefit.

Regular use anti-inflammatory medications is not advised due to the possible occurrence of serious side effects.

BLOOD PRESSURE

SCREENING:

Screenings will be conducted September 16 before and after the service in the Health Ministry office.

christmas shoe boxes



Operation Christmas Child

It's not too early to start thinking about your shoe boxes. Now is the time to buy the needed school supplies, on sale at most stores.

Also look for sales on summer toys and t-shirts. If you have any questions, don't hesitate to call Annette at 541-388-2002.

finance update

Planned Income: \$564,000

Actual Church Income \$588,445

Planned Spending \$564,000

Actual Church Spending \$544,833

Overall, Foundry Church raised \$43,611 more than was spent in the 2017 - 2018 full fiscal year.

Praise the Lord! In response, the Elders have increased this year's Local Missions budget

and there are several Building Improvements either planned or already completed.

Designated Giving account balances:

No Needy Persons: \$25,472

Safe Families: \$7,925

Adoption Fund: \$11,077

Food Pantry: \$3,914

Local Faith Promise: \$36,441.69

Global Faith Promise: \$38,222.75

Uganda: \$3,326

Thanks to the Foundry Church family for having the courage to show God's generosity through giving this past fiscal year. The good news above means that we have the resources to feed and clothe His children and equip His workers to serve Him in 2018-2019!

foundry church

Thank you so much for the beautiful flowers, prayers, visits and cards I received while in the hospital for shoulder surgery. You are all very special!

Roxann Summers

Thank You

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Place
Stamp
Here

CONNECTGROWSERVE