



### *Year 3 Video Scripts - Big Kid Bed Ceremony*

#### **Why...**

Many times, when a family is welcoming a new baby one of the first supplies they make sure they have is the crib. That crib in a room just screams “nursery”. Of all the baby gear you have, the crib is also one of the last things to go as your child grows. We all know that feeling when you realize your child has become too big for a crib. Maybe they climbed out by themselves or maybe you have a new baby on the way and they need the crib. As much as you hate to admit it, your baby is growing up and it is time to move them to a new bed.

Regardless of whether you choose a toddler bed, twin bed, rails, no rails, race car bed, whatever...this is a huge milestone in your child's life! It is also a major adjustment for you as a parent. There is security in that crib. When you put them to bed they stay put and they are safe for the night. What if they fall out of the bed, what if they aren't ready, what if I'm not ready? It's a scary adjustment for you and them.

We want to help you to create a Rite of Passage experience as you transition your child to their big kid bed. Maybe you have already taken this step and maybe they're not ready yet. Either way, you can still participate. The rite of passage leads you in choosing scripture and prayers for them to literally lay down on each night.

This is a very exciting change. Every child at

this age wants to be a big kid. What better symbol that you think they are a big kid than blessing them with a big kid bed. We will be providing you with three kick starters to lead you through this journey. They will help you to see the importance of this bed. Their bed is a place for your child to dream. Now granted some of those dreams will be wonderful and some will no doubt have them trying to leave their bed to come into yours! We want you to feel equipped to help them handle and face their fears. Their bed will be their place of sleep and rest. Your kids work hard and play harder; they need a special place that is theirs to reenergize to be the person God created them to be. Finally, their bed can become a wonderful spot for significant conversations between you and them. The end of the day is a time of reflection and preparing for tomorrow. Share those instances with your child. Sure, sometimes it's just stalling for them to not have to go to sleep, but it can still be quality time between you! There are some wonderful conversations to be had at bedtime.

When you participate in the rite of passage you will be able to choose the scriptures and prayers you want for your child and decide how to use them. Being able to lay their sweet little heads down at night on God's Word and prayers you chose just for them? Now that is a wonderful foundation for some really sweet dreams.



### **How...**

Being a big kid is awesome! It's an exciting time for a child to get their new big kid bed. We want to help you make this a memorable experience, for you and your child.

The three kick starters are designed to help you understand what your child's bed will be to them. Their bed is a very special place for them and we want it to be a point of refuge...a safe place.

*(Can insert own story here)*

*I've had such special talks with my children in their rooms before they go to sleep. We read stories and say our prayers and they feel comfortable sharing their heart with me. We have experienced giggles and tears and been able to talk about them. These are moments I look forward to having with my kids each night and I believe they enjoy it too. Every night I get the comment, "I want you to come tuck me in" and I wouldn't miss it for the world.*

Once your child's bed is in their room, you will decide how you want to incorporate the Rite of Passage experience. You can design this however you want. You may want to write on the slats of the bed, or tuck verses under the mattress or in their pillowcase. We will give you some scriptures and samples of prayers to read and that way you can choose the ones that appeal to you and your family. You can keep this a private experience or include others if you wish.

We want the occasion of a new bed to be an exciting milestone for you and your child.

We chose this moment in their life because it is a significant turning point. They are not a baby anymore. We feel this rite of passage can be a special time of growth, communication and prayer for your family as your child begins their own journey toward being a big kid.