

FEBRUARY 2017

# SONBURST

BE SET FREE

*amor*  
*por*  
*Nicaragua*

# Upcoming Events

- February 5 Cheeseball Pick-up
- February 12-15 **BE SET FREE** event  
with guest speakers:  
Eric Ferguson & Moises Vanegas  
5:30 - FREE meal  
6:30 - worship / message
- February 20 President's Day:**NO PRESCHOOL**
- February 21 Administrative Council
- February 28 Scholastic Book Fair  
- March 2

## Stay Connected

- ✉ office@moorevillefumc.org
- 📘 Mooresville First United Methodist Church
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- 🐦 @MooresvilleFUMC
- 📺 Mooresville First United Methodist Church

### CONTACT US:

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(317) 831-3376

**MooresvilleFUMC.org**

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## Full-Time First UMC Staff

**Rev. Dennis Payton**, Senior Pastor  
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Ben@MooresvilleFUMC.org

**Kim Vedder**, Administrative Assistant  
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**Lydia Rychtarczyk**, Preschool/Children's Education  
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## Part-Time First UMC Staff

**Shelly Duncan**, Nursery Coordinator  
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**Rebecca Vernon**, Traditional Choir Director  
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# Restored: Finding Redemption in Our Mess

Lenten Bible Study and Sunday Message Series

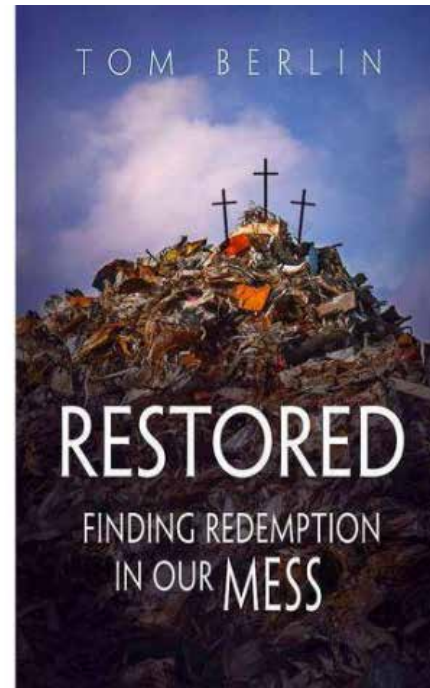
This year, Lent begins Wednesday, March 1 and I want to invite you to join a Life Group that will be studying the book, "Restored: Finding Redemption in Our Mess," written by Tom Berlin. Using scripture, stories and personal affirmation, Tom Berlin takes us on a journey from our own brokenness to complete healing through Jesus. We will look at our mess through the eyes of Christ.

The Sunday morning messages for Lent will be:

- **March 5:** This is a Real Mess
- **March 12:** Who Left this Mess
- **March 19:** Bless this Mess
- **March 26:** No Messing Around
- **April 2:** Address this Mess
- **April 9:** The Message in the Mess (Palm Sunday)
- **April 16:** Finding God in my Mess (Easter)

Please consider signing-up for a Life Group during Lent this year. Give up missing church for Lent this year and be in worship regularly.

In His service, **Pastor Dennis**



## Fish and Loaves

Meals on Wednesdays during Lent March 1 through April 5

Please join us in celebrating the Lenten season. Every Wednesday from March 1 through April 5, First United Methodist Church will be serving a free community meal starting at 5:30. After the meal, we will have fellowship and a brief service in the sanctuary. No hassle, no problems, just some good food and a great time to get to know some new friends.



Meals for Lent - beginning March 1 at 5:30pm

### FISH AND LOAVES MENU

- **March 1 (Ash Wednesday)** - Potato bar / Tomato Vegetable Soup / Salad
- **March 8** - Spaghetti bake / bread / salad
- **March 15** - Red and white chili / crackers / salad
- **March 22** - Soup and sandwich night / cabbage soup / creamy chicken with rice / tomato vegetable tortellini / sandwich meat / bread / salad
- **April 5** - Taco night / salad

## Scholastic Book Fair

a preschool fund-raiser



Tomorrow's Promise Preschool will be hosting a Scholastic Book Fair February 28 through March 2. The fair will be open before and after classes. It will also be open March 1 from 5:30 to 6:30 p.m. This is a great opportunity to support our school and get some books to put in an Easter basket.

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## Register for Preschool 2017-2018

Tomorrow's Promise Preschool

Tomorrow's Promise is now taking registration for the 2017 – 2018 school year. If you are interested in enrolling your child, please complete an *Intent to Register* form. *Intent to Register* forms can be picked up at preschool or you can download and print the *Intent to Register* form from the church web site.



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## Open House

for Tomorrow's Promise Preschool



Tomorrow's Promise will be hosting an "Open House" on March 9 from 6:00 to 7:30. This is a great time to check out the classrooms and meet the teachers. There will be information on how to register your child for preschool. There will also be information about our Extended Care program. Please call Lydia at (317) 834-1787 if you have any questions regarding this event.

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## Extended Care

provided by Tomorrow's Promise Preschool

Our preschool is offering extended care for children who are enrolled in the preschool. The Extended Care program will be from 11:30 a.m. to 2:45 p.m. The extended day classes run during our school year, Monday through Friday, in any configuration that best fits your child's morning preschool schedule.



## The Power of Desperate Prayer

by CATHY MOSIER (from *Storm: Hearing Jesus for the Times We Live In*)



1 Samuel 1 records the story of Hannah and her desperate prayer.

- Hannah had some difficult choices to make in her desperation.
- She could have chosen to live in denial
- She could have chosen to forgotten her heartache
- She could have chosen to look at her situation as God's will

### BUT

Hannah's story shows us that she did not deny her barrenness, but neither did she accept it. Her unique prayer became the channel that God both prompted and then used to turn the tide in Israel and bring much-needed blessing upon them. The lesson is clear for us today. We must not silently accept our lack of fruitfulness and somehow justify it as God's will for us.

Imagine if Hannah had said, "Well, I guess I'm not supposed to have a baby." No, as hard as it was, she honestly faced her circumstances and then desperately prayed for God to change them. What was in her mighty prayer that God could not ignore? None of us totally understands the power of prayer, but we know that Hannah's prayer was powerful and effective, the kind James describes in his epistle (James 5:16). Yet if I had to guess, I would say it was both the heightened element of

desperation coupled with deep faith in God. Hannah had no other place to turn. It was as if, in her great anguish and grief, she cried, "Make me fruitful, or I don't want to go on." She was at her end. "Give me a child or I will die!"

God heard Hannah's weeping, and her prayer became the pathway to divine intervention. Furthermore, God wanted her story told in detail in the Bible, so future generations would recognize that Israel's turnaround started with a lonely, heartbroken woman who just wanted to bear fruit.

Desperate and soul-stirring prayers like hers result in answers.

When God is sought in desperation, he responds. Even in hopeless situations.

When you find yourself in a desperate situation you can turn to GOD in prayer knowing that your Prayer Team is standing with you in your desperate prayer! You can turn to GOD and ask for help knowing that your Stephen Ministry Team stands ready and willing to come walk beside you.

Come and see what God can do for you in your desperation!

# BE SET FREE

*amor  
por  
Nicaragua*

## MOORESVILLE FIRST UNITED METHODIST

900 Indianapolis Rd, Mooresville, IN 46158

FILLIN' OUR  
**PEWS**  
AND OUR  
*Hearts*  
FOR OTHERS

JOIN US FOR THIS  
AWESOME EVENT!  
SUNDAY, FEB 12-15TH 2017  
AT 6:30 PM  
DINNER BEFORE AT 5:30 PM



# BE SET FREE

## From Chains to Freedom in 2017

### Spiritual Renewal Event

**A**n amazing event is coming to First United Methodist Church! On February 12-15 our congregation will have the opportunity to meet and hear Dr. Eric Ferguson and Pastor Moises Vanegas from Metanoia Missions International speak about spiritual freedom during the **Be Set Free** event.

Eric and Moises will be speaking at all three services on Sunday morning and each evening through Wednesday at 6:30. Dinner will be provided each night at 5:30 with a special Valentine-themed dinner planned for Tuesday night. Childcare will be offered each evening after dinner for infants through age 4. Children K through 4th grade will also have planned activities provided.

There are several opportunities for individuals and Life Groups to help out during the event. We will need individuals to help greet each night and Life Groups to provide dinner on Sunday, Monday and Wednesday nights. Please express your desire to volunteer on the sign-up sheet posted in the hallway outside the kitchen.

Sunday night will offer a friendly competition to "Fill the Pews." Life Group and Sunday School classes will be competing to "fill their pew(s)." The group with the greatest participation will receive a prize from the Nicaragua Mission group.

This life-changing event will teach about spiritual strongholds that may be preventing you from living in the full freedom of Jesus Christ. Invite your friends and family and plan to attend. Don't miss out on an opportunity to be set free!

### Be Set Free Event Schedule

#### **Sunday Morning, February 12:**

Message in all three services from Dr. Eric Ferguson

#### **Sunday, February 12:**

5:30- 6:30 Pizza

6:30-7:30 Message – Romans 5:15-17

Be Set Free to Receive Christ's D.N.A.

7:30-8:30 Prayer time with Eric and Moises

#### **Monday, February 13:**

5:30- 6:30 Soup & bread

6:30-7:30 Message – 1 John 4:1-4

Be Set Free from the Spirit of the Anti-Christ

7:30-8:30 Prayer time with Eric and Moises

#### **Tuesday, February 14:**

5:30- 6:30 Special Italian Valentine meal

6:30-7:30 Message – Ephesians 5:21, 5:33

Be Set Free to Love Jesus and My Family

7:30-8:30 Prayer time with Eric and Moises

#### **Wednesday, February 15:**

5:30- 6:30 Tacos

6:30-7:30 Message – Romans 12:1-8

Be Set Free to Love and Serve Like Jesus

7:30-8:30 Prayer time with Eric and Moises

# WELLNESS AWARENESS

by CHERYL HOWARD, parish nurse

*There is a time for everything and a season for every activity under the heaven....Ecclesiastes 3:1*

## 31 Day Check on New Year’s Resolution

New Years comes with the typical routine of setting New Year’s resolutions. It is now 31 days into the change you wanted for 2017—how’s it going? Weight loss is a common New Year’s resolution. Maybe instead of focusing on the scale, choose healthy habits that will lead to weight loss. The weight loss might just happen when you are focused on your plan to tackle healthy habits! This can be motivating for some, but daunting for most. So, how can your resolutions to eat healthier in 2017 stick and actually become healthy habits?

1. **Pick 1 positive change.** Overhauling your whole diet can be stressful. Instead, commit to one healthy behavior like eating a half a plate of vegetables for lunch every day. Or pick water as your focus and try to drink 64 oz. throughout the day.
2. **Succeed 2-day.** Don’t look at tomorrow. We get caught up in the challenges of long-term. Commit to today. Tackle tomorrow when it arrives.
3. **Set up 3 back up plans.** (a) Designate an accountability partner. (b) Develop strategies to help you succeed. Fill your snack drawer with healthy foods or sign-up for online programs that generate healthy and easy dinners for home like Dinner Daily and Mindful Meals (both offer discounts to Anthem associates). (c) Determine a reward. Choose non-food rewards you can give yourself at the end of a successful week, month, and 6-months.
4. **Commit to 4 weeks.** Use a calendar to track your progress for a month. At the end of four weeks, celebrate success, re-evaluate and commit to another four weeks. You might be able to add another positive change as well!

### Health sidenote

More than 100 years ago people with TB were treated in Sanatoriums where they were exposed to plenty of sunlight, as physicians thought this would help control the infections. New evidence shows this was a very appropriate treatment. Our T-cells are activated to move more rapidly with exposure to sunlight. Our T-cells are the white blood cells that hunt down pathogens and attack! When they are more mobile, they do a better job fighting infections and cancers. Vitamin D needs ultraviolet light but T-cells are sensitive to blue light – it triggers T-cells to make hydrogen peroxide and this allows them to scoot around more quickly to areas that might need immune system attention!  
(Scientific Reports)

In reflecting back on Eric Ferguson’s last visit, I thought it might be helpful to remind us of some of his sharing points: Preach means to proclaim—it’s all about the sharing! You don’t have to create opportunities to share—God will create them for you! We must be people of prayer. Look at the example of the disciples! Read Ephesians 5:15-21, then meditate on what the Holy Spirit can do for you! The Holy Spirit should have a controlling interest in your life, but it is control by consent – after all, he is a gentleman and will only come by invitation! You will know God’s guidance when there is confirmation in your spirit or the spirit of someone else and you feel a sense of peace.



# H O O R A Y

It's a Jubilee 5K Walk/Run  
April 1, 2017 in Pioneer Park  
to benefit our neighbors

## Churches in Mission



**Registration  
Opens  
Feb. 15!**

Entry Fees

\$25 for single entrant  
age 18 and older

\$15 for single entrant age 6 to 17

Free, age 5 and under

\$60 for a family

## IMPACT: New Youth Curriculum

youth growth update

IMPACT has been growing! We are very excited for the growth and the movement we have seen within our kids. They have been getting deeper in the word and breaking down some of their inhibitions! We also have a new curriculum that is getting ready to be put into place that we are excited about! If you have any school-aged kids (7th-12th grade) who need a positive outlet with believers in Christ, then have them join us! Sunday school is during 9:45 service and we also meet Wednesday evenings from 6:30 to 8:30 for fun and fellowship!

## Supporting Missions

United Methodist Women's News

Super Bowl time is upon us and that means the cheeseballs are ready for pick up on Feb. 5 between each service in the Fellowship Hall. We had two great days of fellowship with women of the church making them, and we hope that next year you will be able to join us. Our hope is you will enjoy each bite, and at the same time know that you have helped the UMW support their missions. We thank you!

## Creed: a new Bible study

by Dave Nance

The Here and Now Class is an informal adult discussion class meeting opposite the second service, from 9:45 to 10:45 in the parlor. The class utilizes published video and book based studies. The materials are topical, providing time for discussion and direct life application. Beginning Feb. 5, the class will start the new Adam Hamilton study, "Creed." This study will help dig into aspects of Christianity. Each week there will be reading to prepare for the class. There will be a short video during class to initiate discussion. The video for the first session is available on YouTube at: <https://youtu.be/39VS17oPWGs>

Typically the class spends two weeks on each chapter, allowing reflective discussion as well as providing for some missed class periods and accommodating busy schedules. This is a six-chapter book, so we anticipate this study will run through March as a Lenten study.

The Here and Now class welcomes all. Visitors and guests are welcome to join one class or one study. Feel free to bring your coffee and snack into class anytime and join us for the fellowship and learning experiences.

## SMALL GROUP NEWS



Group Name	Time	Location	Leader	Start Date	Description of Study
<b>Sunday Groups</b>					
Booster Sunday School	9:45 am	Room 104	Maggie Overpeck	meeting now	Bible Study
Seeker Sunday School	9:45 am	Room 106	Mosier/ Sparr	meeting now	Bible Study
Friendship Class	9:45 am	Room 110	Yeager/ Harris	meeting now	Bible Study
Here and Now	9:45 am	Parlor	Dave Nance	meeting now	Bible Study
Drama Team	3:00 pm	Room 108	Beth DeHoff	meeting now	drama ministry
Alcoholics Anonymous	4:00 pm	Room 110	team leaders	meeting now	support for addiction

<b>Monday Groups</b>					
Visitation	6:15 pm	Work Room	David Klehm	Feb. 6 & 20	visiting in our community
Henderson Mission	7:00 pm	Parlor	Dave Nance	TBA	mission outreach locally & regionally
Alcoholics Anonymous	7:30 pm	Room 110	team leaders	meeting now	offering support from addiction

<b>Tuesday Groups</b>					
Blueberry Hill	7:00 am	Blueberry Hill	Ben Bezy	February 7	connect group format - men's group
Prayer Group	7:30 am	Prayer Chapel	team leaders	meeting now	Praying for our church & community
Quilters	9:00 am	Parlor	team leaders	meeting now	bring your sewing machine
Asbury Circle	1:00 pm	Parlor	team leaders	resumes in March	mission-focused women's group
Bible Study Fellow.	6:40 pm	Sanctuary	team leaders	meeting now	inter-denominational women's study




<b>Wednesday Groups</b>					
Trail Blazers	9:00 am	Parlor	Cheryl Howard	meeting now	bible study
Hand Bell Choir	5:30 pm	Room 105	Rebecca Vernon	meeting now	bells for 8:30 traditional worship
Traditional Choir	6:30 pm	Room 103	Rebecca Vernon	meeting now	songs for 8:30 traditional worship

<b>Thursday Groups</b>					
Visitation Team	10:00 am	Room 104	Sandy Fanning	Feb. 2 & 16	meet for devotions, then visit church attendees
Contemporary Band	6:00 pm	Sanctuary	Ben Bezy	meeting now	songs for contemporary worship
Brain Injury Support	7:00 pm	Parlor	Cheryl Howard	February 23	support for brain injury persons

<b>Friday Groups</b>					
Alcoholics Anonymous	7:30 pm	Parlor	team leaders	meeting now	support for addiction
Alanon	7:30 pm	Room 110	team leaders	meeting now	spouse support for addiction

<b>Saturday Groups</b>					
Genesis	7:00 am	various locations	Dave Nance	meeting now	contact Dave Nance for location
Men's Breakfast	8:00 am	church	team leaders	February 11	breakfast & devotion with sharing

# February 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 9:00-11:30 Preschool 9:00 Trail Blazers 11:30-2:45 Extended Care 5:30 Bell Choir 6:00 Girl Scouts 847 6:30 Chancel Choir 6:30 IMPACT 7-12th Youth 6:30 Cub Scouts 250	<b>2</b> 9:00-11:30 Preschool 9:30 LRE Visitation Team 11:30-2:45 Extended Care 6:00 Contemporary Band Practice 6:30 Upward Basketball	<b>3</b> 9:00-11:30 Preschool 7:30 pm AA 7:30 pm Alanon	<b>4</b> 7am Genesis Connection - location varies
<b>5</b> <b>CHEESEBALL PICK-UP</b> 8:30-9:45-11:10 Worship 9:45 Children & Adult SS 11:10 Children's SS 2:30 FPU class 3:00 Drama Team 4:00 5th-6th Youth 4:00 AA	<b>6</b> 9:00-11:30 Preschool 11:30-2:45 Extended Care 6:00 Girl Scout Troops 1178 & 489 6:00 MBJBL Cheer Practice 6:15 Visitation Team 7:30 AA	<b>7</b> 7:00 Blueberry Hill Men's Group 7:30-8:30 Prayer 9:00 Quilting 9:00-11:30 Preschool 11:30-2:45 Extended Care 6:00 Bible Study Fellow. 6:30 Upward Basketball	<b>8</b> 9:00 Trail Blazers 9:00-11:30 Preschool 11:30-2:45 Extended Care 5:30 Bell Choir 6:30 Chancel Choir 6:30 IMPACT 7-12th Youth 6:30 Cub Scouts 250	<b>9</b> 9:00-11:30 Preschool 11:30-2:45 Extended Care 6:00 Contemporary Band Practice 6:30 Pioneer Clovers 4H Club 6:30 Upward Basketball	<b>10</b> 9:00-11:30 Preschool 7:30 pm AA 7:30 pm Alanon	<b>11</b> 8:00 United Methodist Men's Breakfast
<b>12</b> 8:30-9:45-11:10 Worship 9:45 Children & Adult SS 11:10 Children's SS 2:30 FPU class 3:00 Drama Team 4:00 5th-6th Youth 4:00 AA	<b>13</b> 9:00-11:30 Preschool 11:30-2:45 Extended Care 7:30 AA	<b>14</b> 7:30-8:30 Prayer 9:00 Quilting 9:00-11:30 Preschool 11:30-2:45 Extended Care	<b>15</b> 9:00 Trail Blazers 9:00-11:30 Preschool 11:30-2:45 Ex. Care 5:30 Bell Choir 6:00 Girl Scouts 847 6:30 Chancel Choir 6:30 IMPACT 7-12th Youth 6:30 Cub Scouts 250	<b>16</b> 9:00-11:30 Preschool 9:30 LRE Visitation 11:30-2:45 Extended Care 6:00 Contemporary Band Practice 6:30 Upward Basketball	<b>17</b> 9:00-11:30 Preschool 7:30 pm AA 7:30 pm Alanon	<b>18</b> 7am Genesis Connection - location varies
<b>Be Set Free: guest speakers Eric Ferguson/Moises Vanegas</b>						
<b>19</b> 8:30-9:45-11:10 Worship 9:45 Children & Adult SS 11:10 Children's SS 2:30 FPU class 3:00 Drama Team 3:00 Friendship Class Valentine 4:00 5th-6th Youth 4:00 AA	<b>20</b> <b>NO PRESCHOOL</b> 6:00 MBJBL Cheer Practice 6:15 Visitation Team 7:30 AA 	<b>21</b> 7:30-8:30 Prayer 9:00 Quilting 9:00-11:30 Preschool 11:30-2:45 Ex. Care 6:00 Bible Study Fellow. 6:00 Lay Leadership 6:30 Upward Basketball 7:00 Ad Council 7:00 WaMoNa Scouts	<b>22</b> 9:00 Trail Blazers 9:00-11:30 Preschool 11:30-2:45 Extended Care 5:30 Bell Choir 6:30 Chancel Choir 6:30 IMPACT 7-12th Youth 6:30 Cub Scouts 250	<b>23</b> 9:00-11:30 Preschool 11:30-2:45 Extended Care 6:00 Contemporary Band Practice 6:00 Girl Scout 1949 6:30 Upward Basketball 7:00 Brain Injury	<b>24</b> 9:00-11:30 Preschool 7:33 pm AA 7:30 pm Alanon	<b>25</b> 7am Genesis Connection 11:00 Kappa Kappa 1:00 Wilson party
<b>26</b> 8:30-9:45-11:10 Worship 9:45 Children & Adult SS 11:10 Children's SS 2:30 FPU class 3:00 Drama Team 4:00 5th-6th Grade Youth 4:00 AA	<b>27</b> 9:00-11:30 Preschool 10:00 Covenant Group 11:30-2:45 Extended Care 6:00 MBJBL Cheer Practice 7:30 AA	<b>28</b> 7:30-8:30 Prayer 9:00 Quilting 9:00-11:30 Preschool 11:30-2:45 Extended Care 6:00 Bible Study Fellow. 6:30 Upward Basketball	<b>MARCH 1</b>	<b>MARCH 2</b>		
<b>SCHOLASTIC BOOK FAIR</b>						

# Youth Room Being Remodeled

the BIG reveal will happen in February



## Youth Room Remodeled

As I am sure most of you have noticed, the youth room has been under construction for a few weeks! We have been busy overhauling the room and are excited for this change for our kids and can't wait for the big reveal!



Address Service Requested

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