

SONBURST

AUGUST 2016



20th 
Tomorrow's Promise Preschool
anniversary



Mooresville First United
Methodist Church
900 Indianapolis Rd.
Mooresville, IN

from the Pastor

Don English was waiting at an auto shop for his car to be repaired. A customer named Bill came into the garage and explained to the mechanic that after working over two hours at what appeared to be a simple repair, he was turning it over to them to fix.

“Bill, have a cup of coffee and I’ll take a look at it,” the mechanic said.

Ten minutes later he returned to the waiting room and told Bill he was ready to go. The startled customer said, “I worked and worked to replace that part. You fixed it in ten minutes! What’s the deal?”

The mechanic grinned and said, “The manufacturer made a special tool for replacing that part. If you use the right tool and follow instructions in the manual, it’s a simple task.”

In September we will begin a new message series titled, “LIFE.” We will look at God’s manual as recorded in the book of Philippians. We will look at God’s instructions and tools that are needed to make life joyful and simple.

*September 4 – “Life’s Purpose” Philippians 1:21
For me, to live is Christ, and to die is gain.*

*September 11 – “Life’s Pattern” Philippians 2:5
Let this mind be in you which was also in Christ Jesus.*

*September 18 – “Life’s Prize” Philippians 3:14
I press toward the goal for the prize of the upward call of God in Christ Jesus.*

*September 25 – “Life’s Power” Philippians 4:13
I can do all things through Christ who strengthens me.*

Please begin reading the book of Philippians.

Pastor Dennis

Upcoming Events

- August 4-6 Pictorial Directory Photos**
- August 8 Carnival Worker’s Dinner**
- August 9 Administrative Council**
- August 17-20 Pictorial Directory Photos**
- August 21 Preschool Celebration Ice Cream Social**
- August 26 Faith & Family Indians Baseball Game**

Full-Time First UMC Staff

Rev. Dennis Payton, Senior Pastor
Dennis@MooresvilleFUMC.org

Pastor Ben Bezy, Assistant Pastor
Ben@MooresvilleFUMC.org

Kim Vedder, Administrative Assistant
Kim@MooresvilleFUMC.org

Lydia Rychtarczyk, Preschool & Children’s Education
Lydia@MooresvilleFUMC.org

Michael Cooper, Youth and Young Adult Pastor
Michael@MooresvilleFUMC.org

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Shelly@MooresvilleFUMC.org

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Rebecca@MooresvilleFUMC.org

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Patti@MooresvilleFUMC.org

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Bill@MooresvilleFUMC.org

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Pinterest: Mooresville First United Methodist

What We Did This Summer

Wellness awareness!

from our Parish Nurse Cheryl Howard, R.N.

And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you.

Let them be a living and holy sacrifice – the kind he will find acceptable. Romans 12:1-2 (NLT)

To help get you started, health experts were asked: If you could only suggest one simple change this season to boost personal health, what would it be? Here are their top eight tips.

- 1. Give your diet a healthy boost** – It's easy to sink into a food rut by eating the same fruits, vegetables, and proteins week after week. But with summer comes new, fresh choices like a mix of in-season fruits and veggies. Summer is also an ideal time to switch out a heavier protein with a lighter option, like grilled fish, shrimp, and lobster.
- 2. Floss daily** – You know you need to, now it's time to start: floss every single day. Flossing reduces oral bacteria, which improves overall body health, and if oral bacteria is low, your body has more resources to fight bacteria elsewhere.
- 3. Stay hydrated** – The summer heat makes you more susceptible to dehydration. Start off your day by drinking two glasses of water and keep drinking at each meal, as well as before and after your workout, to stay hydrated. Carry a water bottle with you as a reminder to stay hydrated.
- 4. Get outside to exercise** – Pick an outdoor activity – going on a hike, taking a nature walk, cycling, roller blading, swimming – to shed that cooped-up feeling. But if the heat gets unbearable, switch to indoor activities at your local recreation center like basketball, swimming, yoga, or racquetball.
- 5. Protect your skin** – While enjoying the sun and outdoors, protect yourself from overexposure to sunlight by wearing wide-brimmed hats, always applying water-resistant sunscreen with at least SPF 15, and then reapplying sunscreen every 2 hours.
- 6. Be good to your eyes** – When outdoors, wear sunglasses that block at least 99 percent of UVA and UVB rays to help prevent cataracts, as well as wrinkles around the eyes. And when playing sports or doing tasks such as mowing the lawn, be sure to wear appropriate protective eyewear.
- 7. Sleep well** – Resist the urge to stay up later during long summer days. Instead keep the same bedtime and wake-up schedule to avoid the stress and other negative impacts lack of sleep has on your body.
- 8. Vacation time** – Take advantage of summer's slower schedule by using your vacation time to help unwind and de-stress. Vacations can help lower your blood pressure, heart rate, and stress hormones. (Sorry! This should have been sent to you in June!!!!)

What simple change do you plan to make in your life this season to boost your personal health?





Protect Yourself from Zika Virus

As we are coming into the heat of the summer season, we need to continue our vigilance in protecting ourselves from mosquito bites. Many are home from traveling. Some from overseas. There is a possibility some have been infected with the Zika virus unaware. The most concerning is the impact on unborn babies as they can potentially be born with microcephaly. It is also linked to autoimmune disorders such as Guillain-Barre syndrome. This virus has another “first” distinction for a mosquito-borne disease. It can be transmitted

through sexual contact. Interestingly, females are the only ones that bite humans. The mosquito is the most efficient transmitter of disease in the animal kingdom. As the temperature gets higher, the mosquitoes are more infectious. These mosquitoes are day biters. Prevention is the best protection. The CDC has approved the personal use of DEET (20-30%), picaridin, oil of lemon eucalyptus, paramenthane-diol or IR3535. A vaccine is under development at NIH and it is expected to be available in September.



Keep It Healthy Workshop

Join us on Saturday, September 24 to become more aware of healthy behaviors! No, this is not another one of those workshops telling you everything you are doing is wrong! And this is not just for women—men can also benefit from this! We are going to give you some positive actions you can take to feel healthier. We will even offer healthy snacks! Amanda Armstrong will present PiYo and nutrition you can live with—Sue Klinger will present the impact of proper posture on overall health and the impact of yoga. Cheryl will do an interpretive scripture reading. We will ask for a freewill offering. Please register with Kim at the church office or via church email. We will meet in the Parlor starting at 9 and end at noon.



5th-6th Grade Back-to-School Lock-in

The 5th and 6th grade youth will be having their annual Back to School Lock-in on Friday, August 5 at 7 p.m. Bring your Bible, a sleeping bag and a friend! We will eat dinner together, play games in the dark and have a great time. Kids can be picked up Saturday morning at 9 a.m.

Please check the youth web site at www.mooresvilleyouth.org for all the information about Youth Ministry at Mooresville First United Methodist Church.

If you have any questions please contact Dan Herron at dherron59@gmail.com or (317) 501-9665.



prayer

Fill Your Life with God

This, the first of His miraculous signs, Jesus performed at Cana in Galilee. He thus revealed His glory, and His disciples put their faith in Him. John 2:11

Christ performed many miracles during the time He traveled among us. BUT, the miracle He performed in Cana is still the most awesome wonder He performs for any willing seeker still chained to this earth: Christ fills empty vessels. Hollow places deep inside of us never sit dormant. They are vacuums attempting to inhale anything within reach. What are you filling up with? Christ invites each of us to fill up all the hollow places in our lives with HIMSELF! When we attempt to fill our hollow places with something other than God's love, eventually we find ourselves in trouble. People and things will disappoint and leave you empty. Confess to your Loving Father God your attempt to fill the empty spaces with things other than His love. Then, ASK Him to fill you with His love and flood your life with His Spirit, NOT once and for all, BUT every day for the rest of your

life. When we allow Christ to fill our hollow places, inevitably others will draw closer to us. They will cease feeling as if they need more than they have to give. Only Christ can fill our empty pitchers. He is so anxious, so willing. He is the only One who will never be frightened by the depth of our need. Denying yourself does not mean denying your need. Denying yourself means denying you have the means to meet your need.

Did you know Matthew and Acts both have 28 chapters? And it just so happens that ALL the months in the year also have 28 days! My challenge to you is that you read His Word each and every day! My prayer is that you grow closer to Him each and every day!

In Christ's service, *Cathy Mosier*



Church-wide Rummage Sale

Soon the days of summer will be coming to a close, so now may be the time to start your fall cleaning. Don't know what to do with your unwanted item? Why not donate them to the UMW rummage sale on September 24? Proceeds will be supporting missions.

Items can be left in Fellowship Hall next to the coke machine beginning September 10.

Set up dates will be September 22-23 from 9:00 a.m. to noon each day. More information can be found in the church bulletin as we approach the day of the sale.

DO NOT donate clothes, exercise machines, TV's, computers, computer monitors, computer hard drives, or any large furniture.

Youth Update

We are nearing the start of a new school year! That means the restart of youth meetings is just around the corner! We have had a wonderful summer so far and are excited to continue to watch God move within our group! We have helped many with the service work on our trip to Steubenville, OH in June, and have continued to grow closer to one another with our Destination Unknown 2.0 trips.

We want to take a moment to extend a BIG thank you to Mooresville First United Methodist Church for your continued support of our group! The outpouring of your love and support through prayer and multiple fundraisers has made it possible for us to help others and grow in our faith! We look forward to the movement of the spirit within the upcoming months as we plan our next outreach mission! Your display of love and prayer has been a powerful lesson to our students and we hope to continue to build on that in the future!

In the coming weeks, many changes to strengthen the ministry within this group will begin to take place. I have spent a vast amount of time in prayer for the growth of this group and what steps we are to

take moving forward. God is on the move within the walls of this church and the focus is going to begin to move outward to the halls of the very schools our students walk every day! I will be working along with the leaders to develop a plan to guide the students in the importance of evangelism, and how to reach out to their friends and fellow classmates to tell them about Jesus! I want to thank everyone in advance for your support of this group and the paths we will take together to reach the youth of our community.

In His Service,

Michael "Coop" Cooper



ACTIVITY CALENDAR

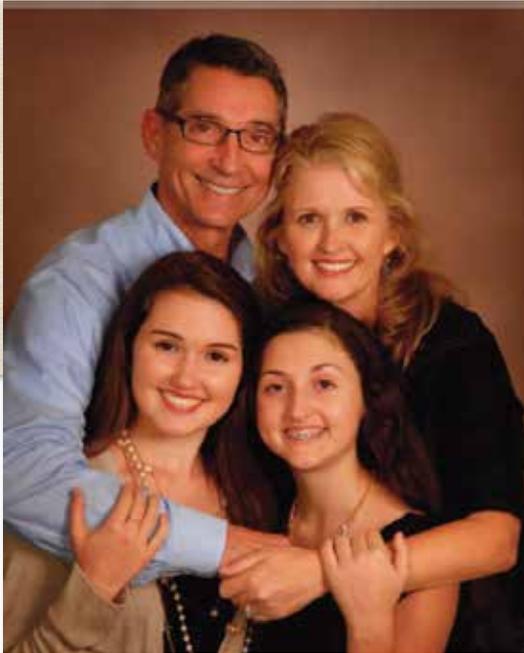
August 14: 7th-12th Back-2- School Bash "Wet-N- Wild 2016"

August 21: Sunday Night Youth Meetings Resume

August 28: Youth Meeting

Youth Website

For more information check our frequently updated website at:
www.mooresvilleyouth.com



You are invited to Capture Memories for a lifetime

Be a part of our new family directory program. We need YOU to make our new family directory complete!



Each family will receive a complimentary 8x10 portrait & directory for participating



We are partnering with Lifetouch for professional photography that will connect our families and tell our story.

Portraits are treasured keepsakes

More information coming soon about scheduling your portrait session

Convenient

Lifetouch will photograph at our location.

In your one-hour session you will:

- Be professionally photographed
- Immediately view your portraits
- Have an opportunity to purchase portrait gifts

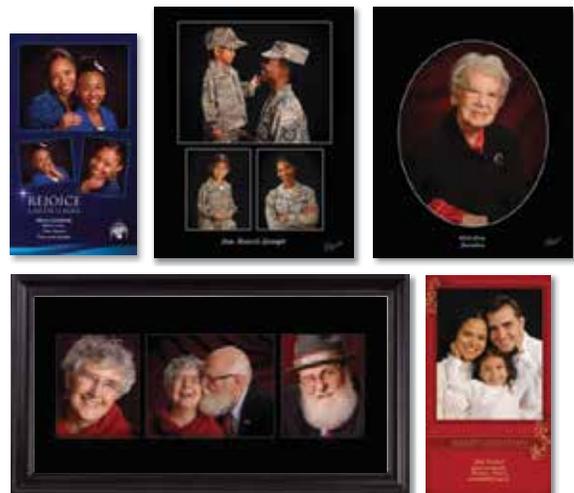


Photo session dates will be:
August 4, 5, 6
August 18, 19, 20
NEW day added: Wednesday, August 17



Lunch with Your Boy Scout Troop 250

Boy Scout Troop 250 would like to thank the membership of Mooresville FUMC for supporting our group by providing a place where we can meet and enjoy the scouting program. Troop 250 is currently a small group with just two boys attending regularly. The leaders of Troop 250 feel that even one scout would be reason enough to keep coming and providing the opportunity. We are confident that the scouting organization can make a life long positive impact on young men. We also believe there are more boys that would enjoy the scouting experience.

The troop provides a program for boys who are 11 years old or who have completed the 5th grade, up to the age of 18 years old. Younger boys, 1st through 5th grade, are part of a cub scout pack. Currently there is no cub scout pack meeting at Mooresville FUMC. The leaders of Boy Scout Troop 250 would like to help get a pack started and growing. There are currently no leaders identified for a cub scout pack. The leaders for Troop 250 have about 80 years of combined experience and are anxious to share that experience with some new adults who would be interested in getting a cub scout program started.

We are going to host a "get-acquainted-lunch" for the Mooresville community and the FUMC congregation to come and meet us. We also want it to serve as a recruitment event for the Boy Scout Troop 250, a new cub scout pack, and for free will donations to the troop. Those of us who have been involved over the past 15 to 20 years believe strongly in the values and the life lessons boys learn in the scouting program and that is why we continue to work with the troop. We also recognize that for the program to continue to serve more boys in the future, it is time to pass along some of our knowledge and help some new leaders get started in the program at all levels, but especially with the cub scouts.

If you are an adult who has a son who would like to be part of scouting, or are just someone who strongly believes in the program and would like to get more information, please come join us on Sunday, August 28, for lunch. We will be serving from 11:30 to 12:30 in the Fellowship Hall.

More details are available by contacting any of the following:

Marty Shover, Scoutmaster Troop 250 (317) 409-3683

RJ Hagee, Scoutmaster Troop 250 (317) 506-3871

Kevin McBride, Scoutmaster Troop 250 (317) 831-8662

Mike Fox, retired from Troop 250 (317) 831-7198

Dave Nance, Charter Representative (317) 361-5025

Dan Speer, Unit Commissioner (317) 714-5729



financial prayers

Praying over Your Personal and Church Finances

Signe Nicholson, Finance Chairperson

At our last ad council meeting, we were challenged to find ways to encourage each other to pray more. You may not expect “prayer” as a topic coming from the Finance Committee, but prayer is probably the most important part of what we do to manage the finances of our church!

Prayer, at its simplest, is communicating with God, and we spend a fair amount of time doing that both in preparation for and during our Finance Committee meetings. Our prayers are conversations that flow naturally from our relationship with God, who is our Creator, Savior and Sustainer. We acknowledge that as Creator, God placed us here in the Mooresville community because of His perfect design. We marvel that He entrusts the future of His church to us imperfect human beings. We confess that we all fail to live up to His perfect standard and need Him to be our Savior, to forgive us, to fix us, to love us. Then, humble and reconciled, we are free to invite God into our financial business.

Because we know that He provides exactly what we need exactly when we need it, it takes a lot of pressure off to get our requests “just right.” We ask the Holy Spirit to increase the faith of everyone our ministry reaches. We ask the Holy Spirit to give us wisdom as we make spending decisions. We thank God that He knows what He’s doing and ask Him to keep us all on the same page.

But we don’t just do all the talking; we also listen carefully for God to reply. The conversation of prayer goes both directions. I believe the confidence we have in our financial management is directly proportional to how much we involve our Lord in our affairs.

So I encourage each of you to do the same with your own personal finances. Your life will truly be enriched!



Enrollment open for Preschool

Tomorrow's Promise still has openings in its preschool classes. Please call Lydia Rychtarczyk at 834-1787 if you would like some information about the programs we offer. Tomorrow's Promise preschool is a children's ministry of First United Methodist Church.



THANKS for Helping at VBS

Thanks go out to everyone who helped with our Barnyard Roundup VBS. We had a great turn out of kids and volunteers. We had five days of anywhere from 119 to 122 children learning about Jesus and how he cares for us. It was a wonderful time! The pool party on Friday was great too!

Group Name	Time	Location	Leader	Start Date	Description of Study
Sunday Groups					
Booster Sunday School	9:45 am	Room 110	Maggie Overpeck	meeting now	Bible Study
Seeker Sunday School	9:45 am	Room 111	Mosier/ Sparr	meeting now	Bible Study
Friendship Class	9:45 am	Room 113	Yeager/ Harris	meeting now	Bible Study
Here and Now	9:45 am	Parlor	Dave Nance	meeting now	Bible Study
Alcoholics Anonymous	4:00 pm	Room 113	team leaders	meeting now	support for addiction
Healing Oils Study Group	4:30 pm	Room 140	team leaders	TBA	Studying oils in the Bible

Monday Group

Visitation	6:15 pm	work room	Steve Klinger	Aug. 1 & 15	visiting in our community
Henderson Mission	7:00 pm	Parlor	Dave Nance	August 22	mission outreach locally & regionally
Alcoholics Anonymous	7:30 pm	Room 113	team leaders	meeting now	offering support from addiction

Tuesday Groups

Blueberry Hill	7:00 am	Blueberry Hill	Ben Bezy	resumes Sept. 6	Connect Group format - men's group
Prayer Group	7:30 am	Chapel	team leaders	meeting now	Praying for our church & community
Quilters	9:00 am	Room 111	team leaders	meeting now	Bring your sewing machine
Asbury Circle	1:00 pm	Parlor	team leaders	August 16	Mission focused women's group
Bible Study Fellow.	6:45 pm	Sanctuary	team leaders	begins in fall	Inter-denominational women's study

Wednesday Groups

Good Days	9:00 am	Room 111	Cheryl Howard	begins Aug. 4	dealing with health challenges
Hand Bell Choir	5:30 pm	Room 143	Rebecca Vernon	begins Aug. 31	Bells for 8:30 Traditional Worship
Traditional Choir	6:30 pm	Room 143	Rebecca Vernon	begins Aug. 31	Songs for 8:30 Traditional worship

Thursday Groups

Visitation Team	10:00 am	Room 110	Sandy Fanning	August 4 & 18	Meet for devotions, then visit church attendees
Contemporary Band	6:00 pm	Sanctuary	Ben Bezy	meeting now	Songs for contemporary worship

Friday Groups

Alcoholics Anonymous	7:30 pm	Room 113	team leaders	meeting now	support for addiction
Alanon	7:30 pm	Room 110	team leaders	meeting now	spouse support for addiction

Saturday Groups

Genesis	7:00 am	various locations	Dave Nance	meeting now	Contact Dave Nance for location
Men's Breakfast	8:00 am	church	team leaders	August 13	Breakfast & devotion with sharing

August 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 6:15 Visitation Team 7:30 AA	2 7:30-8:30 Prayer 9:00 Sewing & Quilting	3 9:00 Good Days	4 9:30 Visitation Team 6:00 Contemporary Band Practice	5 7:00 pm 5-6th grade Lock-in 7:30 pm AA 7:30 pm Alanon	6 7am Genesis Connection - location varies 9:00 Lock-in ends
	<div style="background-color: #4a7ebb; color: white; padding: 5px; border: 1px solid black;">Pictorial Directory Photos in Narthex</div>					
7 8:30-9:45-11:10 Worship 9:45 Children & Adult SS 11:10 Children's SS 4:00 AA	8 3:00 Carnival Worker's Dinner 7:30 AA	9 7:30-8:30 Prayer 9:00 Sewing & Quilting 6:00 Lay Leadership Committee 6:30 BSF Media Training 7:00 Administrative Council meeting	10 9:00 Good Days	11 6:00 Contemporary Band Practice	12 7:30 pm AA 7:30 pm Alanon	13 8:00 United Methodist Men's Breakfast
<div style="background-color: #92d050; color: white; padding: 5px; border: 1px solid black;">Park Cars: raising \$\$\$ for missions</div>		<div style="background-color: #ffcc00; color: white; padding: 5px; border: 1px solid black;">Old Settler's</div>				
14 8:30-9:45-11:10 Worship 9:45 Children & Adult SS 11:10 Children's SS 11:00 Milk Can Dinner 11:00 Sun.Sch. Teacher Appreciation Brunch 4:00 AA 4:00 5th-6th grade youth 5:00 7th-12th Back to School Bash Wet & Wild 	15 6:00 Girl Scouts 1178 6:00 Girl Scouts 489 6:15 Visitation 7:30 AA	16 7:30-8:30 Prayer 9:00 Quilting 1:00 Asbury Circle 6:30 Girl Scouts 370 7:00 WaMoNa Scouts	17 9:00 Good Days	18 10:00 Visitation Team 6:00 Contemporary Band Practice 6:00 Indy Hoops	19 7:30 pm AA 7:30 pm Alanon	20 7am Genesis Connection - location varies
<div style="background-color: #4a7ebb; color: white; padding: 5px; border: 1px solid black;">Pictorial Directory Photos in Narthex</div>						
21 8:30-9:45-11:10 Worship 9:45 Children & Adult SS 11:10 Children's SS 2:00 Preschool Celebration 4:00 AA 4:00 5th-6th grade youth 5:00 7th-12th grade youth 	22 7:00 Henderson Mission Group 7:30 AA	23 7:30-8:30 Prayer 9:00 Quilting & Sewing	24 9:00 Good Days	25 6:00 Contemporary Band Practice 6:00 Indy Hoops	26 7:30 pm AA 7:30 pm Alanon Faith & Family night at Indians Baseball Game 	27 7am Genesis Connection - location varies
28 8:30-9:45-11:10 Worship 9:45 Children & Adult SS 11:00 Mission Committee 11:10 Children's SS 11:30 Boy Scouts Lunch 4:00 AA 4:00 5th-6th grade youth 5:00 7th-12th grade youth 	29 7:30 AA	30 8:30-9:45-11:10 7:30-8:30 Prayer 9:00 Quilting & Sewing	31 9:00 Good Days 5:30 bell choir 6:30 choir practice			



Tomorrow's Promise Preschool Celebrating 20 Years

Tomorrow's Promise is celebrating its 20th year serving the children of our church and community with an old-fashioned ice cream social on August 21 from 2:00 – 4:00 p.m. at the shelter house. *Everyone is welcome.* We would love to see past, present and future preschool students attend and share preschool stories and catch up with what you are doing now. This is a church-wide, preschool-wide, and community event. We are so thankful for our church, our congregation and the children and families we have been able to serve over the past 20 years. Please join us.



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