HEIFER RANCH: GLOBAL GATEWAY PARTICIPANT INFORMATION

PROGRAM SUMMARY
In a complex world of nearly 6.8 billion people, how can we find solutions to the challenges of hunger, poverty, and environmental degradation? Through immersing yourself in Heifer’s Global Village, you will have the opportunity to experience lifestyles from around the world, and begin to answer this question for yourself. You will explore your cultural identity and discuss similarities within the global community while examining issues of population, resource distribution, quality of life and standard of living. By preparing your own dinner, breakfast, and participating in daily chores similar to those that Heifer’s Project Partners perform each day, we hope you will be inspired to take action in your own life that will positively impact the environment and the world around you.

PROGRAM AT A GLANCE (all activities are subject to change)

<table>
<thead>
<tr>
<th>DAY ONE</th>
<th>GLOBAL VILLAGE OVERNIGHT</th>
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<tbody>
<tr>
<td>Lunch in Ranch dining hall</td>
<td>You will be randomly assigned to experience what it would be like to spend the night in a home in Guatemala, Zambia, Thailand, Appalachia, an urban slum or a refugee camp. Resources are divided based on the relative wealth of the “family,” or part of the world represented by your assigned home. You may have to trade labor, barter food or figure out other ways to acquire what you need if you are to have a full meal for dinner. As in the real world, there are enough resources for all.</td>
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<td>Global Gateway orientation</td>
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<td>Tour of Global Village</td>
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<td>Overnight in Village</td>
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<td>DAY TWO</td>
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<td>Breakfast in Village</td>
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<td>Global Gateway activities</td>
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<td>Debrief of overnight</td>
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<td>Departure</td>
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BEFORE YOUR TRIP

1. WAIVER FORMS—PARENTS, READ THIS!
Each participant (youth and leaders alike) is required to fill out the Ranch’s Emergency Medical Information and Disclosure and Acknowledgement of Risk Form (Waiver Form). In order to participate in program activities at Heifer Ranch, participants must have their waivers signed by a parent or guardian (if under 18 years old). Without a signed waiver form, participants will NOT be allowed to partake in any program activities.

2. WEATHER
Arkansas weather is often unpredictable. The fall and spring are a mixture of cold and warm days, with the spring being our normal rainy season. Summers are typically hot and humid—expect temperatures to be in the 90s. It is therefore important to stay hydrated and dress appropriately. For current weather conditions, visit www.weather.com. Perryville’s zip code is 72126.

3. DRESS CODE
Ranch dress code is as follows: shirts must have at least a two-inch shoulder strap, shorts must be at minimum mid-thigh length, and closed-toe shoes must be worn during all program activities.

WHAT TO BRING: A PACKING LIST
- Sleeping bag and pillow
- Towel and washcloth (optional—showers not provided)
- Sturdy close-toed walking shoes (1-2 pairs)
- Weather and dress-code appropriate clothing
- Rain gear (no umbrellas, please)
- Insect repellent
- Sunscreen
- Toiletries
- Allergy or special medication
- Water bottle (must hold at least 24 ounces). Important!
- Flashlight
- Camera and film (optional)
- Games and musical instruments (optional)
- ENTHUSIASM!

NOT ALLOWED IN THE VILLAGE—these items will be confiscated & returned before you leave
- Electronics (including cell phones)
- Food or snacks
- Watches
COMMONLY ASKED QUESTIONS & ANSWERS

How should I prepare for my trip?
Follow the packing list and maintain contact with your group leader. You can also visit our website at www.heifer.org/ranch

What will we be eating the Global Village?
There will be vegetables, grains and protein.

What are the sleeping arrangements in the Village?
There will be at least one adult chaperone from your group assigned to each home. Males and females will be randomly chosen to sleep in the homes, unless your group leader communicates with us otherwise.

What are the bathroom facilities in the Village?
“Outhouse” style composting toilets are available. There are no shower facilities in the village.

Is the Global Village handicap accessible?
The Guatemala site has an ADA compliant trail to the composting toilet, cooking, sleeping and processing areas, as well as an overlook to the rest of the village.

Will we be combined with other groups for our trip?
Depending on your group size, there may be prior arrangements made to combine two groups of similar ages.

Are there safety concerns?
Risk of physical injury is about the same as camping. Arkansas has a variety of insects and wildlife. We highly encourage you to bring insect repellent.

Can youth under 12 participate if their parents attend?
Participants must be 12 years of age or have completed the 6th grade.

Does the Ranch have a Gift Shop?
Yes! The Gift Shop offers a variety of T-shirts and fair-trade products from around the world.

What if it rains?
Rain is part of daily life. You can prepare for it by bringing rain gear—no umbrellas, please. Heifer staff closely monitor weather conditions. In case of severe weather, participants will be moved to a safe location.

What is the role of the adult chaperones?
While adults are encouraged to participate in all activities, they are asked to be in a supportive role, not a leadership role. They are ultimately responsible for safety and discipline, but are asked to leave most of the decisions up to the younger participants. To help with this role change, during their night in the village they can elect to be either elders or 2-yr olds.

Will I receive cell phone reception?
Some cellular services receive coverage, but not all. Youth are not allowed to have cell phones during programming, while leaders must keep theirs on vibrate if needed.

Will we have access to email/computers?
Yes, albeit limited. There are computers for guest use in the Conference Center if needed.

Who are the Heifer Ranch staff?
Ranch staff includes both employees and volunteers from all areas of the globe. All staff undergo a thorough background check before coming to the Ranch.

Where, exactly, is the Heifer Ranch?
Heifer Ranch is located in Perryville, AR, the county seat of Perry County in central Arkansas. A population of about 1,400 preserves the atmosphere of rural life, yet Perryville lies less than an hour from the larger cities of Conway and Little Rock.

HEIFER INTERNATIONAL’S mission is to work with communities to end hunger and poverty and care for the earth. envisions a world of communities living together in peace & equitably sharing the resources of a healthy planet.

HEIFER RANCH is a 1,200 acre working ranch and hands-on learning center providing education that promotes sustainable solutions to global hunger, poverty and environmental concerns. Since 1992 the Heifer Ranch has been offering overnight experiences in our original Global Village. During that time, thousands of lives have been challenged to make the world a better place for all it’s inhabitants.