

# Firs \* Things



**October 2018**

## **First Lutheran Church**

**100 Peace Ridge**

**Lake City, Minnesota 55041**

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**Loren Prigge, Custodian**

**First Lutheran Website: [www.firstlc.org](http://www.firstlc.org)**

### **Regular Worship Schedule**

**5:30 pm Saturday**

**9:00 am Sunday**

### **TV Worship Times**

**Sun. 5:30 pm, Mon. 11 am,**

**Tues. 9:30 am, Thurs. 4 pm & Fri. 8 pm**



*Living in God's amazing grace*

## ***Living the unconditional Grace & Love of Jesus Christ***

### **Growing Spiritually**

The Apostle Paul tells us three helpful things: Look carefully how you walk, not as unwise people but as wise. Do not be foolish, but understand what the will of the Lord is. Walk by the Spirit, and do not gratify the desires of the flesh.

Paul then tells us that if we are living by the Spirit of the Lord we will experience or demonstrate these things: love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self control.

If you are like me, your life does not always feel much like the above characteristics. We all have our problems. Unfortunately, as members of the body of Christ, we sometimes put on our game faces and go on pretending that everything is alright. Deep in the dark night of our soul we know we need more of God than we ever manage to shoehorn into our lives. Thus we need the disciplines of the Spirit and the spiritual life just like we need the four major food groups to survive and to thrive. Spiritual formation is all about spiritual disciplines. Only by disciplining ourselves can we grow spiritually and grow closer to Jesus.

A young music director tried to teach a congregation a new and beautiful hymn. One older woman came out of church that morning and said to the pastor, "I don't come to church to learn anything!" The pastor held his tongue, but thought to himself, "Ma'am, you may count your objective for coming to church as a total success!"

Are you willing to make the effort and learn how to grow spiritually? Practice these five disciplines and your life will be transformed as you grow closer to God.

**Worship** - Join fellow believers each week to hear God's Word, to sing his praise, and to pray with a thankful heart.

**Read the Bible** - Just as your body needs daily nourishment, so your spirit needs the Word of the Lord. Read the Bible five minutes a day and participate with fellow Christians in a Bible study. We can encourage one another to walk that narrow path of faithfulness and obedience to the Lord.

**Pray** - Give thanks, seek the Lord's guidance and encouragement. Pray for your family, our church, and our community. Pray before meals and before you go to sleep each night.

**Faithful Steward** - Share Jesus' love by doing for others. Be a faithful steward of the blessing you have received from the Lord. Be generous and give a worthy portion of your time, talents, and money for the service of the Lord.

**Receive Holy Communion** frequently so the body and blood of Jesus can strengthen you spiritually. It is not easy being a disciple of Jesus. We need all the help we can get.

Practice these disciplines and you will be walking in the Spirit of the Lord, and you will be able to give thanks in everything!

**God is good! All the time!**

## BIRTHDAYS & ANNIVERSARIES

Oct 1: Sam Fitterer, Savannah Klein, Ayonna Nadeau

Oct 2: Asher Bee, Bruce Carlson, Reid Lundell, Joshua Roach

*Gwen & Dwain Lambert*

Oct 3: Mavis Hawkins, Carol Iverson, Ben Klipfel, Parker Smith

Oct 4: Angie Dwelle, Kristi Sprick

*Andy & Dena Huettl*

Oct 5: Ashley Roussopoulos

Oct 6: Melissa Eichelberger, Stephanie Grothe, Kannon Hartzell, Joyce Hegseth, Kristie Stolzenberg, Cameron Thieren

*Eric & Deb Hanson*

Oct 7: Matthew Alitz, Michelle Badzinski, John Earle, Stephanie Foss, Alisha Kehren

Oct 8: Faye Conway, Patrick Cummings, Joseph Kozlowski

*Bruce & Georgia Nygren*

Oct 9: Evlyn Dahling, LaVern Franke, Carol Hoyt, Cheryl Luettinger, Ann Nelson

Oct 10: Josh Kohrs

Oct 11: Edie Sward

*Steve & Jean Johnson*

Oct 12: Alina Harmon, Jarret Thomas

*Dennis & Marlys Johnson, Monty & Tiffany Vikdal*

Oct 13: Randy Foss, Russ Malcomson, Mitchell Mund, Ric Wallace

*Brad & Beth Krehbiel*

Oct 14: Owen Meyers, Ed Towey

*Joe & Jennifer White*

Oct 15: Thomas Dammann, Lori Meincke

*Mike & Kristi Sprick*

Oct 16: Tyler Blim, Bob Gielow, Bruce Nygren, Wendell Olson

*Colin & Coleen Fowler, Bruce & Lori Lichtblau*

Oct 17: *Ron & Marlene Stoerzinger*

Oct 18: Donna Oeltjen, Justin Ratz, Brenek Sell

*Craig & Deb Harteneck*

Oct 19: William King

*Lonnie & Paula West*

Oct 20: Mason Eggenberger

*Lori & John Mortenson, Dick & LaDonna Severson, Neil & Kristie Stolzenberg*

Oct 21: Ann Badzinski, Olivia Bailey, Demaree Kehren, Stacy Nelson, Collin Rigelman, Tim Thompson, Morgan Wurst

*Aaron & Tiffany Nelson, Dean & Darlene Saby*

Oct 22: Eloise Blattner, Haley Dollar, Jim Kranz, Cindy Patton

Oct 23: Easton Bremer, Johanna Ender, Carl Kittelson, Bennett Kittelson, Kerri Reese

*Bill & Mary King, Jim & Cherie Kranz*

Oct 24: Jim Fuchs, Adam Roussopoulos

*John & Dinah Marking, David & Trudy Roach*

Oct 25: Bob Majerus, Claire Steffen

Oct 26: Rich Alitz, Kim Bobb, Duane Meixner

Oct 27: Emily Albright, Sandy Anderson, Lori Morgan

*Jodi & Darin Lundell*

Oct 28: Kayla Berg, Erika Blim, Andrew Huettl, Kristi Jensen, Jessica Schmidt

*Richard & Darla Geary*

Oct 29: Mallorie Carlson, Brigette Rol

*Mitchell & Debra Drenckhahn*

Oct 30: Andrew Bleed, Garret Rigelman, Ernie Thompson

*Carl & Elizabeth Kittelson*

Oct 31: Jason Bee, Dale Bluem, Kenna Sorenson

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Visitation Volunteers: This is for those who visit persons in the Care Center and in their homes, and for Stephen Ministers. Pastor Duane wants to meet with all of you on Sunday, October 7, 10:15 a.m. in the Fireside room. This is a chance to share some helpful practices for you and for the people you visit. Hope to see you on the 7th!

New Member Class: It will be on 3 Sundays (Oct.28, Nov.4 & 11) at 10:15 a.m. following worship for about an hour. If you plan to attend, please contact the church office at 651-345-5003.

Quiet Servants: We salute all the ladies and a few men who do a great job serving our funeral lunches. They are led by Carol Siewert and Janet Reed. This group of ladies and men quietly serve, but perform a wonderful service for our congregation. Thank you to all who help with our funeral lunches!

Thursday Morning Bible Study...will meet at 8:30am in the Fireside Room.

Esther Bible Circle...will meet on Wednesday, October 17 at 1:30pm at Mary Lee Stevens' home.

FLC QUILTERS...will meet on the 2nd & 4th Tuesday at 8:30am.

Lake City Food Shelf...Is in need of Shampoo. Please place items in the wooden bin by the Welcome Center.

Women to Women...will resume in the fall.

## REMEMBER IN PRAYER

Prayer Connection...Mary Nelson, firstlutheranprayerconnection@gmail.com or phone: 651-212-0144.

**Friends and Family...**Nancy Herron, Abby Peterson, Lori Meincke, Lavern Franke, Sue Huhnerkoch, Larry Holmgren Jr

All service men and women...Lt. Col. Spencer Rasmussen, Justin Fuchs, Nathan Fuchs, Peter Schliep, Matt Sikkink, Kate Blattner Holt, Ethan Meyer, Chris Breuer, Monty Vikdal

Nursing Home, Home Bound & Assisted Living...Roger Helgerson, Mary DeGroat, Edith Hammer, Wendell Olson, Leota Dugstad, Julia Nelson, Violet Stinson, Mary Hallenberger, Corrine Johnson, Marv Nelson

Couples getting Married...Ryan Grobe & Haley Spring, Jarid Groth & Taylor Bremer, Josh Perkins & Taylor Skoglund, Kara Stevenson & Nick Thornburg, Kassie Dittfach & Justin Campbell, Jacob Denning & Roni Senner

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## OUTREACH BOARD

OUTREACH MEETING...No scheduled meeting.

CARE CENTER BINGO...Monday, October 22 at 6:40 to 8:10pm.

PACKING FOR THE WEEKEND...For October we are asking members to drop off Canned Soups & Pasta.

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## Thank yous...

\* First Lutheran, Thank you so much for your generosity in awarding me an EPIC Scholarship! Your support is greatly appreciated as I continue my education at Wartburg College, where I am studying Biology.

At the beginning of next summer I will be entering an accelerated nursing program through Allen College in Waterloo, IA., With my end goal of becoming a Registered Nurse.

Thank you again for your support and generosity! ~AnnElise Ender

\* We would like to thank our FLC family for everything that was done for us since our motorcycle accident in May. Your cards, phone calls, visits, offers to help and most importantly your prayers pulled us through this difficult time. We would also like to thank Pastors Tim and Duane for their visits and encouragements.

I remember a message from one of our pastors a couple of years ago that talked about how God never **promised to shield us from accidents, illness or serious tragedies. We felt God's presence immediately after the accident and all through Lori's hospital stay and to this day as she is recovering. Your thoughts and prayers were an important part of that comfort.**

Lori continues to heal and attends rehab to help her regain her communication skills. We continue to pray for a full recovery as we are seeing progress each day. ~God Bless, Randy & Lori Meincke and Family

**AED Training: Sunday, October 14 following worship. Sign-up at Welcome Desk.**

# Youth Ministry Happenings

Mark your calendars for events coming this fall:

Sunday, Oct. 7 - Hike at Frontenac State Park (grades 6-7-8)

Saturday, Oct. 13 - **VALLEY SCARE!** Details below ↓

Wednesday, Oct. 31 - Trick or Treat for the Food Shelf



**HOLY HIKE**  
at  
Frontenac State Park  
Sunday, Oct. 7  
Grades 6-7-8  
Immediately following worship  
Bring a bag lunch  
Parent Drivers Needed



Saturday, October 13th

Meet at church at 3pm– return at midnight!

Grade 7-12 \$40/person

**Only 40 youth spots available! Once they're gone they are gone!**

Payment & Registration Form Due Oct. 1st!

Pick up form at the Youth Events Board

Senior High  
Youth!

You're Invited

Come help us kick off  
the New FLC High  
School Ministry



10-12 Grade  
Wed, Oct. 24th  
8-9pm

Bring your own drink,  
snacks provided!

# Children's Ministry News



**Ages 3 yrs. Old—6th  
Grade are WELCOME!**

October 7th:

Class 10:15am-11:15am

October 14th:

**\*\*Children sing! Meet at 8:45am!\*\***

Class 10:15am-11:15am

October 21st:

No Class—MEA Break

October 28th:

Class 10:15am-11:15am

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October 3rd:

3:00-5:00pm

October 7th: SUNDAY

KFC sings at service! Meet at 8:40am.

October 10th:

3:00-5:00pm

October 17th:

No Class—MEA Break

October 24th:

3:00-5:00pm

October 31st:

No Class—Halloween

**Kindergartners—6th  
Grades are WELCOME!**



# STEWARDSHIP

The stewardship committee has an update to share. Our financial situation is sound, and we need to **celebrate what we've accomplished in the last couple of years. Two years ago our fall stewardship campaign focused on three initiatives: Children and youth ministry, technology, and volunteerism. Last year our focus was on making sure this beautiful building is kept in good repair. Thanks to you, we've made progress implementing all of these initiatives.**

**However we can't pat ourselves on the back and stop moving forward. Next year this congregation is 150 years old. Now more than ever, we need to respect the sacrifices those early members made and continue building on their legacy.**

**This fall's stewardship campaign has the theme of Moving Forward Together. The focus will be on two areas: Staffing for the future and building a reserve that ensures this building can meet our needs today and in the years to come.**

In the coming weeks you will be learning more about these initiatives both at worship and through the mail. Please keep First Lutheran moving forward by responding with the generosity and faith that have been a part of this congregation for the past 150 years.

## Smart Lifestyle

Stewardship of our resources has personal implications in our relationship with God. I have found that the more I seek to indulge myself, the harder it is to feel close to God and the more elusive happiness is. Christ repeatedly warned against our human tendency to accumulate. He knew happiness does not come from externals, but rather from within.

A smart lifestyle is making a choice to live simply so one can focus on God rather than on what one owns. Stewardship of one's lifestyle means to live for God out of gratitude for what God has first given us, with lives reflecting more of giving and less of accumulating. When we act as stewards of our lifestyles, we find more meaning, joy, and fun by getting out from under the burden of so much "stuff". We disclaim the adage "More is better," not only for our own sake, but for the sake of all God's children.

Focus on God, not things!

Prayer - God of grace, you have blessed us abundantly. Help us to be mindful of the needs of others and inspire us to experience the joy that comes in serving and giving. May our lives be focused less on ourselves and more on you and others. In Jesus' name. Amen.

- Pastor Duane

## New Book Study...

Recently I read a book by Richard Bimler titled Joyful Aging, A Christian Guide. I loved its perspective and bits of humor. If there is one **thing we are all doing it's aging. Joyful Aging is about celebrating Gods gift of aging. It's about** aging as a blessing. The book is not an answer book, it will not tell you what to do to make your years fine and dandy. It will not rid you of problems and pains. It will not tell you things will get better if you only shape up and live right. BUT it does promise that we will live happily ever after because of the promise we have in Jesus Christ. Some of the 46 chapter titles include: 8. Laughter and aging go together, 13. Amazing grays, 18. Keeping our aging bodies well, 22. Mattering and mentoring, 27. Leaving a legacy, 28. **Grandparenting is grand, 32. That's what** friends are for, 34. Go ye forth and connect, 42. Pains, perception, and promise, and 39. Wee,Wee, Whee all the way home.

If you would like your own copy of the book Sandy will have some for 17.00 each (amazon price). We will meet at church on Wednesday mornings from 10:00-11:00 a.m. beginning October 3. There is still room, if you would like to join us, you can contact Sandy at [sandy.bendickson@gmail.com](mailto:sandy.bendickson@gmail.com) or 309-838-9118.

# October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Expressions 5pm Lions Board Mtg PM in Fireside Rm	2 Staff 10am	3 Red Wing Grief Group 10:30am KFC 3-5pm Confirmation Classes 6- 8pm	4 Bible Study 8:30am	5 Ryan Grobe & Haley Spring Rehearsal 6:15pm	6 Ryan Grobe & Haley Spring Wedding 2pm Worship 5:30pm Wedding Hok-Si-La
7 Worship/Langhans Baptism 9am KFC Sings 9am worship Sunday School 10:15- 11:15am Visitation Volunteer Mtg 10:15am Youth Event (gr. 6-8) following worship Boy Scouts 7-8:30pm	8 Expressions 5pm	9 FLC Quilters 8:30am Staff 10am	10 KFC 3-5pm Confirmation Classes 6- 8pm	11 Bible Study 8:30am	12	13 ValleyScare 3pm- midnight Worship 5:30pm Jarid Groth & Taylor Bremer Wedding Re- hearsal
14 Worship/Baptism 9am SS Sings 9am worship Sunday School 10:15- 11:15am Jarid Groth & Taylor Bremer Wedding NO MOPS 3:30-7pm Boy Scouts 7-8:30pm	15 Expressions 5pm L&Y Mtg 6:30pm	16 Staff 10am	17 Red Wing Grief Group 10:30am Esther Circle 1:30pm at <b>Mary Lee Stevens'</b> NO KFC—MEA Break NO CONFIRMATION CLASSES	18 Bible Study 8:30am	19	20 Worship 5:30pm
21 Worship/Expressions 9am No Sunday School— MEA Break Boy Scouts 7-8:30pm	22 NO Expressions 5pm Care Center Bingo 6:40pm	23 FLC Quilters 8:30am Staff 10am	24 KFC 3-5pm Confirmation Classes 6- 8pm Senior High Youth 8- 9pm	25 Bible Study 8:30am	26 Cassie Dittfach & Justin Campbell Wedding	27 Worship 5:30pm
28 Worship 9am Sunday School 10:15- 11:15am New Member Class 10:15am MOPS 3:30-7pm Boy Scouts 7-8:30pm	29 Expressions 5pm	30 Staff 10am	31 Red Wing Grief Group 10:30am NO KFC—Halloween Confirmation: TRICK OR TREAT FOR FOOD SHELF			

# October Ministry Assignments

## Saturday, October 6 at 5:30pm

Reader: Tim Schlagenhaft  
Communion: Lori Mortenson, Kenny McEwen, Tim Schlagenhaft  
Usher: Roger & Kathy Hollman  
Greeter: Jenny Gabor, Bonnie Conway  
Altar: Shirley Pierson, Sharon Wadleigh  
Coffee:

## Saturday, October 13 at 5:30pm

Reader: Sandy Swan  
Communion: Sandy Swan, Wanda Myers, Virginia Oliver  
Usher: Jean & Steve Johnson  
Greeter: Dale & Carol Nibbe  
Altar: Mary Lee Stevens, Dawn Barwald  
Coffee: Judy & Chuck Bremer

## Saturday, October 20 at 5:30pm

Reader: Sheila Johnson  
Communion: Deb Mickelson, Sonda Featherstone, Jenny Schlagenhaft  
Usher: Art Harteneck, Craig Harteneck  
Greeter: Thoren & Naomi Mangold  
Altar: Mary Lee Stevens, Dawn Barwald  
Coffee:

## Saturday, October 27 at 5:30pm

Reader: Bruce Carlstrom  
Communion: Liz & Bruce Carlstrom, Lori Mortenson  
Usher: David Dittfach, Lyle Mathison  
Greeter: Marion Dittfach, Pris Converse  
Altar: Marlys Johnson, Janet Carlson  
Coffee: Carol & Dale Nibbe

## Sunday, October 7 at 9:00am

Reader: Becky Ehling  
Communion: Becky Ehling, Rick & Edie Sward  
Usher: Arnie & Paulette Clare, Dick & LaDonna Severson  
Greeter: Larry & Audrey Watson  
Coffee: Gary & Kathy Yotter  
Video:

## Sunday, October 14 at 9:00am

Reader: Mary Jane Rasmussen  
Communion: Mary Jane Rasmussen, Jan Johnson, Kathie Majerus  
Usher: Dave & Becky Schultze, Bill Otto, Jerry Benson  
Greeter: Neil & Kristie Stolzenberg Family  
Coffee: Chris & Lynette Matzke  
Video:

## Sunday, October 21 at 9:00am

Reader: Randi Kirchner  
Communion: Randi Kirchner, Melinda & Luther Berkeland  
Usher: Scott & Beth Breuer, Janet Reed, Jim Fritz  
Greeter: Aaron & Missy Ferguson  
Coffee: Brad & Mary Nelson  
Video:

## Sunday, October 28 at 9:00am

Reader: Patty Svien  
Communion: Patty Svien, Cheryl Mohn, Randy Meincke  
Usher: Jeff & Max Rogness, Joe & Mason White  
Greeter: Fred & Cheryl Mohn  
Coffee: Patty & Laurie Svien  
Video:

First of all, I would like to take this opportunity to thank all of our worship service volunteers. Because of your willingness to volunteer your time, our services run smoothly.

Having said that, however, I am looking for several more volunteers. If you have not already done so, please let me know the duties you would like to volunteer for and which service you prefer (Saturday night or Sunday morning.) I am particularly in need of people to help on Saturday nights, and for people willing to assist with communion for both services.

Also, it is getting to be that time of year when our snow birds head south. If you are on my lists but are going to be gone during the winter, please let me know the weeks or months you will be gone. Email me at:

[berkeland88@gmail.com](mailto:berkeland88@gmail.com).

Thank you! Melinda Berkeland