

**First Lutheran Church Announcements
100 Peace Ridge • Lake City, MN 55041 • 651.345.5003**

Week of October 14

The mission of our congregation shall be to motivate, equip, and support our members for the ministry of Jesus Christ in our congregation, our community and our world.

THE FLOWERS IN THE SACTURARY ARE IN HONOR OF COLIN & COLEEN FOWLER'S 44TH WEDDING ANNIVERSARY ON OCTOBER 16!!

Adult Forum: Sunday Mornings from 10:15-11:15am

October 14 - Digital Natives & Immigrants ROFL. Apps. Instagram. Facebook. IM. Chatroom. Blogs. Twitter. iMovie. CUL8R. Oh, my! If you know, use, or love these (and other) terms, you are likely a digital native. Maybe you have heard them but wonder what they mean. Perhaps you "don't really get them" even though you use them. If so, you are a digital immigrant. Regardless of your status, people (including teens and increasingly younger children) are using the Internet on a daily basis. We are Wired. Connected. Online 24/7. As parents, grandparents and a faith community, we have questions about the use of the internet by our children. Come, share stories, ask questions and learn how we can guide our children (and ourselves) in the wide world of the internet and instant communication. Discussion will be lead by **Trudi Paulson**, Lake City school social worker, mom and self acknowledged digital immigrant.

October 21 - No Forum (MEA)

Family Summer Mission Trip... To Duluth, MN in July 11-14 (Thurs.-Sunday)
Open to all families and adults at FLC. A time for families and congregation members to serve along side one another in the communities of Duluth, MN and Superior, WI. **Informational meeting on Sunday, October 14 @ 6pm.** See Chris if interested in trip!

Prayer Chain Meeting...Tuesday, October 16 at 2pm Every one is welcome to join this special group and share your power of prayer.

Holiday wreaths and garland - pre-orders...20" wreath - \$16, 30" wreath - \$20, 50' garland - \$30 **Pre-orders will be taken until Sunday, October 21**

Come Celebrate Dean & Darlene Saby's 50th Wedding Anniversary!!! Open house at The Jewel Golf Club on **Saturday, October 20** from 1 to 4 pm.

Woodbury Choir/Orchestra...Sunday, Oct. 28 at 4pm at FLC. Admission is free. 100% of the proceeds of a free will offering will benefit the L.C. Food Shelf.

Quilt Raffle Winners are Faye Brown & Shirley Luettinger!! Thanks to everyone for their support of the Piecemakers.

AED/CPR TRAINING: Two sessions of training for the use of our new AED will be offered for up to 20 people/session. The training will be on **Friday, Oct. 19, 9-11 AM and on Tuesday, Oct. 30, 7-9 PM.** Please sign up as soon as possible at the Welcome Center. The training is open to all adults and will include a review of CPR and training on the use of Automated External Defibrillator(AED) devises, which are available in many public locations. Ushers and members of any other groups as well as interested individuals are encouraged to attend.

YOUR HELP IS NEEDED FOR COMMITMENT SUNDAY!! Donate muffins and food items for Commitment Weekend (Saturday, November 11 and Sunday, November 12)!! Sign up sheet is located at the Welcome Desk. We also need help Saturday preparing fruit. We will meet Saturday morning at 10am. Please come if you are available!!

OUTREACH BOARD

SUPPORT OUR ACTIVE MILITARY PERSONNEL THROUGH CHRISTMAS CARE PACKAGES. First Lutheran Church will be sending packages from "home" to enlisted military personnel serving overseas or in remote homeland destinations in time for the Christmas holiday. **OCTOBER PACKAGE ITEMS:** **Beef Jerky, Trail Mix (pre-packaged), Granola Bars, Instant Dry Mixes.** **Please Note:** No more magazine donations are needed at this time.

Nursing Home Bingo...Monday, October 29, 6:40pm at the Lake City Care Center. Sign up at the Welcome Center...this is a great activity for all ages!! If you are able to provide rides to members who would like to help with bingo but prefer not to drive at night or don't have transportation, let Becky know. If you have signed up and cannot make it please be sure to let Becky Schultze know by email at bschultze@embargmail.com or leave a message at her house 651-345-5418 or cross your name off the list by the Sunday prior.

YOUTH CONNECTIONS

STORM Camp in Lake City... Oct. 19-20. It's that time of year again. Students from Lake City will be working on Service Projects in and around Lake City. We are currently looking for service project ideas. Please contact Chris.

MEA Weekend... No KFC or Confirmation on Wednesday & No Sunday School or Youth Bible Study on Sunday Morning.

High School Youth Group... Sunday, October 21 from 6-7:30pm! Join us for a BBQ, games and fun! Open to all in Grades 7-12.

BIBLE STUDIES

Bible Study with Pastor Darren: Thursday mornings at 8am in the Fireside Room. Studying the book of Genesis.

Men's Bible Study with Dick Fowler: Saturdays, October 13 & 27, at 8am. All men are welcome!

Esther Circle will meet on **Wednesday, October 17 at 1:30pm** at Shirley Pierson's Home.

MUSIC

Monday: 12:15pm Tonechimes, 5pm Praise Band

Wednesday: 4pm Cherub/Jr. Choirs, 5:30pm Handbells, 7pm Senior Choir, 8:15pm Ensembles

QUILTING GROUPS

FLC Quilters will meet on **Tuesdays, October 16 at 8:30 am** in the Gathering Area of FLC.

WOMEN'S MINISTRY

Widows Speak: Widows Speak will be meeting **Wednesday, November 14 at 10 am in the Fireside Room.** Holiday Decorating with plants, artificial greenery, etc. from Thanksgiving through Christmas. Presenter is Carolyn Wenzel, owner of Lake City Floral. Any questions may be directed to Corrine Johnson, Nancy Wilking or Carol Siewert.

HEALTH & WELLNESS MINISTRY

Holy Yoga Classes offered this fall! Mondays Sept. 10 – October 29, 6-7pm at First Lutheran Church. To sign up, please call Christina at (507) 923-5558 or email at christina@complet emotions.com.

A “**Living Well with Chronic Conditions**” workshop is being offered by the Mayo Clinic Health System and coordinated by the First Lutheran Health and Wellness Ministry team. This workshop is designed for adults age 55 and older who want to take charge of their ongoing health problems, such as but not limited to; heart disease, diabetes, COPD, arthritis, chronic pain, or anxiety. The workshop will help participants find practical ways to deal with chronic pain and fatigue, discover better nutrition and exercise choices, understand new treatment choices and learn better ways to talk with your doctor and family about your health.

The workshop is 6 weekly sessions of 2 hours and will be held at First Lutheran. The class is free and will run **Thursdays, October 18 to November 29**, (no class the week of Thanksgiving) **from 1 to 3 pm**. Facilitators will be Patty Sven and Michelle Hoffman from Mayo Clinic Health System. **Sign up at the Welcome Desk.**

KITCHEN CLEAN-UP...Volunteers are needed to periodically clean the FLC kitchen. A list of *Cleaning Things To Do* is posted in the kitchen pantry, and can also be found attached to a sign-up sheet at the Welcome Center. Sign up with a friend! **Upcoming cleaners:** Contact the church office and let them know when you’re coming!

COMMUNITY

Lake City Food Shelf is in need of **Canned Cranberries** for the month of October.

MINISTRY DUTIES

THANK YOU to the following volunteers who helped with ministry duties: **Ushers-** Sat: Dick & Marvel Klein Sun: Katie Johnson, Sydney Pribyl, Tom & Karen Heise **Greeters-** Sat: Lori Mortenson, Betty Smith Sun: Ralph & Wanda Wiebusch **Assisting Minister-** Sat: Sandy Anderson Sun: Sue Benson **Sunday Reader-** Easton Bremer **Communion Assistants-** Sat: Mack Dudley, Kathryn Hollman Sun: Shance Donovan, Dave Harms **Acolyte-** Sat: Olivia Matzke Sun: Rachel Fick **Screen/Sound-** Sat: Emily Albright, Roger Mathison Sun: Austin Ebert, Jim Anderson, Heath Oeltjen **Video-** Mary Hallenberger **Altar-** Nancy Wilking **Coffee-** Sat: Dave & Kay Harms Sun: Chris Matzke, Audry Plote **Welcome Center-** Sun: Florence Lyons

PRAYER REQUESTS

(Contact Dee Holmgren 345-5555 with any prayer requests)

In Our Prayers This Week: Sylvia Jerdee, Leonardo Fuchs (son of Adam Fuchs), Patty Sven, Lee Eggenberger, Dave Barker, Bob Blattner, Clint Moe, John Mark (Trish Oeltjen's uncle), Shirley Luettinger, Walter Mulcahy (Nancy Carlson's brother-in-law), Jane Johnson, Joe Gambretta battling Leukemia (friend of Harms' Family), Evie Dahling, Tim Petersen, FLC Stephen Ministry

~ **Leonardo Fuchs** who is 5 years old from Lake City son of Adam Fuchs was diagnosed with Leukemia . He is the grandson of Jim and Diane Fuchs and Great grandson of Rich and Jan Shequen. **Fundraiser: Saturday, November 10 from 4pm -12am. Rochester Eagles Club, 917 15th Ave. SE. Rochester, MN.**

CHURCH CALENDAR OCTOBER 14-20

Sunday, October 14

Worship/New Member Install	9am	
Adult Forum	10:15am	
Sunday School	10:15am	
Youth Bible Study	10:15am	
ReKindle Leader Huddle	2pm	Pastor Darren's Home
Worship Telecast	5:30pm	Cable Ch. 18
Family Mission Trip Mtg	6pm	FLC

Monday, October 15

Tonechimes	12:15pm	
Worship Telecast	11am	Cable Ch. 18
NO Praise Band	5pm	
Holy Yoga	6pm	Gathering Area
Boy Scouts	7pm	
N.A. Meeting	7pm	Fireside Room
Outreach Board Mtg	7pm	

Tuesday, October 16

FLC Quilters	8:30am	FLC
Worship Telecast	9:30am	Cable Ch. 18
Staff	10am	
Prayer Chain Mtg	2pm	FLC
Worship Board	6pm	
Cub Scouts	6:30pm	

Wednesday, October 17

Esther Circle	1:30pm	Shirley Pierson's Home
NO KFC	3pm	FLC
NO Cherub/Jr. Choir	4pm/4:30pm	
Handbells	5pm	
NO ReKindle	6pm	
Senior Choir	7pm	
Ensembles	8:15pm	

Thursday, October 18

Bible Study	8am	
Living Well Class	1pm	FLC

Friday, October 19

Carlstrom/Weinrich Wedding Rehearsal	5pm	
STORM Camp	7pm	Methodist Church
Worship Telecast	8pm	Cable Ch. 18

Saturday, October 20

Carlstrom/Weinrich Wedding	2pm	
Worship	5:30pm	