

# Summer Camp Guidelines

Please help us enforce all guidelines by making sure that your group understands and follows them while at Look Up. Willful violation of safety guidelines will result in loss of ALL recreational privileges. Please return this initialed form to Look Up with your reservation deposit.

## First-Aid Station

Our First-Aid Station is located down the hallway past the office at the Main Lodge. We stock a variety of first-aid supplies. After hours, please see a summer staffer or call our guest service number in your welcome booklet for assistance.

## Rooms

**Please do not allow boys inside girls' rooms or girls inside boys' rooms!!** Please do not allow your kids to have water, shaving cream and/or graffiti fights inside the rooms. Any damages incurred from these activities will result in a fee of at least \$100.00 plus materials.

## Air Conditioners

Please keep the temperature at an even 68 degrees!

## Clothing

Your group was given specific guidelines on certain inappropriate clothing items in your "Arrival Guidelines" sheet, located in this reservation packet. Please be alert and correct mistakes before leaving your rooms so as to prevent embarrassment and confrontation in front of a larger group. **Remember: Zip-Line & Swing riders MUST wear shorts & t-shirt to ride!!**

## Phones

There is a phone available for **Adult Emergency Use Only** at the Main Lodge office. If campers brought their own phones please have them leave them in their cabins or vehicles.

## Vehicles

Please keep your cars, trucks, vans & buses **parked** during your stay and **remember to place your parking tags on the dash** of all your vehicles. If you need an exception for medical reasons, please see the office manager. Please park your vehicles only in the designated parking spots and make sure your vehicles don't block a maintenance or emergency vehicle's path.

## Coffee

Coffee will be available in the front dining hall at 7:00am for adults only. The entrance to this area is through the lower level Main Lodge Lobby. The door to the serving area will be unlocked at breakfast time.

## Cafeteria Door Person

A summer staffer will monitor the entry door at meal times and limit the numbers inside to ensure adequate seating and clean tables. **Please do not allow your kids to unlock the door and let themselves in.**

## Ice for Coolers

Bags of ice are available for purchase in the canteen for \$2. Please purchase an ice bag voucher in the canteen, then take it to the cafeteria to pick up your ice. Please do not try to pick up your ice in the middle of meal service.

## Gift Shop

The gift shop (canteen) stocks a variety of snacks, drinks, Look Up Lodge apparel and a variety of other items. If you do not want your group to purchase certain items, you will have to monitor these yourselves.

## Chapel

Food/drinks are **NOT** allowed inside the main chapel. Also, you will be seated according to meal groups.

## Chaperones w/Kids

If you have brought any children ages 3 & under, please be advised that they can **NOT** attend Chapel or Seminars.

## Swim Test

This test is not about whether you can swim in a backyard pool; it is critical that you be a **GOOD** swimmer! Guests are welcome to try again on the 2nd day if they don't pass it on the 1st day.

## Paintball \*Teen Camps Only\*

Sign-ups will take place at lunch. Each camper may only reserve their own spot, not a whole group.

## Smoking

Smoking is **NOT** allowed by youth/children anywhere on campus or by adults inside any buildings.

## Flowers

We have planted beautiful flowers in several places on campus for your enjoyment. Please tell your kids not to pick them so other guests arriving throughout the summer can enjoy them as well.

## Waterfall

Please **stay off** the waterfall to avoid injuries.

## Fishing

Catch and Release **only**, please!

## Lights Out

Tired campers are grumpy campers! Please make sure that students are in their cabins & quiet by lights out. Thank you!

# Ready For Summer Camp ?



## What To Bring

- Health & Liability Release Forms **\*In abc order please\***
- Water Bottle!
- Extra t-shirts and shorts to wear for zip-line & swing (**all** zip-line & swing riders must wear a t-shirt & shorts; zip-line riders will get wet)
- Bedding: sheets & blankets or sleeping bag; pillows
- Towels & Toiletries
- Bible, pen & notebook
- Gift Shop money
- Rainy day games, rain coats & umbrella
- Unamped guitars/other string instruments (optional)
- Camera

### Teen Camps Only

- Old clothes & tennis shoes/closed toe shoes for group rec. games
- Long pants & shirt are recommended for paintball



## Please Leave These At Home

- Shirts or hats with worldly advertisements (i.e. secular music groups, alcohol, tobacco, sex, satanic)
- Bikini/2-piece swimsuits
- Radios, DVD/CD players, **cell phones**, etc.
- Any paintball equipment including markers or paint
- Water balloons, squirt guns, etc.
- Band instruments/electric guitars

## IMPORTANT REMINDERS: PLEASE READ CAREFULLY



### Check-In Time: 2:15 pm

Please arrive no earlier than 2:15 pm and no later than 3:30 pm!!



### Leaders Meeting: 4:00 pm

Please make sure that **all** leaders and adult chaperones attend this meeting! Look Up Staffers will supervise your kids.



### Spending Money

Look Up's canteen carries a variety of snacks, ice cream, drinks, clothing, personal items, etc.



### Paintball Players \*Teen Camps Only\*

Games are \$10 per person each game. Sign-ups will be announced at chapel. Look Up supplies all safety and game equipment.



### Dress Guidelines

In order to ensure that clothing worn by guests will contribute to the spirit of camp in a positive, modest and acceptable way, please make sure all shirts are loose fitting, have sleeves, cover stomach when arms are raised; shorts should be of proper fit and approximately mid-thigh in length. No bikini or 2-piece swimsuits, please. This applies to all activities.



### Children's Leaders (for rising 3rd - 6th grade children's camps)

**Very Important:** Please check all kids for head lice **before** boarding your bus/van/car for camp. We understand it may be uncomfortable, but it's better to deal with one ahead of time than with a room-full at camp.

**Our reservation dept. will contact you 2 weeks prior to arrival for a final guest count (# boys, # girls, # adult males, # adult females). For best rooming assignment, please have this information ready at that time. We are looking forward to your arrival!**

# Health & Liability Release

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**Dear Group Leader:** Please make copies of this health form and hand out to each guest attending. These forms are required for attendance and will be collected on arrival day upon check-in.

**Dear Guest :** The group leader is required to bring all forms to the retreat session. Look Up Lodge is required to keep forms on file. **Look Up Lodge general staff does not review health information.** This form is given to emergency personnel ONLY, if and when needed. Please provide changes upon arrival.  
(or parent/guardian of guest under 18)

## Group/Church Information

Name \_\_\_\_\_

City, ST \_\_\_\_\_

## Dates of Attendance

Start: \_\_\_\_\_

Finish: \_\_\_\_\_

## Guest Information

\_\_\_\_\_ First Time Look Up Lodge Guest      Gender: \_\_\_\_\_ Male \_\_\_\_\_ Female      Age: \_\_\_\_\_

Guest Name: \_\_\_\_\_ Birth Date \_\_\_\_\_

*First Middle Last*

Home Phone \_\_\_\_\_ Office Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Home Address \_\_\_\_\_

*Street Address City ST Zip*

## Custodial Information for Guests Under 18

Parent/Guardian Name \_\_\_\_\_

*First Middle Last*

Home Phone \_\_\_\_\_ Office Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

*(If Different from Above) (If Different from Above) (If Different from Above)*

Home Address \_\_\_\_\_

*(If Different from Above) Street Address City ST Zip*

Name of Additional Emergency Contact: \_\_\_\_\_ Relationship \_\_\_\_\_

Home Phone \_\_\_\_\_ Office Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

## Insurance Information

Is guest covered by family medical/hospital insurance? \_\_\_\_ Yes \_\_\_\_ No

If so, indicate carrier or plan name \_\_\_\_\_ Group # \_\_\_\_\_

Policy Holder's Name \_\_\_\_\_ Relationship to patient \_\_\_\_\_

Effective Date of Coverage \_\_\_\_\_

Guest insurance is primary. All medical costs will be filed with above stated insurance provider and/or are the responsibility of the guest or parent/guardian of guest under 18. Look Up Lodge does not provide primary insurance. No assumption of such coverage should be made. \_\_\_\_\_ **Initial Here**

➤ **Please photocopy the front and back of health insurance card and staple it to this form.**

## Important Medical & Allergy Information

Does the patient have any allergies? \_\_\_\_ Yes \_\_\_\_ No **Date of last Tetanus shot** \_\_\_\_\_

Medication allergies \_\_\_\_\_ Reaction/Management \_\_\_\_\_

Food Allergies \_\_\_\_\_ Reaction/Management \_\_\_\_\_

Insect stings \_\_\_\_\_ Reaction/Management \_\_\_\_\_

Dander/Hay Fever/Asthma \_\_\_\_\_ Reaction/Management \_\_\_\_\_



# Health & Liability Release

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## Nutrition

The following nutritional restrictions apply:

\_\_\_\_\_ Red Meat    \_\_\_\_\_ Pork    \_\_\_\_\_ Dairy    \_\_\_\_\_ Poultry    \_\_\_\_\_ Seafood    \_\_\_\_\_ Eggs  
\_\_\_\_\_ Other (Describe) \_\_\_\_\_

## Medications

Please list ALL medications (including over-the-counter or non-prescription drugs) taken routinely. Bring enough medication to last during entire stay at Look Up Lodge. Keep medication in original packaging/bottle that identifies the prescribing physician (if a prescription drug), the name of the medication, the dosage, and the frequency of administration.

Med# 1 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_

Reason for taking \_\_\_\_\_

Med# 2 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_

Reason for taking \_\_\_\_\_

Please attach additional pages for any other medications taken in the last 6 months.

Look Up Lodge does not gather or administer guest medications. These as well as dietary restrictions are the responsibility of the group leader. Group Leader must be aware of these meds/restrictions. \_\_\_\_\_ **Initial Here**

Please read section below carefully. This section must be signed in order for guest to attend.

## Guest/Parent/Guardian Agreement & Liability Release

### Liability Release

It is expressly desired that guest described herein be an active participant in the activities of their retreat session. Guest is believed to be in satisfactory health and free from communicable disease. **Any participation limitations (i.e. food, drink, activities) must be communicated to and are the responsibility of the group leader, NOT Look Up Lodge staff.** It is understood that there are certain risks involved in the nature of retreat activities. It is understood and agreed that Look Up Lodge shall not be responsible or legally liable for any losses of personal property or for any bodily injuries (or the results thereof) incurred and suffered by guest in connection with their retreat session, unless such loss or injury results directly from the negligent or willful act of any Look Up Lodge staff acting within the scope of their employment.

### Medical Release

In the event I (guest or parent/guardian of guest under 18) cannot be reached or am rendered unconscious, I hereby give permission to the physician selected by \_\_\_\_\_ (group leader) to hospitalize, secure proper treatment for, order injections, anesthesia and/or surgery for myself/my child in case of an emergency.

### Photo Release

By signing consent form, I (guest or parent/guardian of guest under 18) am giving Look Up Lodge permission for any photos or videos taken of myself/my child for the duration of my/my child's stay to be used at Look Up Lodge's discretion in any of their promotional venues.

### Mailing List Release

I (guest or parent/guardian of guest under 18) give Look Up Lodge permission to add me to their mailing list.

### Parental Agreement (if guest is under 18)

I give my child permission to attend this retreat session at Look Up Lodge and participate in all camp related activities.

By signing below, I (guest or parent/guardian of guest under 18) agree and consent to all above stated.

Signature of Guest (or parent/guardian of guest under 18) \_\_\_\_\_

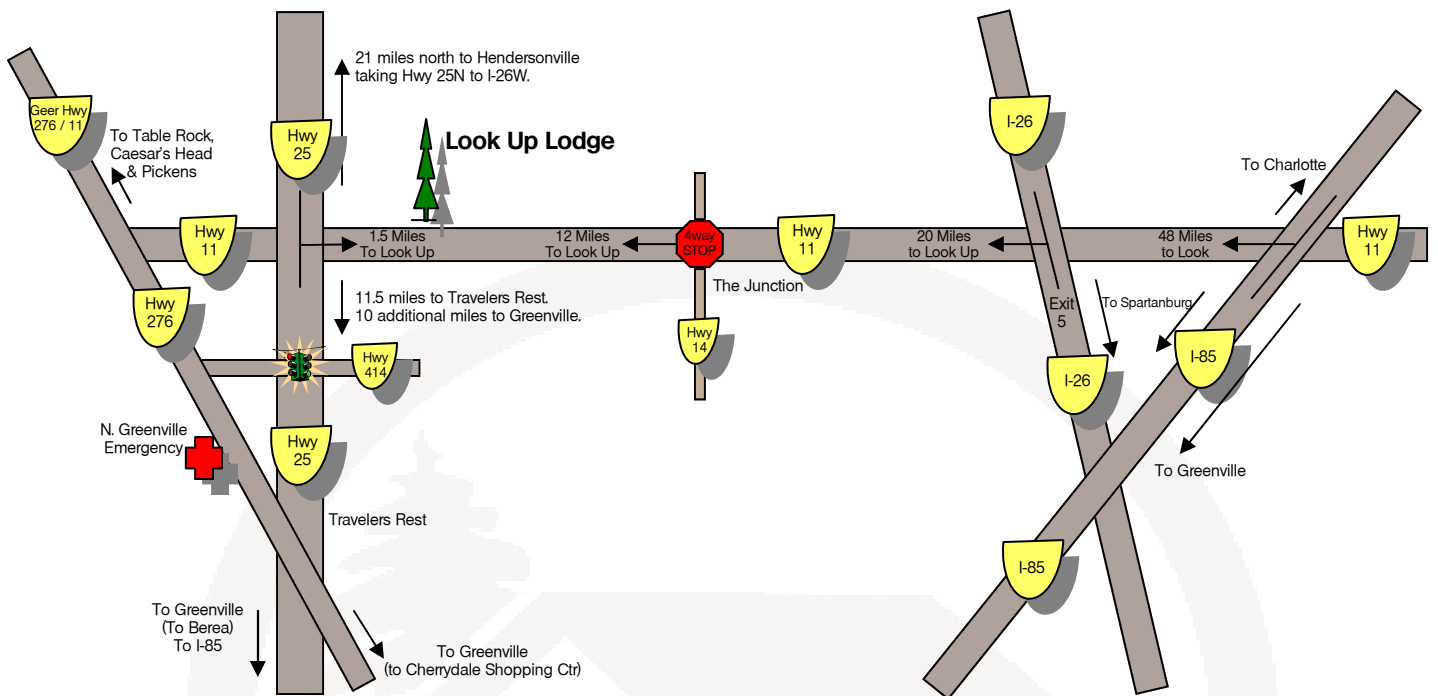
Printed Name \_\_\_\_\_ Relationship \_\_\_\_\_ Date \_\_\_\_\_

Email address \_\_\_\_\_ (personal)

Email address \_\_\_\_\_ (office)



# Directions to Look Up Lodge



- From Charlotte, NC**  
 Take I-85S to I-26W. Follow I-26W to Hwy 11 (exit 5). Turn left on Hwy 11 (south) and follow for 20 miles. Turn right onto Look Up Lodge Road.
- From Asheville and Hendersonville, NC**  
 Take I-26E to Hwy 25S (exit 54). Follow Hwy 25 to Hwy 11 (overpass). Turn right and go up ramp. Turn right onto Hwy 11. Follow for 1.5 miles. Turn left onto Look Up Lodge Road.
- From Atlanta, GA and Anderson, SC**  
 Take I-85N to Hwy 25N (exit 44). Follow Hwy 25 for 27 miles (past Berea, past Furman U., past Travelers Rest) to Hwy 11 (overpass). Turn right and go up ramp. Turn right onto Hwy 11. Follow for 1.5 miles. Turn left onto Look Up Lodge Road.
- From Greenville, SC**  
 Take I-385N to N. Pleasantburg Drive (exit 40A). Follow N. Pleasantburg Drive to Wade Hampton Boulevard intersection. Cross Wade Hampton Boulevard intersection (follow signs for N. Pleasantburg Drive) and continue to Hwy 276 (same as Poinsett Hwy) (Cherrydale Shopping Center will be on the left). Turn right onto Hwy 276N (Poinsett Hwy). Follow for 4.7 miles to Hwy 25N exit. Fork right onto Hwy 25N. Follow for 11 miles to Hwy 11 (overpass). Turn right and go up ramp. Turn right onto Hwy 11. Follow for 1.5 miles. Turn left onto Look Up Lodge Road.
- From Columbia, SC**  
 Take I-26W to Hwy 11 (exit 5). Turn left on Hwy 11 (south) and follow for 20 miles. Turn right onto Look Up Lodge Road.
- From Knoxville, TN**  
 Take I-40E to I-26E (Asheville area). Follow I-26E to Hwy 25S (exit 54). Follow Hwy 25 to Hwy 11 (overpass). Turn right and go up ramp. Turn right onto Hwy 11. Follow for 1.5 miles. Turn left onto Look Up Lodge Road.

