

## Theology of Sex – Zach Schlegel

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The boundaries of sex: one man and one woman in the context of marriage.

*Gen 2:24; 20:14; Lev 20:10; Mark 10:6-12; 1 Cor. 6:12-7:9*

Sex is not merely an appetite - **1 Corinthians 6:13** “Food is meant for the stomach and the stomach for food’—and God will destroy both one and the other. The body is not meant for sexual immorality, but for the Lord, and the Lord for the body.”

***Made in the image of God - Genesis 1:27-28*** “So God created man in his own image, in the image of God he created him; male and female he created them. <sup>28</sup>And God blessed them. And God said to them, “Be fruitful and multiply and fill the earth and subdue it, and have dominion over the fish of the sea and over the birds of the heavens and over every living thing that moves on the earth.””

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***The first marriage - Genesis 2:23-25*** “Then the man said, “This at last is bone of my bones and flesh of my flesh; she shall be called Woman, because she was taken out of Man.” <sup>24</sup> Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh. <sup>25</sup> And the man and his wife were both naked and were not ashamed.

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***Marriage as Covenant - 1 Corinthians 6:15-17***, “Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make them members of a prostitute? Never! <sup>16</sup>Or do you not know that he who is joined to a prostitute becomes one body with her? For, as

it is written, "The two will become one flesh." <sup>17</sup>But he who is joined to the Lord becomes one spirit with him."

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### Three Implications...

#### 1) God the Designer sets the purpose and boundaries

a. The context of marriage

b. Marriage is designed to be permanent

**Matthew 19:5–6** "Therefore a man shall leave his father and his mother and hold fast to his wife, and the two shall become one flesh?" <sup>6</sup> So they are no longer two but one flesh. What therefore God has joined together, let not man separate."

#### 2) Sex is not ultimate; it is a picture pointing us to God

**Ephesians 5:31–32** "Therefore a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh." <sup>32</sup> This mystery is profound, and I am saying that it refers to Christ and the church.

#### 3) Sex is a good gift from God.

## Talking to Your Kids About Sex – Brenda Pauken

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### Examine Your Own Attitudes and Values

#### Common Mistakes:

- Avoidance, denial or indifference
- Shaming your child
- Waiting for your child to ask
- Making it a one-time conversation
- Waiting too long
- Being moralistic
- Ceding the battle for your child's purity

#### Goals for Toddler to Preschool

- Correct names of body parts
- How to respect their bodies and the bodies of others
- Model and describe respectful and appropriate affection among family members and toward others

#### Goals for Elementary Age (basic knowledge of sex by end of this stage)

- God's design for sex, without the warnings.

- Respect for their bodies and the bodies of others
- How to evaluate behavior to guard against sexual abuse or experimentation
- Puberty and changing bodies

### Middle School

- Affirmation and info about changes with puberty
- Differences between male and female
- How and why God created sexual attraction and appropriate expressions of it
- Body image and dressing appropriately
- Initial discussions of distorted sexuality

### Teen Years (processing and application)

- Normalize sexual attraction and temptation; how to combat it. Understand and express complex emotions
- Role play situations to help them interpret their world and think biblically
- Find out what peers are saying and doing
- Continued discussions of distorted sexuality

### Vision for Sexual Purity

- Sexuality spurs us toward intimate relationships
- Sexual choices reflect who or what we worship
- Esteemed place of singleness in the kingdom
- God-ordained purposes of sex

- Restrictions for our flourishing
- Obedience involves suffering

Teach Your Kids That No One Should:

- Put their hands inside your clothing
- Touch your private parts, even through clothing
- Ask you to touch their private parts or watch them do so
- Take off your clothes or remove their clothes in your presence
- Take pictures of you without your clothes or show pictures of people without clothes
- Talk to you about sexual matters in a personal way

**If this happens, you want to know, it will not be their fault and you will not be mad at them.**

Parenting Strategies

- Stranger Danger/Don't talk to strangers ---> How to talk to strangers
- Find a policeman ---> Find a woman, preferably with kids
- Don't wander off ---> Keep your eyes on your kids
- Obey your elders ---> If they tell you to do things that are good and right.

Techniques of Persuasion Predators

- Forced Teaming
- Charm and Niceness
- Too Many Details
- Typecasting
- Loan Sharking
- The Unsolicited Promise
- Discounting the word “No”

## Recommended Resources

### For Parents:

Talking to Your Kids About Sex by Mark Laaser

How and When to Tell Your Kids About Sex by Stan and Brenna Jones

Protecting the Gift by Gavin de Becker

Everyday Talk by John Younts

[www.familywatchdog.us](http://www.familywatchdog.us)

### For Parents and Kids:

Before I Was Born by Cynthia Nystrom

God's Design for Sex by Stan and Brenna Jones

The Story of Me (ages 3-5)

Before I was Born (ages 5-8)

What's the Big Deal? Why God Cares About Sex (ages 8-11)

Facing the Facts: The Truth About Sex and You (ages 11-14)

God Made All of Me by Justin and Lindsey Holcomb

Good Pictures Bad Pictures by Kristen Jenson and Gail Poyner

The Talk: 7 Lessons to Introduce your Child to Biblical Sexuality  
by Luke Gilkerson

Passport2Purity by Dennis and Barbara Rainey