

# SAMPLE WEEKLY MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<ul style="list-style-type: none"> <li>• Buttered Toast</li> <li>• Grits</li> <li>• Peaches</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Pancakes</li> <li>• Applesauce</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Cereal</li> <li>• Bananas</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Cheese Toast</li> <li>• Orange Slices</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Oatmeal</li> <li>• Buttered Toast</li> <li>• Apple Slices</li> <li>• Milk</li> </ul>
LUNCH	<ul style="list-style-type: none"> <li>• Spaghetti &amp; Meat Sauce</li> <li>• English Peas</li> <li>• Orange Slices</li> <li>• Cheese</li> <li>• Sliced Bread</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• BBQ Chicken</li> <li>• Corn</li> <li>• Tomato Slices</li> <li>• Toast</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Hamburger Patty</li> <li>• Baby Carrots</li> <li>• Green Beans</li> <li>• Bread</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Ham &amp; Cheese Pita</li> <li>• Tater Tots</li> <li>• Broccoli Florets</li> <li>• Ranch Dressing</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Fish Sticks</li> <li>• Baked French Fries</li> <li>• Tossed Salad (w/ Ranch)</li> <li>• Sliced Wheat Bread</li> <li>• Milk</li> </ul>
SNACK	<ul style="list-style-type: none"> <li>• Animal Crackers</li> <li>• Chocolate Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Graham Crackers</li> <li>• Apple Slices</li> <li>• Cranberry Juice</li> </ul>	<ul style="list-style-type: none"> <li>• Ritz Crackers</li> <li>• Orange Slices</li> <li>• Apple Juice</li> </ul>	<ul style="list-style-type: none"> <li>• Saltine Crackers</li> <li>• Peaches</li> <li>• Grape Juice</li> </ul>	<ul style="list-style-type: none"> <li>• Yogurt</li> <li>• Chocolate Cookie</li> <li>• Orange Juice</li> </ul>